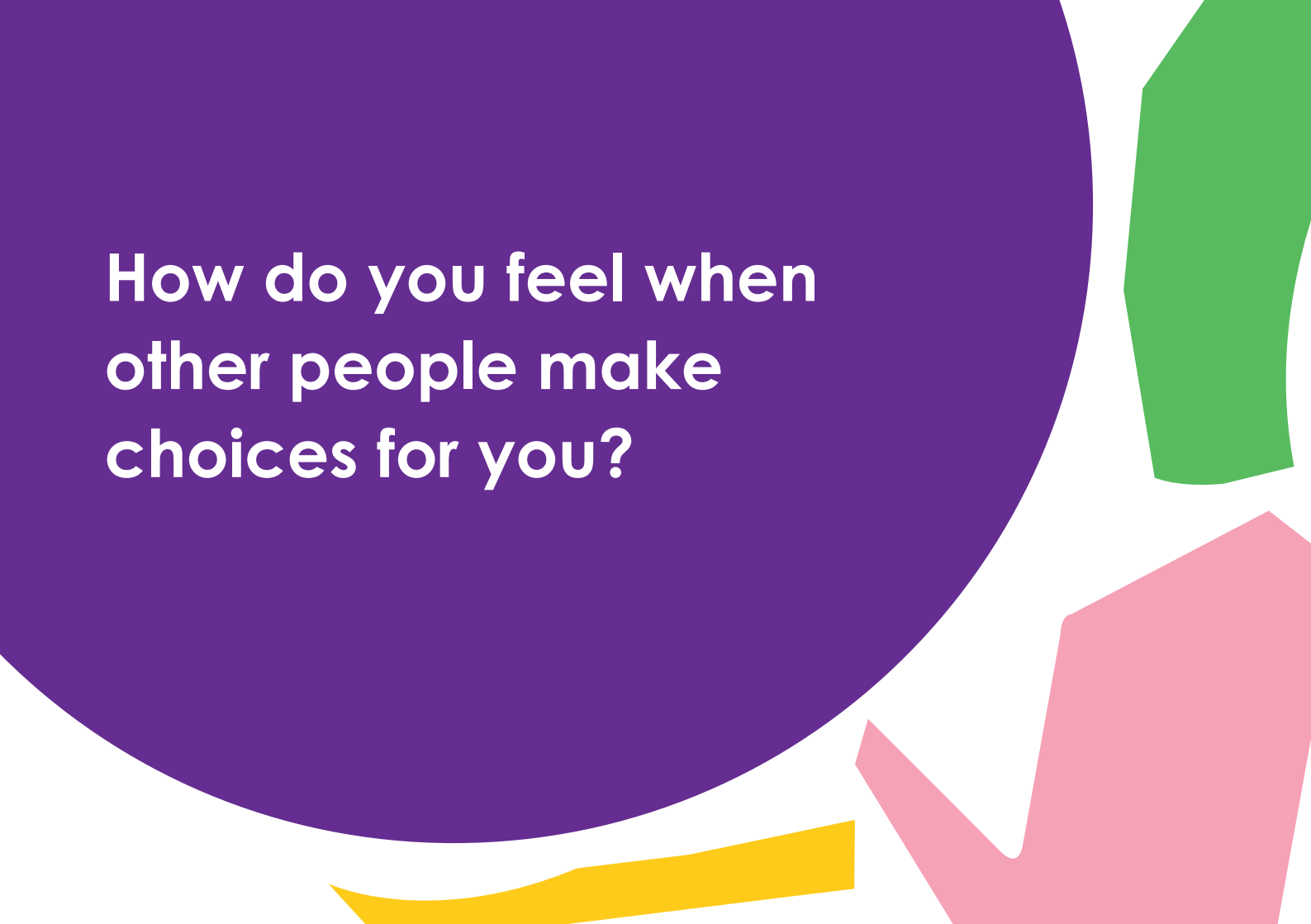


Making
Choices

me360
my future matters






**How do you feel when
other people make
choices for you?**




**What choices do you
make every day?**

The image features a large, solid purple circle on the left side. To its right, there are three abstract, irregular shapes: a green one at the top right, a pink one at the bottom right, and a yellow one at the bottom center. The background is white.

**How do you feel when
you make choices for
yourself?**

The image features a large, solid purple circle on the left side. To the right of the circle, there are several abstract, colorful shapes: a green shape at the top right, a pink shape at the bottom right, and a yellow shape at the bottom center. The background is white.

