



Shopping, showers and sharing time

Jack shares his experiences with support workers in our latest Visibility podcast.

[Listen now on our website.](#)

<https://cid.org.au/our-stories/shopping-showers-and-sharing-time>



Using the internet

The internet can be used for a lot of things.

This easy read guide is about how to use the internet and what you can do online.

[Read now.](#)

<cid.org.au/our-stories/using-the-internet-easy-read>



Join our new LGBTIQ+ friendly peer meet ups

Come to our meet ups and meet new people.

You can share your ideas about

- What kind of work you want to do
- How to find jobs

These meet ups are for LGBTIQ+ people with intellectual disability.

Friends, family and supporters are also welcome to attend.

If you want to come to a meet up contact Monica from CID.

- Phone 1800 424 065
- Email monica@cid.org.au



Inclusion is important

In this video, Shannon, Fiona, Ella and Judith talk about inclusion.

They talk about

- What it means to them
- Why it is important

[Watch the video](#)

cid.org.au/issues/inclusion/#inclusionvideo



My Right to Decide

Are you a person with intellectual disability who lives in a group home or other supported accommodation?

Do you want support to speak up for yourself?

Do you want support to make your own decisions?

CID has a new program called My Right to Decide.

It can help you make your own decisions.

Contact us to find out more about My Right to Decide

- Phone **1800 424 065**
- Email info@cid.org.au



National Reconciliation Week 2021.
27 May to 3 June.

This year National Reconciliation Week is about [More than a word, Reconciliation takes action](#)".



We need more people to take action for Aboriginal and Torres Strait Islander peoples.

We need to speak up on the issues that affect them.

[Watch the video](#) to learn more.

<https://nrw.reconciliation.org.au>

Share your actions on social media and use
#NRW2021 #MoreThanAWord.



Inclusion Australia want to hear from
you



Inclusion Australia wants to talk to people
with intellectual disability and their families.

They want to talk about issues people with
intellectual disability have.

They want to know what could be better.



They will use this information to do studies.

Meetings will be on Zoom.



They will be on Monday 7th June and Wednesday 9th June.

If you want to take part contact Becky at becky.rowe@inclusionaustralia.org.au



New job at Achieve Australia

Achieve Australia is an organisation that wants people with disability to be part of the community.

They are looking for people for the job of Quality Champion.

You can read more about the job on [Achieve Australia's website](#).



If you want to know more about the job contact Achieve Australia

- Email qc@achieveaustralia.org.au
- Phone **0457 836 568**



Everyone Can Work

Inclusion Australia has a project called Everyone Can Work.

It has a website and some videos.



The videos show how important it is to tell families about open inclusive employment.

[Watch the videos on their website](https://www.everyonecanwork.org.au/real-life-stories/)

<https://www.everyonecanwork.org.au/real-life-stories/>



A fantastic story about motherhood for mother's day.

'Motherhood As An Intellectually Disabled Parent' is a story about mothers with intellectual disability.

It shows how well they can raise their own children with the right support.

[Watch the video.](#)



Got a question?

Call us on **1800 424 065**

This is an easy to read version of the Council for Intellectual Disability eNews. You can sign up for this eNews at www.cid.org.au/news