

Council for Intellectual Disability

Council for Intellectual Disability Annual Report 2017–2018

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Chairperson's report



Hi everyone,

I am Shu Hua Chan, the Chairperson of CID.

This year we have had a really great year. We have money for some really good projects and for advocacy too.

The Advocacy Group and Speak Out Reach Out have been very busy and our members have done a lot of work.

CID did an amazing campaign to get more funding for our advocacy work and we worked together with other organisations to make this happen.

It is good to be still around to do our advocacy work.

We also got funding for project work.

Maybe we can go for another 60 years.

I would like to thank our 2017–2018 CEO Tracy Wright. She is a very warm and happy person who treated everyone very well and helped CID a lot while she was here. She is very good at listening and giving me a chance to talk.

We would also like to thank our temporary CEO Sue Mathieson for her great planning and welcome our new CEO Justine O'Neill. We are very excited to have her at CID. Thank you to all our members for all their hard work, and to the staff too. Hands together we make everything happen at CID.

Thank you everybody for the chance to be the Chairperson this year.

I feel like everyone has really helped me to learn a lot, supporting me and treating me with friendship.

I think next year will be an even better year for CID.

Thanks everybody.



Increase the skills and knowledge of the people we work with and for

Information Service

People with intellectual disability, their families and other services can get information through our information service.

Over 200 people asked CID for information this year by phone, email and in person.



Lots of people wanted information on

- NDIS
- health
- legal issues

Some people wanted information on education and service provider issues.

We sent 4 newsletters to our members.

CID makes sure all our information is easy to read and understand.

Mainstream and Me

CID employed 6 project workers with intellectual disability in the Mainstream and Me project.

The project workers

- shared their experiences of inclusion
- made training packages and videos

The training packages and videos were used to teach businesses and services around NSW.



Mainstream and Me ran 10 workshops for

- city councils
- a social club
- a court house

More than 80 people attended the workshops and learnt about inclusive practice.

The Mainstream and Me team presented to more than 100 employers at a conference about inclusive employment.

The Mainstream and Me team went to more than 70 public places and local shops to check how accessible they were for people with disability.

Thanks to our project workers communities around NSW started to think about how to be more inclusive for people with disability.

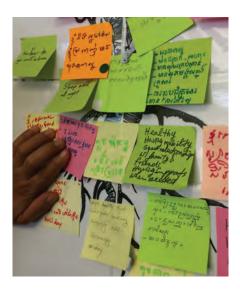


"We are finally being heard and are spreading the word."

– Project Worker

Get More Skills

Through Get More Skills we work with people with disability and their families to live life their way.



"The workshop helped me think about more things I was able to do. The workshop has given me excellent up to date information." During the year we ran 134 workshops across NSW.

81 people or small groups had follow up sessions with a facilitator.

We ran 22 workshops in languages including Dari, Khmer, Cantonese, Arabic, Mandarin and Korean.

We held Get More Skills in Schools program in 10 schools for Year 10 students.

They talked about their strengths, goals, supports and what they could do after school. me360



We worked with students with disability to co-design a set of cards called me360.

The me360 cards help young people with disability talk about their dreams and the things that are important to them.

The cards help young people think and talk about their strengths and what they need to live a good life.

"I liked learning what I need to know for when I leave school." – Student "I would recommend me360. It helps the student understand

what's out there and the possibilities of achieving what they

thought could not be done." - Teacher

First Nations Community Conversations



We asked aboriginal people with disability living in remote areas to tell us about their experience with the NDIS.

We talked to over 70 people in Lightning Ridge, Armidale and the Dubbo area.

Most people had heard about the NDIS.

Some people had plans but did not know what they meant or could not find support workers. They felt there were not enough Aboriginal service providers.

CID will go back to these communities to provide information about the NDIS and to talk about goals and planning.

Talking Together

We are working with Fair Trading NSW. This is a project to help people with intellectual disability understand their consumer rights.