**What happens when
you make choices
for yourself?**



**Have you made a
choice you were
unhappy with?
What happened?**



**Who helps you make
choices?**

The image features a large, solid purple circle on the left side, which contains the text. To the right of the circle, there are several abstract, colorful shapes: a green shape at the top right, a pink shape at the bottom right, and a yellow shape at the bottom center. The background is white.


**What can help you
make choices?**

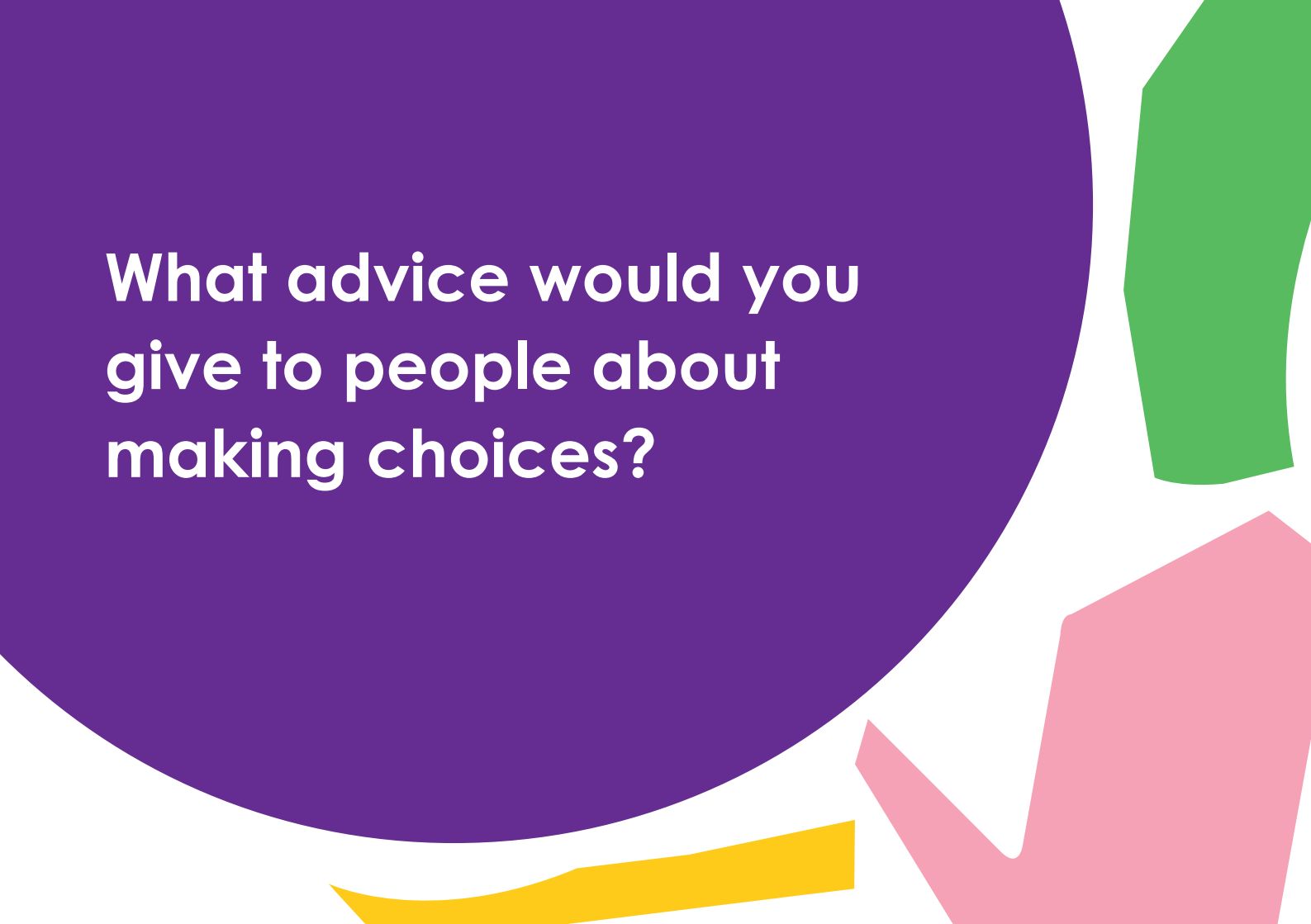


**Do you make good
choices?**

**How could you make
different choices?**

**Is it ok to change
your mind about a
choice you have
made?**

The image features a large, solid purple circle on the left side. To the right of the circle, there are several abstract, colorful shapes: a green shape at the top right, a pink shape at the bottom right, and a yellow shape at the bottom center. The background is white.



