Making sure people with disability are included in a changing world

2019
This document was made by Council for Intellectual Disability with support from

- The Australian Government
- Australian civil society
- International Disability Alliance

For more information contact info@nswcid.org.au
## Contents

<table>
<thead>
<tr>
<th>Page</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>United Nations</td>
</tr>
<tr>
<td>3</td>
<td>The Convention</td>
</tr>
<tr>
<td>6</td>
<td>Conference of State Parties</td>
</tr>
<tr>
<td>7</td>
<td>Civil Society</td>
</tr>
<tr>
<td>8</td>
<td>COSP 2019</td>
</tr>
<tr>
<td>12</td>
<td>Just include me!</td>
</tr>
<tr>
<td>13</td>
<td>Word list</td>
</tr>
</tbody>
</table>
The United Nations is an organisation made up of governments from 193 countries.

The United Nations is called the UN.

The role of the UN is to make the world safe and peaceful.

Big issues the UN works on are

• Stopping war and terror
• Helping in emergencies
• Looking after the environment

The UN makes laws to protect your human rights and freedom.
The Convention on the Rights of Persons with Disabilities is a law that protects and promotes the rights of people with disability.

The Convention is called **CRPD** for short.

The CRPD says you have the same rights and opportunities as other people.

177 countries have agreed to the convention.

Governments must

- Make sure you know your rights
- Ask you how to make things better
- Report to the UN on how they are doing
The Convention says

• You must be respected
• You can make your own choices
• Discrimination is never OK

You have the right to

• Be included in your community
• Speak up and say what you want

There is a Committee on the Rights of Persons with Disabilities.

It is their job is to check how countries are doing at protecting your rights.
Your Rights in the Convention

Be safe and free from abuse.

Good health and health care.

Information you can read and understand.

Go to school and get a job.

Vote and join organisations.

There are lots of other rights in the Convention.
The Conference of State Parties is the biggest disability meeting in the world.

It is called COSP for short.

COSP is a meeting where governments talk about how to implement the CRPD.

People from civil society also attend COSP.

Civil society is non-government organisations that include people with a disability.

At COSP we talk about ways to make things better for people with disability.
Civil Society

Civil Society has a big role at COSP.

We must

• Speak up about important things
• Influence government
• Build networks and make friends

The day before COSP is the Civil Society Forum.

This meeting helps us prepare for COSP.

Civil society includes Disabled People’s Organisations.

They are called DPOs for short.

DPOs are run and led by people with disability who do advocacy, give information and peer support.
This year the theme for COSP is **Ensuring inclusion of persons with disabilities in a changing world through the implementation of the CRPD.**

It is about making sure people with disability are included as the world changes.

The conference will focus on

1. Technology
2. Social inclusion and health
3. Culture, recreation, leisure and sport
Technology can increase independence for a person with disability.

**Assistive technology** includes things like wheelchairs, hearing aids and screen readers.

**Information Communication Technology (ICT)** includes things like mobile phones, computers and the Internet.

Lots of people with disability do not have access to technology.

**We want**

- To teach government and business about the importance of technology.
- Easy Read information about technology.
- People with disability involved in designing technology.
Social inclusion and health

Social inclusion is about taking part and having opportunities in your community.

Health is your physical and mental wellbeing.

Barriers to having good health include
• Attitudes from health professionals
• Communication
• Cost of health care
• Lack of accessible information

We want

✔ Accessible information like Easy Read to make decisions about our health.

✔ Health care to be available and affordable.

✔ Governments to involve people with disability in making laws about health care.
People with disability are often not included in cultural, recreation, leisure and sport activities.

Barriers include
- Physical access
- Transport
- Community attitudes

We want

- Cultural and sporting places to be easy to access.
- Government and media to promote activities that include people with disability.
- To raise awareness about the importance of culture, leisure, recreation and sport for people with disability.
Just include me!

For people with intellectual disability to be included we need

• Self-advocacy skills to speak up and make choices

• Information that is easy to read and understand

• Support to take part in meetings and events like COSP

Side events at COSP by people with intellectual disability are

• Deinstitutionalisation by Inclusion International

• Social inclusion and health by Council for Intellectual Disability

See the back page for details on these events.
<table>
<thead>
<tr>
<th><strong>Word List</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Civil Society</strong></td>
<td>People and organisations that are not from government.</td>
</tr>
<tr>
<td><strong>Civil Society Forum</strong></td>
<td>A meeting for people and organisations attending COSP. It is held the day before COSP.</td>
</tr>
<tr>
<td><strong>COSP</strong></td>
<td>Conference of State Parties.</td>
</tr>
<tr>
<td><strong>CRPD</strong></td>
<td>Convention on the Rights of Persons with Disabilities.</td>
</tr>
<tr>
<td><strong>Deinstitutionalisation</strong></td>
<td>Closing institutions and not opening new ones.</td>
</tr>
<tr>
<td><strong>DPOs</strong></td>
<td>Disabled People’s Organisations like CID.</td>
</tr>
<tr>
<td><strong>GLAD</strong></td>
<td>Global Action on Disability.</td>
</tr>
<tr>
<td><strong>ICT</strong></td>
<td>Information Communication Technology things like mobile phones, computers and Internet.</td>
</tr>
<tr>
<td><strong>IDA</strong></td>
<td>International Disability Alliance.</td>
</tr>
<tr>
<td><strong>NHRI</strong></td>
<td>National Human Rights Institutions.</td>
</tr>
<tr>
<td><strong>Side events</strong></td>
<td>Presentations and workshops separate to the main conference.</td>
</tr>
<tr>
<td><strong>WHO</strong></td>
<td>World Health Organisation.</td>
</tr>
</tbody>
</table>
Learn from people with intellectual disability

Deinstitutionalisation

This side event is about
• People with lived experience in institutions
• Finding ways to close institutions

Hear from Robert Martin who is on the Committee.

Date **Wednesday 12 June**
Time **4.45pm – 6pm**
Room **CR.C**

Social Inclusion and Health

This side event is about
• The link between inclusion and good health
• Finding ways to improve the accessibility and quality of health services

Learn from Alanna Julian from CID.

Date **Thursday 13 June**
Time **11.30am – 12.45pm**
Room **CR.B**