We will run training in the Wagga area. This training was co-designed with two CID staff with intellectual disability who will present the training.

VALiD Having a Say Conference

In February members and staff of CID went to Geelong for the VALiD Having a Say Conference.

This conference is about speaking up.

We all learnt lots about speaking up at the workshops and presentations.

We ran a Become a Leader workshop and a public speaking workshop at the conference.

25 years of the Disability Discrimination Act

In March CID went to a panel about the Disability Discrimination Act.

The Disability Discrimination Act was made 25 years ago. The Act makes it illegal to discriminate against people with disability in many areas of life such as employment and education.

CID made an Easy to Read version of the Disability Discrimination Act. Disability Discrimination Commissioner Alastair McEwin liked it so much he put it on the Australian Human Rights Commission website.



Improve services, the community, policy and laws



Preparing for the NDIS Quality and Safeguards Commission

CID was asked to do work to make sure the NDIS Quality and Safeguards Commission includes people with intellectual disability.

"I loved that we were given the opportunity to listen to lived experiences of a person with intellectual disability. I now have a much better understanding of the barriers faced by people with intellectual disability and how important it is to have information in Easy Read." We ran training for the staff at the Commission about how to work with people with intellectual disability when they are making a complaint.

End Deadly Disability Discrimination Campaign



A report from the University of NSW said that 38 percent of deaths of people with intellectual disability could be avoided.

CID said that it does not have to be this way.

CID started a campaign so our members and supporters could tell the government to fund better health services for people with intellectual disability.

In June the government said it would put money in the budget for

- 3 more specialist intellectual disability health teams
- 9 new specialist intellectual disability nurses or allied health positions across NSW

"Today I learnt that working as a team we can achieve our aims and goals and to steer advocacy in the right direction."



My Health Matters



"It makes it easier to communicate with my doctor. I like the pages on my communication. I can show my doctor how I like to communicate and how to communicate with me."

We made a folder called My Health Matters.

The folder was co-designed by people with intellectual disability.

The My Health Matters folder helps people with intellectual disability talk to their doctor and other health professionals.

People can use the folder to tell the doctor

- how they communicate
- how they are feeling
- about their NDIS plan



We also made a chart for GPs to help them understand the NDIS process and how to refer patients with a disability. This was sent to all GPs in NSW.

A Pathway Through Complexity

CID organised a meeting with

- 40 senior people from government
- parents
- advocates
- professionals and leaders on NDIA

We talked about how to improve the NDIS for people with complex behaviour support needs.

CID wrote a report about what the issues are and how the NDIS can support people better.

The report called A Pathway Through Complexity is available in Easy Read.

"People with complex needs are a minority within a minority. But they have the same rights as everyone else in NSW. They have the same wants, the same feelings. The same right to a good ordinary life." CID at the United Nations in New York



In June Board Member Robert Strike was invited to go to the United Nations for the annual Conference of State Parties.

The theme was Leave No One Behind.

Robert ran a workshop with other self-advocates from around the world. Robert said this about the workshop "I wanted people to come and learn how to make things better for people with intellectual disabilities – and they did".

Working group for the United Nations Convention on the Rights of Persons with Disabilities report

In 2018 and 2019 Australia will report to the United Nations about how we are making sure people with disability are getting their rights.

This is the first time CID has been involved in the working group for this report.

CID will make sure that the issues for people with intellectual disability are not forgotten in this report.



Speak Out Reach Out



Speak Out Reach Out is CID's member advisory group.

The group meets once a month to talk about important issues for people with intellectual disability and how to make things better.

What our members say helps our Board and our Advocacy team know what is important for people with intellectual disability.

Speak Out Reach Out members said these things are important to them

- speaking up
- inclusion
- Easy Read
- sharing ideas
- making friends

Don't Silence Us Campaign



The NSW Government made a decision not to fund our advocacy work after June 2018.

It said because of the NDIS people with disability would not need advocacy.

