



Council for
Intellectual Disability



Council for Intellectual Disability
Annual Report 2018–2019

“I want to be a part of the community not just walk through it” – CID Member



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Chairperson's report



Hi everyone, I am Shu Hua Chan, CID's chairperson. This year has been very busy with lots of projects and advocacy work to make everything happen.

Everyone has come together and CID has been working on some really good projects like Inclusion Point, More Than Just a Job and the Primary Health Networks NDIS information sessions.

Earlier in the year I was lucky enough to go to Wagga Wagga to be part of a day of presentations about Communities Can Do, creating inclusive communities and making it better for people with intellectual disability.

Communities need to work together to make all services and places accessible. People with disability including people from culturally and linguistically diverse backgrounds have the right to participate and be included and they have the knowledge to make sure this happens.

We need to keep making sure that people with disability can get information in Easy Read so they can use the health system properly and participate in activities like voting, which they have the right to do.

We have been focusing a lot on leadership skills and peer to peer work, which is important for encouraging people with intellectual disability to become leaders.

We have also been doing a lot of work for our campaign about continuing funding for disability advocacy and for important things like the Our Health Counts campaign that led to a health roundtable.

Lots of our members have been working very hard, meeting with state and federal politicians to tell them about CID's work and how important funding is.

I would like to thank the members, staff and board for all their hard work.

I have really enjoyed my second year as Chairperson.

Thank you everybody!

Increase the skills and knowledge of the people we work with and for

Accessible information sessions

We ran accessible information sessions for people with intellectual disability.

The information sessions are a safe space for people with intellectual disability to learn about issues that are important to them. When people need more support we link them with other places that can help.

This year we ran information sessions about mental health and consumer rights.



Mental health

People who came to the sessions told us they learnt a lot.

“I did not know I can talk to my GP about psychological, I thought I could talk only about physical. Now I can go to my GP and get some help.”

“I knew things had been festering away for some time. This has brought it out. Now I am going to do something about it.”

Consumer rights

People who came to the sessions told us they learnt a lot.



“I didn’t know what my rights were as a consumer. Now I know that I have rights and what these rights are.”

“I’m going to go home and tell my Mum about consumer rights.”

Information enquiries

We answered over 300 information enquiries for people with intellectual disability through our Inclusion Point service.



“Nobody has understood what I needed or helped me until I rang you.”

Most questions were about the NDIS.

People also asked about

- health
- their rights
- accommodation
- employment

Building leaders

CID members talked about how people with intellectual disability become leaders.

8 members with intellectual disability interviewed their peers about leadership.

CID will use the information they shared to design a leadership framework. This will support people with intellectual disability to become leaders on the big issues.

“Sometimes you sit around with Board members and colleagues at CID and you think I am not alone in this issue. Sometimes it’s very hard, because you are fighting for your rights.” – Project participant



Information guide

We wrote Easy Read information guides. People with intellectual disability tested the guides to make sure they are easy to understand.



We have 7 info guides

- Your right to vote in the State Election
- Do not call register
- Making a complaint about goods or services
- What to do if you have been scammed
- Public speaking
- Speaking up
- Tips to help mental health

More Than Just a Job

We worked with people with intellectual disability to design
3 training programs.

More Than Just a Job for Me is a training course for people with
intellectual disability to

- think about the kind of work they would like
- speak up about their interests
- connect with services to help them find a job



91 people with intellectual disability came to this training.

**“I know who can help me speak up. Working means you need
to be responsible. I can discover my strengths.”**

– Workshop participant

More Than Just a Job for Staff

We trained staff in disability services so they can

- make sure employees with intellectual disability have meaningful work
- create pathways to open employment
- support people to have choice, voice and control



59 people working for disability employment support organisations attended these workshops.

“This session was fantastic and I’m very excited to see it roll out to other businesses. My team really enjoyed this session and I would love to run it. This is a great initiative.”

– Employment Support Manager

More Than Just a Job for Business

We trained 43 people in mainstream businesses to

- make their workplace inclusive for everyone
- have the skills to support employees with intellectual disability
- connect with government incentives and supports

Peer Mentoring

6 CID members were part of our Peer Mentoring Program. Peer mentors help others to grow, learn new skills and be who they want to be.

