

### CID easy to read eNews September 2021



COVIDSafe Check in app video

In this video we show you how to use the Service NSW app to check in.

Watch now on our website

https://cid.org.au/covid-19/#videos



**COVID** rules

Here are the latest COVID rules in NSW.

Read now on our blog.

https://cid.org.au/our-stories/nsw-government-covid-rules



# COVID rules for picnics and meeting outdoors

Find out the COVID rules for picnics and meeting outdoors.

Read now on our blog.

https://cid.org.au/our-stories/covidrules-picnics-meeting-outdoors



We have made Easy Read health fact sheets

#### They are about

- Your right to good health care
- Checks to help you stay healthy
- Dental care
- Types of health services

They were co-designed with people with intellectual disability.

You can view and download these fact sheets on our website.

Read what Laura has to say about these resources on our blog.

https://cid.org.au/our-stories/new-health-fact-sheets-in-easy-read

View all health resources in our website.

https://cid.org.au/resource-category/health/



Speak Out Reach Out is looking for new members!

Speak Out Reach Out is a group of CID members.

The group talks about ideas and issues.

They learn about leadership and working together.

The group meets once a month in Surry Hills Sydney.

We use Zoom when there is a lockdown.

You need to be able to come to most meetings.

You must be a CID member to join.

To become a member go to our website and fill out the form

#### https://cid.org.au/membership/

If you are a member and want to join call us on **1800 424 065** or email info@cid.org.au.



Here is our latest podcast episode

It is called Me and My Friends.

It is about Friendships.

Sarah and Justen talk about making and staying friends.

Listen now on our website.

https://cid.org.au/our-stories/me-and-my-friends





New resources for support workers

Women with intellectual disability get more easily abused with technology.



Technology means things like computers, laptops, tablets or mobile phones.



The eSafety Commissioner has created resources for support workers to stop technology abuse.

We made an Easy Read summary.

Read the Summary in Easy Read.

https://www.esafety.gov.au/sites/default/files /2021-08/Easy Read - research summary.pdf

View all the resources on eSafety's website.

https://www.esafety.gov.au/keyissues/domestic-family-violence/training-forfrontline-workers/disability-support-workers



The Sydney Children's Hospitals Network wants to hear from you

They want to hear from parents and carers of children and young people with intellectual disability.



They want to make health care better for children with intellectual disability in hospital.

They want to make training for hospital staff to give good and safe care.

If you want to take part please contact Dr Natalie Ong by phone 98452828 or email <a href="mailto:natalie.ong@health.nsw.gov.au">natalie.ong@health.nsw.gov.au</a>.



# Shining a Light on Parents with Intellectual Disability

This is an online event by the Australasian Society for Intellectual Disability (ASID).

It is about people with intellectual disability when they become parents.



The speakers will be

- parents with intellectual disability
- Dr Susan Collings who studies this topic.

They will talk about issues for parents with intellectual disability.

Find out more on ASID' website.

## https://www.asid.asn.au/events/1000\_parent s\_with\_intellectual\_disability



Inclusion Disability Advisory Panel – expression of interest

The City of Sydney is looking for 6 new members to join their Inclusion Disability Advisory Panel.



The panel gives advice to help City of Sydney improve inclusion and access.

Visit their website to find out more and apply.

https://www.cityofsydney.nsw.gov.au/visionsetting/inclusion-disability-advisory-panelexpression-of-interest-2021



Disability Confidence Training
Workshop

This is an online workshop by AccessibleArts.



It is for arts, culture and events workers.

It will help them connect with and support people with disability.

Visit their website to find out more.

https://aarts.net.au/workshops/



Got a question?

Call us on 1800 424 065

8

This is an easy to read version of the Council for Intellectual Disability eNews. You can sign up for this eNews at <a href="www.cid.org.au/news">www.cid.org.au/news</a>