The NDIS does not protect the rights of people with intellectual disability to have safe, fair and inclusive access to public transport, schools, hospitals and work.

CID members ran the Don't Silence Us campaign to ask the Premier of NSW to promise on-going funding for CID. Lots of members and supporters got involved.

CID also worked with other advocacy organisations through the Stand By Me campaign.

In April Premier Gladys Berejiklian announced that the Government will continue funding advocacy organisations in NSW for 2 years.

Create opportunities for people to engage with the work we do



Shared Stories

People with disability were invited to share their experience of having a good life on film.

The filmmakers and people with disability worked together to make the best films possible.



People with disability had the final say about the editing of their films.

In December more than 100 people came to watch the films on a big screen in Sydney.

Team Up for peer groups



The Team Up project supported people with disability to be more involved in their communities through peer groups.

Peers can support each other by sharing advice and solving problems together.

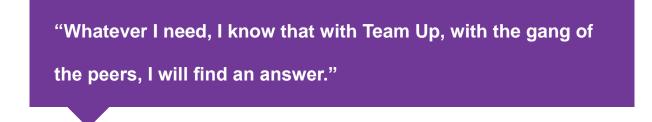
We worked with DDA and CDAH on this project.

Some of the highlights were

- 28 workshops across NSW to talk about peer support
- people with disability hired to work on this project
- 76 people trained to be facilitators of peer groups
- videos made about peer support
- a new website so that everyone could get information about peer support

We gave grants to 25 peer networks.

The grants helped make the peer groups stronger.



Getting our stories out

It is important that we tell people what we do.



We do this through

- Facebook
- Twitter
- our websites
- newsletters
- videos

More than 8,000 people follow CID on Facebook. This is twice as many as last year.

20 people with disability shared their stories through videos. The videos were co-designed by people with disability.

We made videos to celebrate

- World Down Syndrome Day
- Global Day of Parents

We put our videos on Facebook and our website. They were watched and shared by many people in Australia and in other countries.

Look for new sources of income and be accountable

Business services

We have done a lot of work this year with government departments, councils and large disability organisations. We have done Easy Read work, training and accessibility audits.

We have written Disability and Inclusion Action Plans in Easy Read for some councils in NSW.



We have also trained council and other staff in how to write Easy Read documents.

We worked with large service providers and government. All our business work helps to make information and communities more inclusive for people with intellectual disability.

Build a productive and positive workplace



Improving our systems at CID

This year we have worked to improve our systems.

We reviewed all our policies and procedures. We turned policies into Easy Read so our staff with intellectual disability can understand important information they need.

We passed our Third Party Accreditation. The government funders ask that we do this every 3 years.

We trained all staff in how to use our data management system. We started a group so staff can meet each month to decide how to make our data management system even better.

Audit Report 2017 – 2018

This page shows

- how much money NSW CID has
- how much money NSW CID owes
- the value of everything NSW CID owns

\$	Current Assets	How much money we have	\$5,521,791
 	Total Liabilities	How much money we owe	\$5,037,411
	Total Assets	How much money we would have if we sold everything we own	\$5,571,347
S	Equity	How much money would be left if we sell everything we own and pay all the money we owe	\$533,936

Audit Report 2017 – 2018

This page shows

- how much money NSW CID got in 2017–2018
- how much money NSW CID spent in 2017–2018
- how much money is left over

\$ (1)	Revenue	How much money we got	\$4,170,500
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\$ (27)	Surplus	How much money is left over	\$92,135

To see the whole Audit Report

- go to www.nswcid.org.au
- or call NSW CID on 1800 424 065 for a copy



Council for Intellectual Disability (CID) is a disability rights organisation led by people with intellectual disability. For more than 60 years we have been working to ensure a community where all people with intellectual disability are valued.

We speak up on the big issues, we provide information and learning opportunities, we empower individuals and communities. "We have won the battle but we have not won the war." – CID Member

Contact CID

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