The group learnt new skills, shared their experiences and focused on how to support other people.



People in the program were matched with a peer who they will mentor.

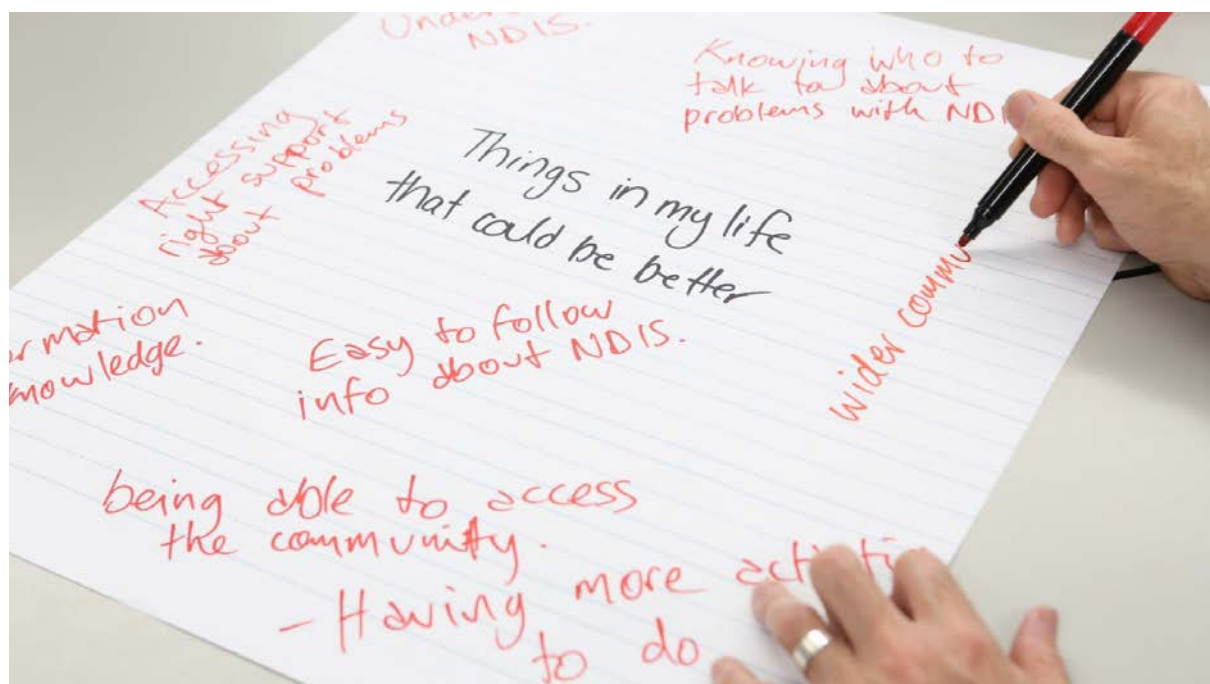
“I’ve learnt a little bit more about my mentor and she’s learnt a little bit about me. We’ve built our friendship up a bit more. It’s also helped on a professional level.”

Peer groups

CID continued to support peer groups in Port Macquarie, Wagga Wagga, Ballina, Wollongong, Casino, Penrith, Hornsby, Glen Innes and Sydney. We provided resources, planning tools and financial support to the groups.

These groups met and talked about the things that are important to them. They gave each other support.

We provided training in peer support. This included workshops on peer support in Wagga Wagga and Glenn Innes, and a peer mentoring program in Sydney.



Improve services, the community, policy and laws

Inclusion for mainstream services

We ran inclusive practice training for mainstream services. Sessions were co-facilitated by a CID Project Worker with intellectual disability.

The training focused on areas that people with intellectual disability say are important.



We ran training for

- Centrelink
- One Door Mental Health
- Occupational Therapy Students
University of Sydney
- UNSW Disability Innovation Institute
- Sydney Dental Hospital

Hard to swallow campaign



The government cut NDIS funding for swallowing therapy. This meant that some people who had swallowing problems might choke.

CID organised a campaign. Over 27,000 people signed our petition and there were stories in the Sydney Morning Herald and The Guardian.