**What advice would you
give to people about
making choices?**



Speaking
Up

me360
my future matters



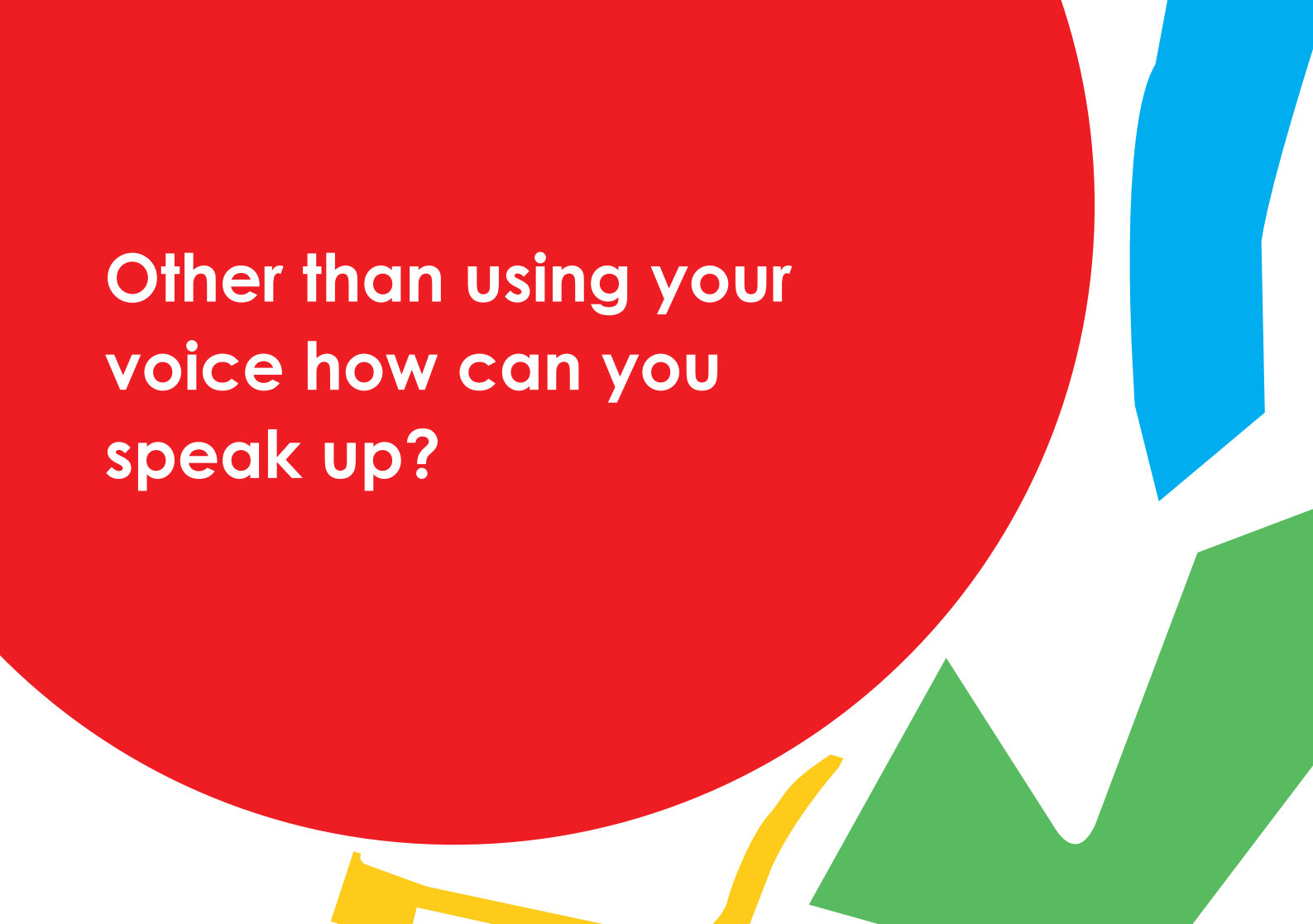
**How do you feel when
you speak up for
yourself?**

The image features a large, vibrant red circle on the left side, which is the primary background for the text. To the right of the red circle, there are several abstract, colorful shapes: a blue shape at the top right, a green shape at the bottom right, and a yellow shape at the bottom center. The overall composition is modern and dynamic, with a white background.

