



# From me to us

**Skills for making a decision as part of a group**

**A workshop for people with intellectual disability**

You make decisions about your life everyday.

You make decisions that suit you.

What if you are part of a group?

How do you decide?

This 2 part workshop will help you:

- know how you can get help to make decisions
- speak up and make decisions as part of a group
- learn new group skills
- make sure all people in the group have a say
- respect group decisions.



side by side advocacy



side by side advocacy

**Address for the workshop: Hornsby RSL Club, 4 High Street, Hornsby, NSW**

**First Day: Tuesday 7 November 2023 - 10am to 2.30pm**

**Second Day: Tuesday 14 November 2023 - 10am to 2.30pm**

**Lunch is provided**

**You need to let us know before the day if you would like to come**

## About the event

This free workshop is for people with intellectual disability.

The workshop is hosted by Side By Side Advocacy.

The workshop is co-presented by a person with intellectual disability.

The workshop is useful to anyone who is part of a group. It could be a:

- sports group
- group at work
- a craft group
- board of management

It could be another kind of group!

## About Side By Side Advocacy

Side By Side Advocacy is a community based, not-for-profit organisation.

We specialise in providing advocacy for people with intellectual disability.

We got a grant from Council for Intellectual Disability to hold this event.

The grant is part of a project about supported decision making called

My Rights Matter.



**The event is free!**

**Let us know if you would like to come to the event.**

**Phone: 02 9808 5500**

**Email: [info@sidebysideadvocacy.org.au](mailto:info@sidebysideadvocacy.org.au)**

**Address for our office: Level 2, Suite 206, 34 Charles Street, Parramatta NSW**