



Visibility Podcast

People with intellectual disability have the right to healthy sexual relationships.

Sometimes other people do not support it.

In our podcast Jono talks about the issues people with disability face to have healthy sexual relationships.

Click on the below link to listen now:

<https://cid.org.au/our-stories/opening-the-door-on-sexual-relationships>



Justen's story for Justice Matters

"I used to get abused by staff and inmates."

Justen Thomas talks about how prison can be very hard for people with cognitive disability.

Getting the right help has helped change Justen's life. Watch the video now:

<https://cid.org.au/our-campaigns/justice-matters/#videos>



Dating tips

Like everyone people with disability want to date.

It can be scary but it can also be fun.

Here are a few tips for safe dating.

Read the article: <https://cid.org.au/our-stories/dating-online-tips/>



More Than Just a Job

Our More Than Just a Job project supports people with intellectual disability to develop

- skills to find work
- confidence to get a job

We also have information for businesses and schools.

Find out more.

Call **1800 424 065** or email info@cid.org.au.



My Health Record booklet in Easy Read

CID has worked with The Australian Digital Health Agency

We have made a Plain English booklet to help you make decisions about your online My Health Record.

[Read the booklet here.](#)



Participate in 3DN and UNSW's research study.

CID is working with 3DN and UNSW.

3DN and UNSW want to make a website to help people find mental health support and services.

We want to ask people with ID what they think.

Read more about how to take part

<https://www.3dn.unsw.edu.au/help-us-understand-what-will-make-it-easier-people-intellectual-disability-find-good-mental-health-support>



Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability

The Disability Royal Commission will hold a [public hearing](#) in Sydney on the NDIS and service providers.

It will begin on 24 May 2021.

<https://disability.royalcommission.gov.au/about-royal-commission/our-schedule>

Counselling and referral service for people with disability.



If you are a person with a disability and have ever been hurt or treated badly you can talk to the National Counselling and Referral Service.

Phone **1800 421 468**.

There are accessible resources on the [Disability Royal Commission Support webpage](#) including

- Easy Read fact sheets
- Auslan videos
- brochures
- posters

Find these resources using this link:

<https://www.dss.gov.au/disability-and-carers/disability-counselling-and-advocacy-support>

Disability Gateway - COVID-19



You can contact the Disability Gateway to get information and advice about COVID-19.

The service is free and private.

They can also tell you about support services for counselling and advocacy.

The Disability Gateway can help families, carers and support workers too.

To use the Disability Gateway, go to
[Disability Gateway's website](https://www.disabilitygateway.gov.au/)
(<https://www.disabilitygateway.gov.au/>) or
call **1800 643 787**.



Got a question?

Call us on **1800 424 065**

This is an easy to read version of the Council for Intellectual Disability eNews. You can sign up for this eNews at www.cid.org.au/news