**What helps you to
speak up?**



**Who can help you
to speak up?**



**Other than using your
voice how can you
speak up?**



**What advice would you
give to other people
about speaking up?**



**What do you find hard
about speaking up?**



**Why is it good to speak
up for yourself?**

The image features a large, vibrant red circle on the left side, which serves as a background for the text. To the right of the circle, there are several abstract, colorful shapes: a blue shape at the top right, a green shape at the bottom right, and a yellow shape at the bottom center. The overall composition is dynamic and modern.

**When is it important
to speak up?**

The image features a large, vibrant red circle on the left side, which serves as a background for the text. To the right of the red circle, there are several abstract, colorful shapes: a blue shape at the top right, a green shape at the bottom right, and a yellow shape at the bottom center. The overall composition is dynamic and modern.

**Tell me about a time
when you have spoken
up for yourself.**

The image features a large, vibrant red circle on the left side, which serves as a background for the text. To the right of the circle, there are several abstract, colorful shapes: a blue shape at the top right, a green shape at the bottom right, and a yellow shape at the bottom center. The overall composition is modern and eye-catching.

**What are the best ways
to speak up?**



Strengths

me360
my future matters

The background features several large, overlapping, semi-transparent shapes in vibrant colors: a large blue circle on the left, a yellow shape in the top right, an orange shape in the bottom right, and a red shape in the bottom left. The text is centered within the blue circle.

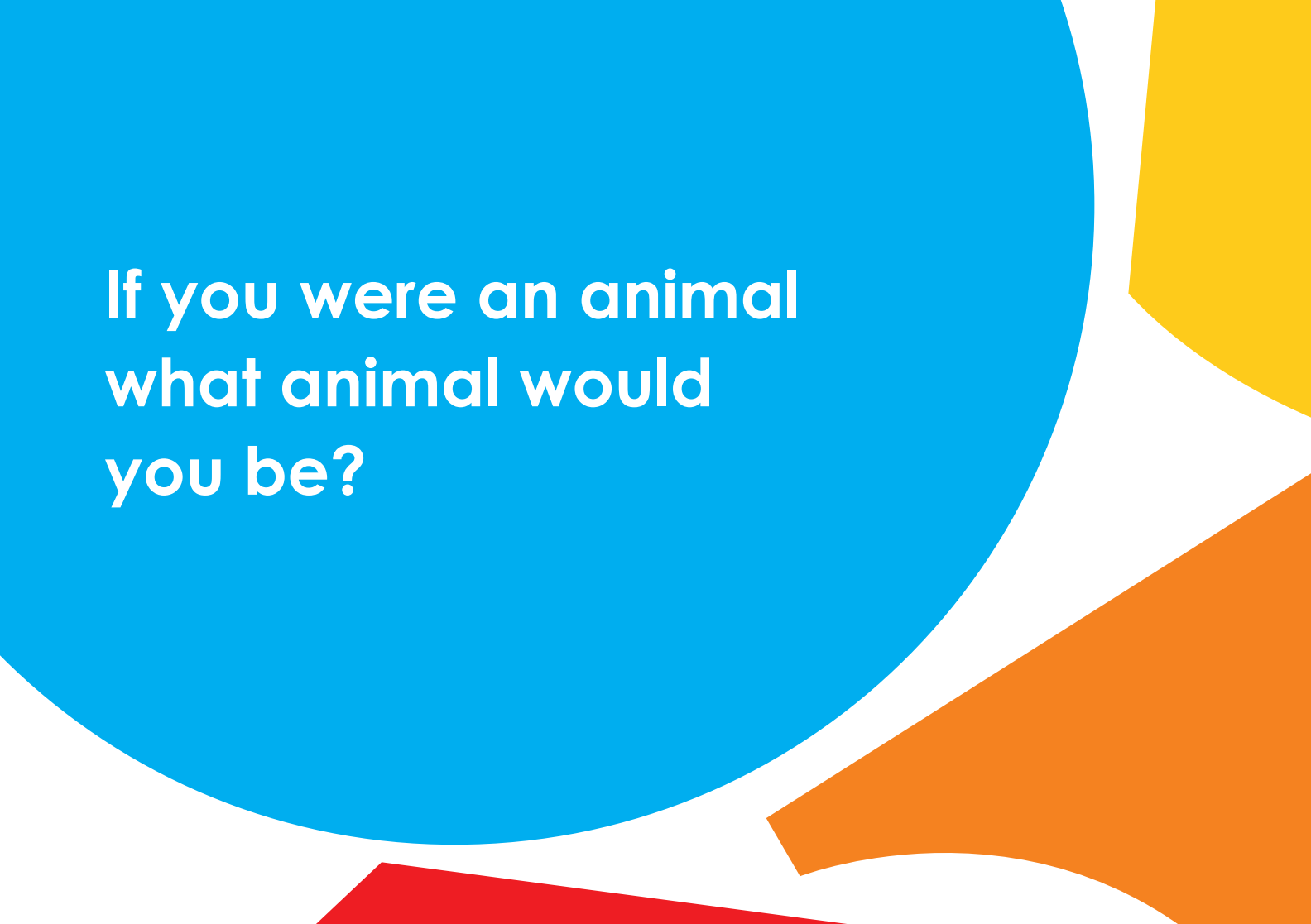
**What makes you feel
good about yourself?**

