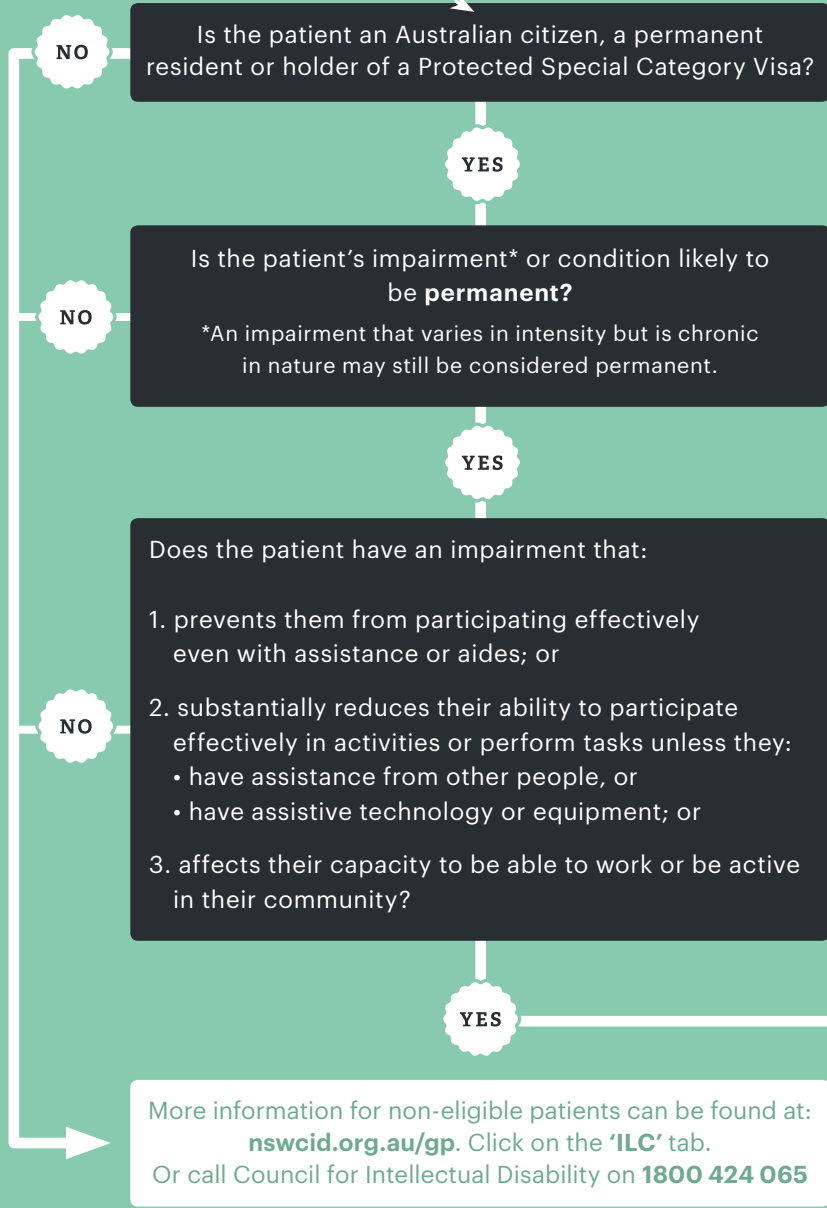


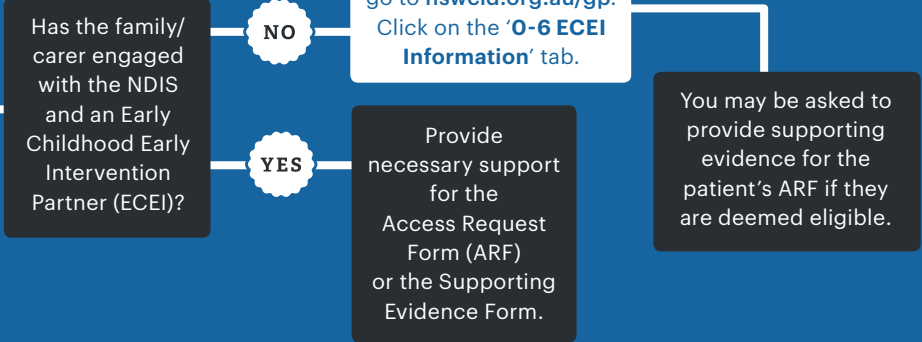
PATIENTS WITH A DISABILITY AND THE NDIS

To be eligible for the NDIS your patient needs to answer **YES** to all of the following questions.