Members and supporters phoned or emailed the Prime Minister and the Federal Disability Minister. In December 2018, the government agreed to include swallowing therapies and supports into NDIS plans.

We continued to campaign and the Prime Minister announced that therapies like diabetic management and epilepsy supports will also now be funded by the NDIS.

Our health counts

In February 2019 CID and Inclusion Australia launched the campaign

Our health counts – end deadly disability discrimination.

We know that 38 percent of the deaths of people with intellectual disability can be avoided.



“Across Australia too many people with intellectual disability are dying too young and from preventable causes and we are not doing enough to fix this problem.” – Shu Hua Chan

Before the election we talked to the government and opposition about this important issue.

The Minister for Health Greg Hunt agreed that there were serious health problems for people with intellectual disability that need to be fixed. He said he would hold a Roundtable in August 2019 to find solutions.

Communities can do



Communities Can Do was held in Wagga Wagga in March. The day brought together people with intellectual disability, service providers, government and other people across the community.

Sessions were presented by people with intellectual disability and local service providers.

Topics included education, employment, consumer rights, advocacy and health.

People came together to make Wagga Wagga a more inclusive place. People made connections. They got a chance to talk to people who could help them reach their goals.

CID at the United Nations in New York

CID went to the United Nations for the annual Conference of States Parties in June.

The theme was about making sure people with disability are included as the world changes.



“When each presenter told their personal story the audience went silent – you could tell the audience was engaged and hanging on every word of each presenter.” – Alanna

Alanna Julian was part of a side event with other self-advocates from around the world.

The side event was about social inclusion and good health for people with intellectual disabilities.

Transport



“Transport is our ticket to the world and freedom. Without transport, I couldn’t get around. I don’t have an alternative.”

– Anthony Mulholland, Member

Transport NSW announced that from 31 October 2018 people would not be able to get information over the phone to help them plan their trip.

They also said that people would not be able to top-up their Opal cards over the phone.

CID said that these services were important for people with intellectual disability.

Because of our campaigning the Government agreed to keep the phone line for trip planning and to let people top-up their Opal cards.

Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability

CID and other disability organisations campaigned for a Royal Commission into the abuse of people with disability.

Board Member Michael Sullivan met with Paul Fletcher, the Disability Minister, to say why we needed a Royal Commission.

“Many people who have been abused have been told that they must never tell anyone, or something bad will happen.

How do we let these people know they can stay safe and they can tell their scary secret? Through a Royal Commission, that is how.” – Michael Sullivan, Board Member



In April the Federal Government agreed to a Royal Commission.

Create opportunities for people to engage with the work we do

Parliamentary Inquiry into the NDIS

The NSW Parliament had an Inquiry into the NDIS.



The CID Advocacy Group decided what they wanted to say. They made a submission in Easy Read.

Some of the things the Advocacy Group said were

- There is not enough flexibility in funding. Then you can't even spend the money and have to send it back.
- We need people to talk to us face to face. We will understand more.

CID also made a submission.

Anthony Mulholland who is a member of CID's Advocacy Group along with CID staff gave evidence to the inquiry. Many CID members came to Parliament House to listen to CID's presentation.

Speak Out Reach Out

Speak Out Reach Out is the advisory group for CID's Board. All the people in the group have intellectual disability.

Speak Out Reach Out tells the Board what they think about what CID is doing and what is important.



Speak Out Reach Out said the most important issues for people with intellectual disability for the year were

- peer support
- education
- NDIS
- NSW and Federal elections
- funding for CID

Speak Out Reach Out talked about the Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability.

They also talked about rights for people with disability in Australia.

This information went into a report that will go to the United Nations.

Reaching out to the community

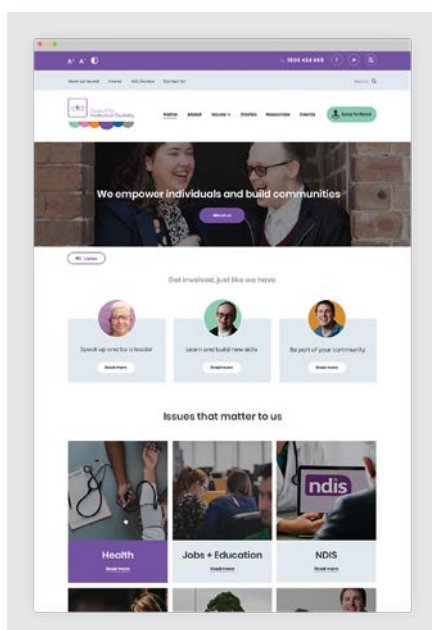
We reach out to the community through our social media posts.