The background features several large, overlapping, semi-transparent shapes in vibrant colors: a large blue circle on the left, a yellow shape in the top right, an orange shape in the bottom right, and a red shape in the bottom left. The text is centered within the blue circle.

**What are you most
proud of?**




**What do you think is
the best thing about
you?**



**If you were an animal
what animal would
you be?**

The background features several large, overlapping, rounded geometric shapes. A large blue shape occupies the left and top-left areas. A yellow shape is in the top-right corner. An orange shape is in the bottom-right area. A red shape is at the bottom center. The text is centered within the blue shape.

**What is something you
are good at?**



**How do you feel when
you are doing
something you are
good at?**



**What do your friends
say you are good at?**



**What is something you
would like to be better
at?**

The background features several large, overlapping, semi-transparent shapes in vibrant colors: a large blue circle on the left, a yellow shape in the top right, an orange shape in the bottom right, and a red shape in the bottom left. The text is centered within the blue circle.

**How do you help
other people?**



**What is your favourite
thing to do?**



Goals

me360
my future matters

The background features a large, vibrant orange circle on the left side. To the right, there are several overlapping, colorful shapes: a blue shape at the top right, a purple shape below it, and a green shape at the bottom. The overall composition is abstract and modern.

What do you hope
for in life?

The background features a large orange circle on the left side. On the right side, there are several overlapping geometric shapes: a blue shape at the top right, a purple shape below it, and a green shape at the bottom. The text "What are your goals?" is centered within the orange circle.

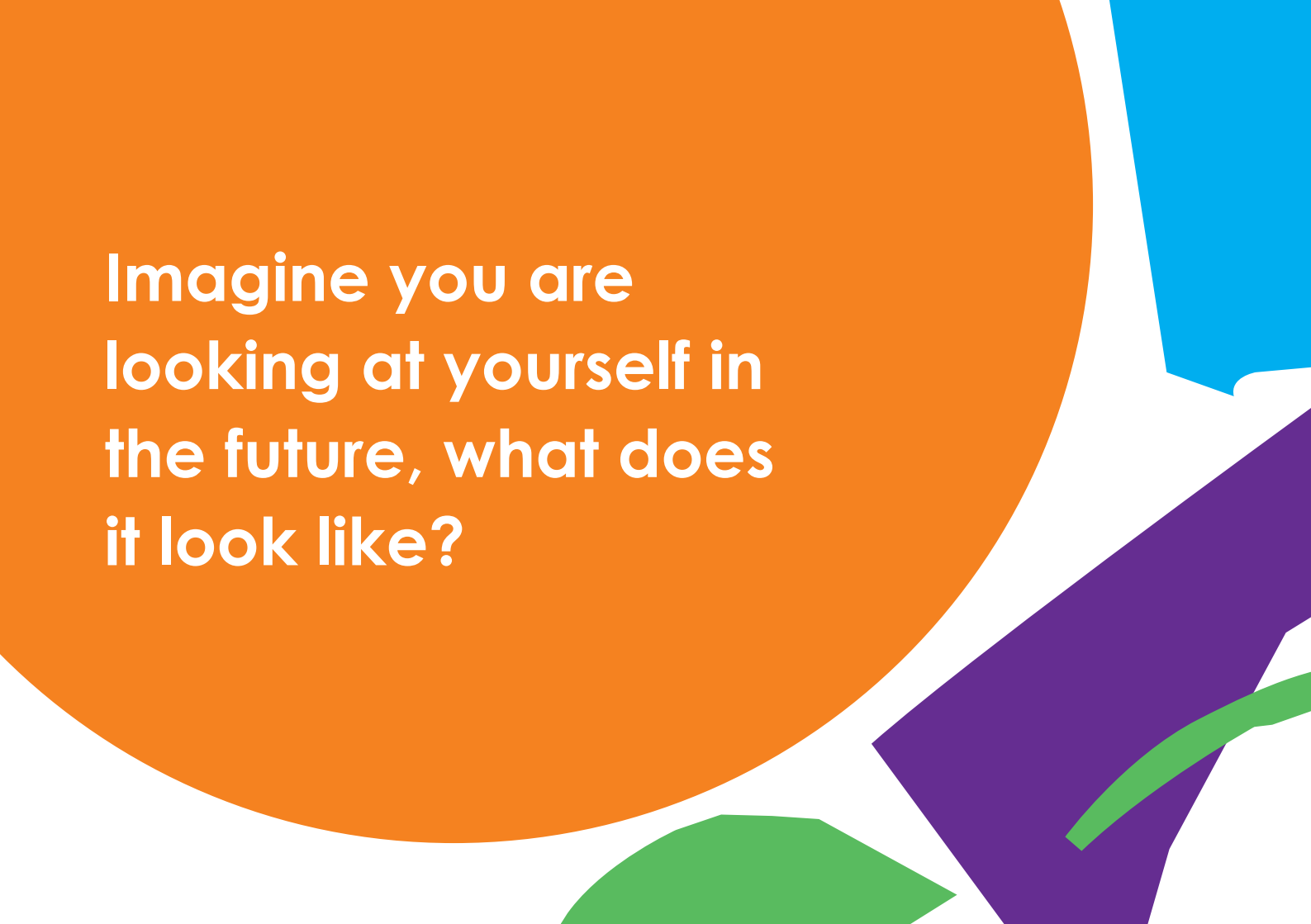
What are your goals?