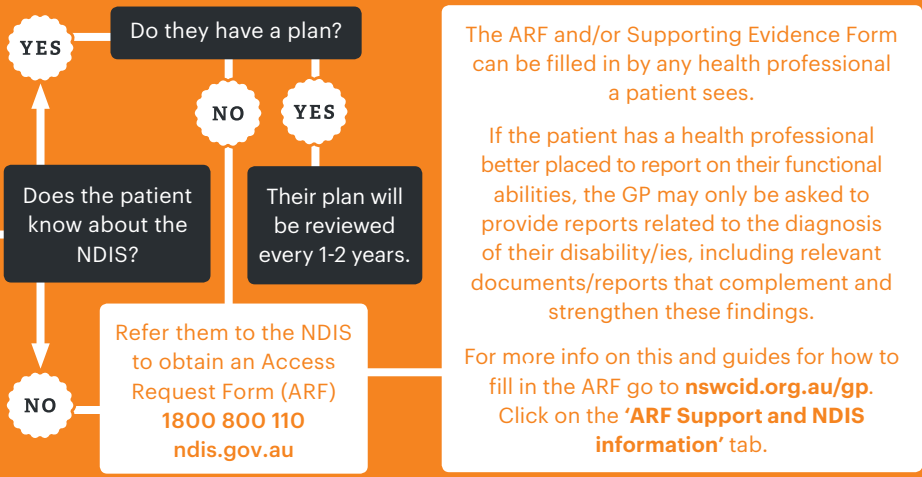
Start here



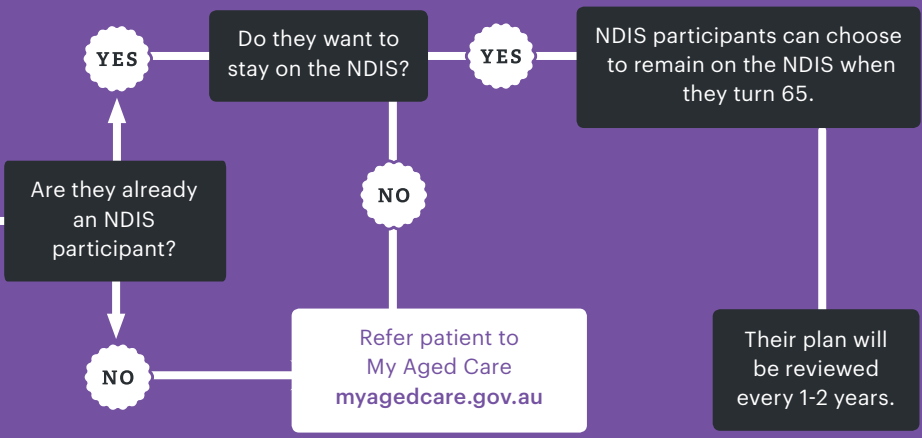
0-6 Years Old



7-64 Years Old



65+ Years Old



Completing the Access Request Form (ARF) / Supporting Evidence Form

The information you include on the ARF or Supporting Evidence Form will influence the level of support your patient receives.

Some things to consider are:

- The level of supports your patient is currently receiving. Does your patient need:
 - to increase the amount of formal supports? Is their current informal support appropriate? Informal support is support from family and friends. Formal support is support provided by a paid service provider.
 - support to remember appointments, shower and dress, interact with their community, and read and understand information?
- Consider what supports are needed for your patient to have more good days and fewer bad days. For example, a person with autism or psychosocial disability may have periods that are challenging and impact on daily routines – it is vital to build supports in for these times.

Go to nswcid.org.au/gp. Click on the 'ARF Support and NDIS information' tab for more examples and resources.

My Health Matters Folder

Behaviour has meaning. For people with an intellectual disability (PWID) communication and being understood can mean the difference between life and death. For example, being treated for meningitis or being sent home with an official diagnosis of 'having a temper tantrum'.

Research shows that 38 percent of deaths of PWID are potentially avoidable. Their life expectancy is up to 27 years less than the general population*.

My Health Matters is a folder co-designed **by** PWID **for** PWID to use when attending medical appointments. The folder is designed to be beneficial for both health professionals and PWID. It will improve the chances of PWID being understood, being seen for their abilities, and having a chance to explain behaviours that would otherwise be labelled as 'challenging'.

Folders are free and available at:
nswcid.org.au/myhealthmatters



*2017 UNSW, 3DN. Author: Julian Trollor

National Disability Insurance Agency (NDIA) Roles

Local Area Coordinators (LAC) are partners with the NDIA that operate at a community level.

The role of an LAC is to:

- organise the planning meeting to gather information to create the participant's NDIS plan.
- provide capacity building support to implement and review all supports in a participant's plan.

Support Coordination is not included in all NDIS plans. It may need to be requested if the participant:

- requires assistance to connect to and coordinate informal, mainstream and funded supports.
- has an intellectual or psychosocial disability or is a person who needs help advocating for themselves.

NDIS Reviews

Internal Review:

An Internal Review can be made:

- if the participant is not happy with their plan.
- within 3 months from the date of the plan being issued.

If the participant disagrees with the internal review decision, an **External Review Administrative Appeals Tribunal (AAT)**.

Plan Review:

Scheduled by the NDIA every 1-2 years.

But a participant can request a **Plan Review** at any time if they:

- feel their plan is not meeting their needs.
- have a significant change of circumstance such as moving house, losing informal supports or a reduction in their functionality.

Council for Intellectual Disability (CID)

The Council for Intellectual Disability works with and for people with disability to ensure the community protects their rights, includes everyone and supports people well.

nswcid.org.au
1800 424 065