We now have over 10,000 fans on our Facebook page and more than 3,700 followers on Twitter.

We sent our eNews to more than 8,000 people every month.

It has stories from people with intellectual disability and news about our work, campaigns and workshops. It has news from other organisations about things that matter to people with intellectual disability.

In March we started an Easy Read version of the eNews.



Website

We have been working on a new website for CID. The website is accessible and will make it easier to find all our resources.

You can see our new website at **cid.org.au**

Advocacy funding



“Many times my human rights have been put into the ‘too hard’ basket.

Disability advocacy organisations like Council for Intellectual Disability have always been there for me and my family.

We will not stop until we get permanent disability advocacy funding in NSW.” – Shu Hua Chan

We have been working as part of a group of advocacy organisations to ask the NSW Government for long-term funding for advocacy. CID has funding for advocacy until June 2020.

CID’s Advocacy Group was part of the Stand By Me rally in Sydney.

Our Chairperson Shu Hua Chan, people from other advocacy groups and politicians spoke at the rally.

Look for new sources of income and be accountable



Inclusion services

CID's inclusion services help to make mainstream services more inclusive.

CID is paid for this work and the income goes back into our work.

The work we do includes Easy Read translations, consultations and product testing with people with intellectual disability. We give organisations information about how to be more inclusive.

Organisations we worked with include

- Black Dog Institute to translate their online training to Easy Read
- NDIA to make videos on what makes a good support worker
- Family Planning NSW to produce accessible health information
- City of Sydney finding out how the city can be more inclusive
- FACS to produce accessible information on restrictive practices
- NSW Health to develop Easy Read booklets about palliative care



Funding for our work

CID has been successful in applying for funding for our project work.

We got Information Linkages and Capacity Building grants for Inclusion Point, More than Just a Job and our leadership program.

We were given funding by FACS so we could continue the Team Up peer support project.

We were given funding to run a project with SACID in South Australia about Quality and Safeguards.

We have been running information sessions for health professionals with Central and Eastern Sydney Public Health Network.

This funding lets us do the work that people with intellectual disability tell us is important.

Build a productive and positive workplace

My Data Matters

A group was set up to make our information management system better.

The group is made up of staff from across different teams.

We have moved to a new version of the data management system that works better and faster. We have changed settings and procedures to make the system more secure. We had a staff competition to change the name of the system to better describe what it is about.

We have focused on recording people's stories. We have thought about what is recorded and how it is recorded.





Staff training

We ran monthly training sessions for our staff.

We had Easy Read training, workshops on grant writing and how to read a budget. We also had workshops on inclusive practice, supported decision making and advocacy.

The workshops are run by staff members who share their skills and knowledge.

Staff said they enjoyed the great discussions that happen in the workshops about how to make CID's work even better.

Audit report 2018–2019

This page shows

- how much money CID has
- how much money CID owes
- the value of everything CID owns



Current Assets

How much money we have

\$3,855,857



Total Liabilities

How much money we owe

\$3,232,730



Total Assets

How much money we would have if we sold everything we own

\$3,881,455



Equity

How much money would be left if we sell everything we own and pay all the money we owe

\$648,725

Audit report 2018–2019

This page shows

- how much money CID got in 2018–2019
- how much money CID spent in 2018–2019
- how much money is left over



Revenue

How much money we got

\$3,952,779



Expenses

How much money we spent

\$3,837,989



Surplus

How much money is left over

\$114,790

To see the whole Audit Report

- go to www.cid.org.au/Report2019
- or call CID on 1800 424 065 for a copy



Council for Intellectual Disability (CID) is a disability rights organisation led by people with intellectual disability. For more than 60 years we have been working for a community where all people with intellectual disability are valued.

We speak up on the big issues, we provide information and learning opportunities, we empower individuals and communities.







Contact CID



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