The background features a large orange circle on the left side. To its right, there are several abstract shapes: a blue shape at the top right, a purple shape at the bottom right, and a green shape at the bottom center. The text is centered within the orange circle.

**Do your parents and
supporters agree with
your goals?**

The background features a large orange circle on the left side. On the right side, there are several overlapping geometric shapes: a blue trapezoid at the top, a purple shape below it, and a green shape at the bottom. A green line also curves through the purple shape.

Give an example of a goal that takes years to reach.

The background features a large orange circle on the left side. On the right side, there are several overlapping geometric shapes: a blue trapezoid at the top, a purple shape below it, and a green shape at the bottom. A green line also curves across the purple shape.

**Imagine you are
looking at yourself in
the future, what does
it look like?**

The background features a large orange circle on the left side. On the right side, there are several overlapping geometric shapes: a blue trapezoid at the top, a purple shape below it, and a green shape at the bottom. A green line also curves through the purple shape.

What really exciting
thing would you like
to do?

The background features a large orange circle on the left side. On the right side, there are several overlapping geometric shapes: a blue trapezoid at the top, a purple shape below it, and a green shape at the bottom. A green line also curves through the purple shape.

**Is it a good idea to work
hard and practice at
something?
Why?**

The background features a large orange circle on the left side. On the right side, there are several overlapping geometric shapes: a blue trapezoid at the top, a purple shape below it, and a green shape at the bottom. A green line also curves through the purple shape.

Is it ok to try again to
get something right?

The background features a large orange circle on the left side. On the right side, there are several overlapping geometric shapes: a blue trapezoid at the top, a purple shape below it, and a green shape at the bottom. A green line also curves through the purple shape.

**What stops you from
achieving your goals?**

The background features a large orange circle on the left side. On the right side, there are several overlapping geometric shapes: a blue shape at the top right, a purple shape below it, and two green shapes at the bottom. The text is centered within the orange circle.

**What helps you achieve
your goals?
How does it help?**



Important
to Me





**What has been the best
day of your life so far?**



**What do you enjoy
doing at home?**



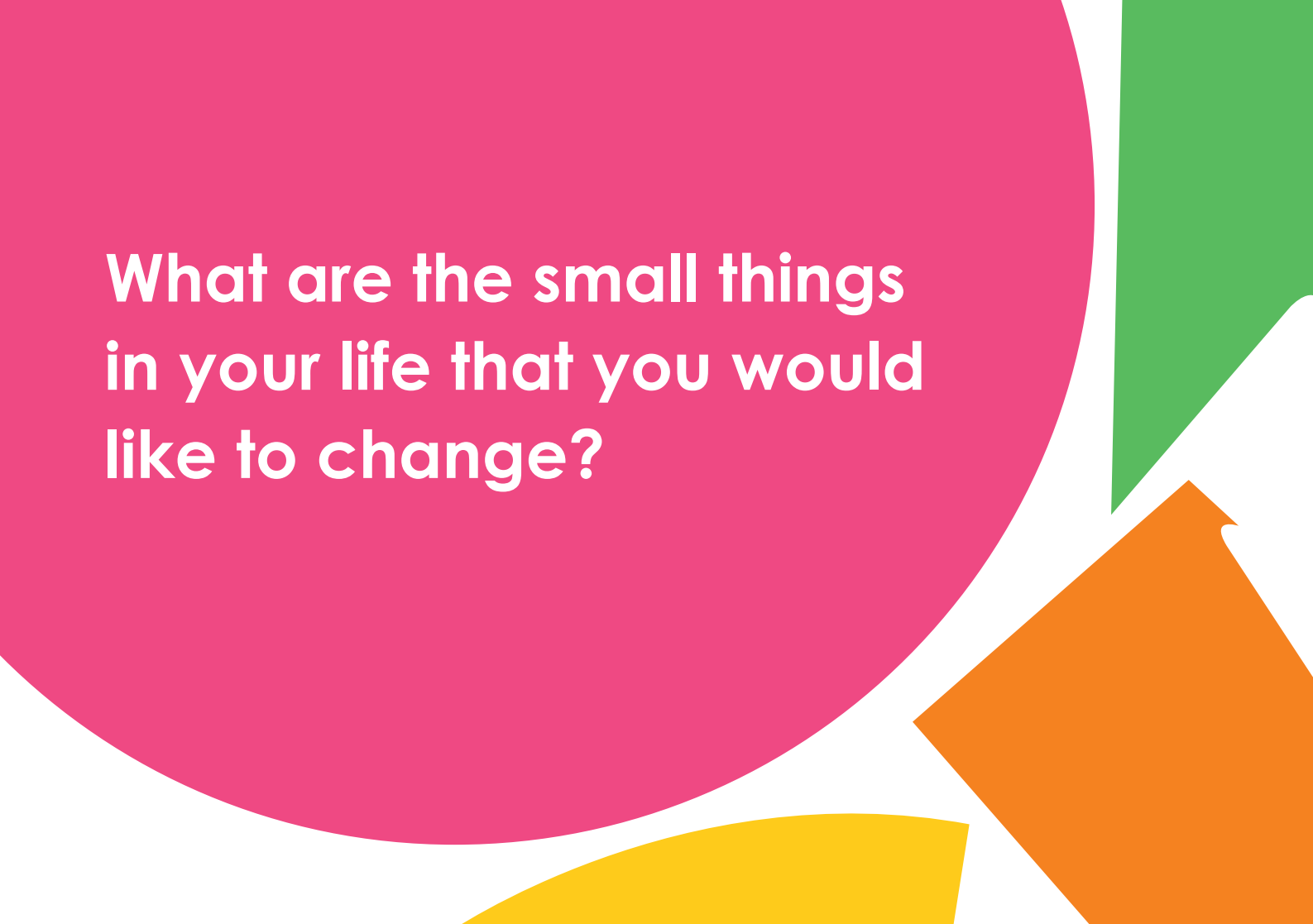
**What do you enjoy doing
in your community?**



**What would you like to
do more often?**



**What are the big things
in your life that you would
like to change?**



**What are the small things
in your life that you would
like to change?**



**Where do you like
spending time?**

The background features a large pink circle on the left side. On the right side, there are three overlapping shapes: a green triangle at the top, an orange trapezoid in the middle, and a yellow shape at the bottom. The text is centered within the pink circle.

**What makes you
happy?**



**What is the most important
thing to you right now?**

The background features a large pink circle on the left side. To its right, there is a green shape that looks like a folded corner of a page. Below the pink circle, there are orange and yellow shapes, also appearing as folded corners or abstract geometric forms. The text is centered within the pink circle.

**What do you like that
other people do not
like?**



Supports



The image features a large green circle on the left side, containing white text. To the right of the green circle, there are several abstract, colorful shapes: an orange shape at the top right, a pink shape at the bottom right, and a purple shape at the bottom left. The background is white.


**What helps you when
things are going
wrong?**

The image features a large, solid green circle on the left side. To its right, there are several abstract, colorful shapes: an orange shape at the top right, a pink shape at the bottom right, and a purple shape at the bottom left. The background is white.

What helps you at
home?



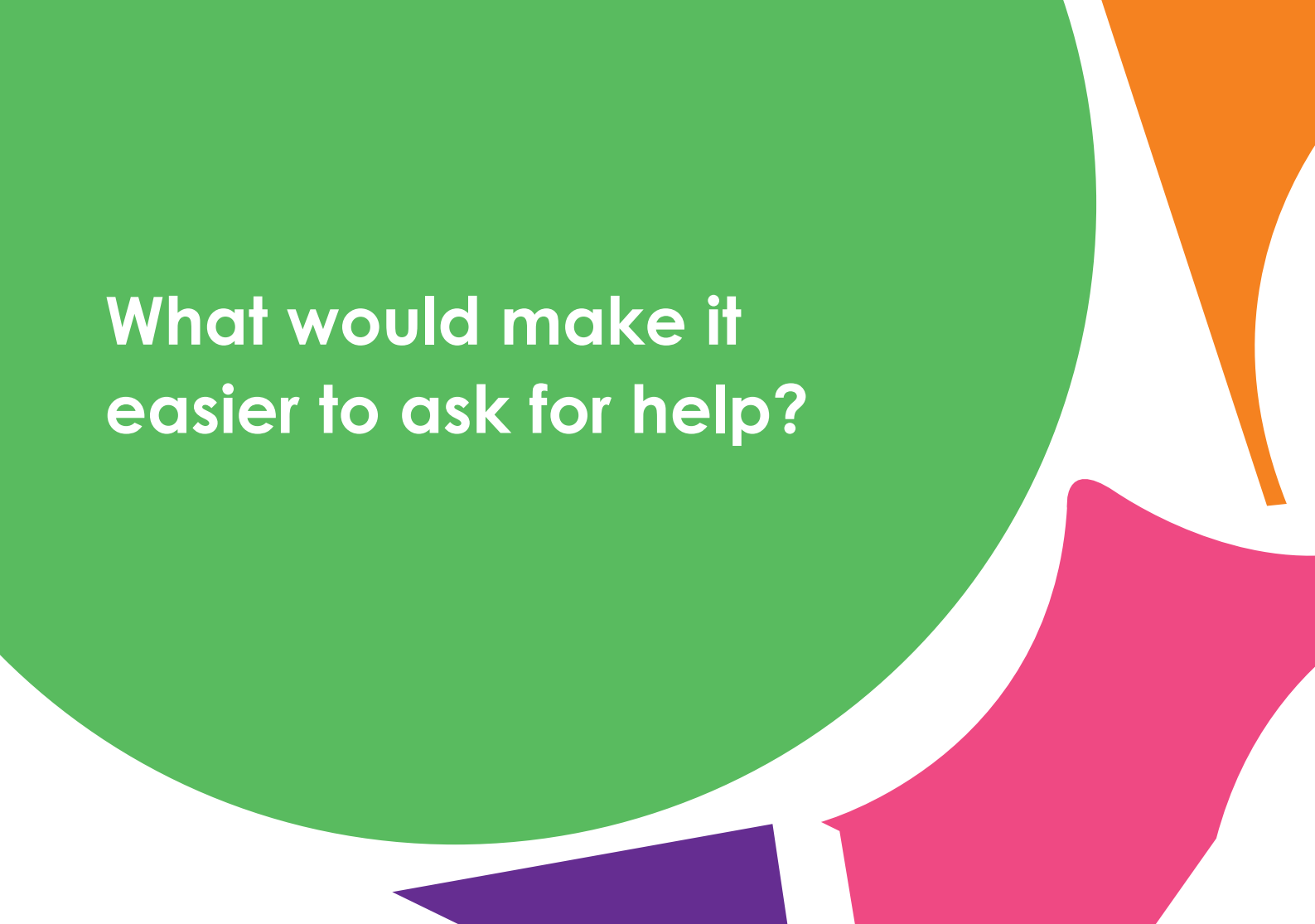
**What helps you
when you are out in
your community?**



**What could be more
helpful for you at home?**




**What could be more
helpful in your
community?**

The image features a large, vibrant green circle on the left side, which serves as a background for the text. To the right of the green circle, there are several abstract, colorful shapes: a bright orange shape at the top right, a pink shape below it, and a purple shape at the bottom left. The overall design is modern and minimalist, with a white background.

**What would make it
easier to ask for help?**

The image features a large, solid green circle on the left side. To its right, there are several abstract, colorful shapes: an orange shape at the top right, a pink shape at the bottom right, and a purple shape at the bottom left. The background is white.

Why is it ok to need help?



**If you could have
an expert help you
with anything, what
would it be?**



**Is there any part of your
life that you would like
more support?**




What is it like to ask
for help?




Work

me360
my future matters



**How do you feel
about starting
something new?**




**What part of working life
do you enjoy or are you
looking forward to?**



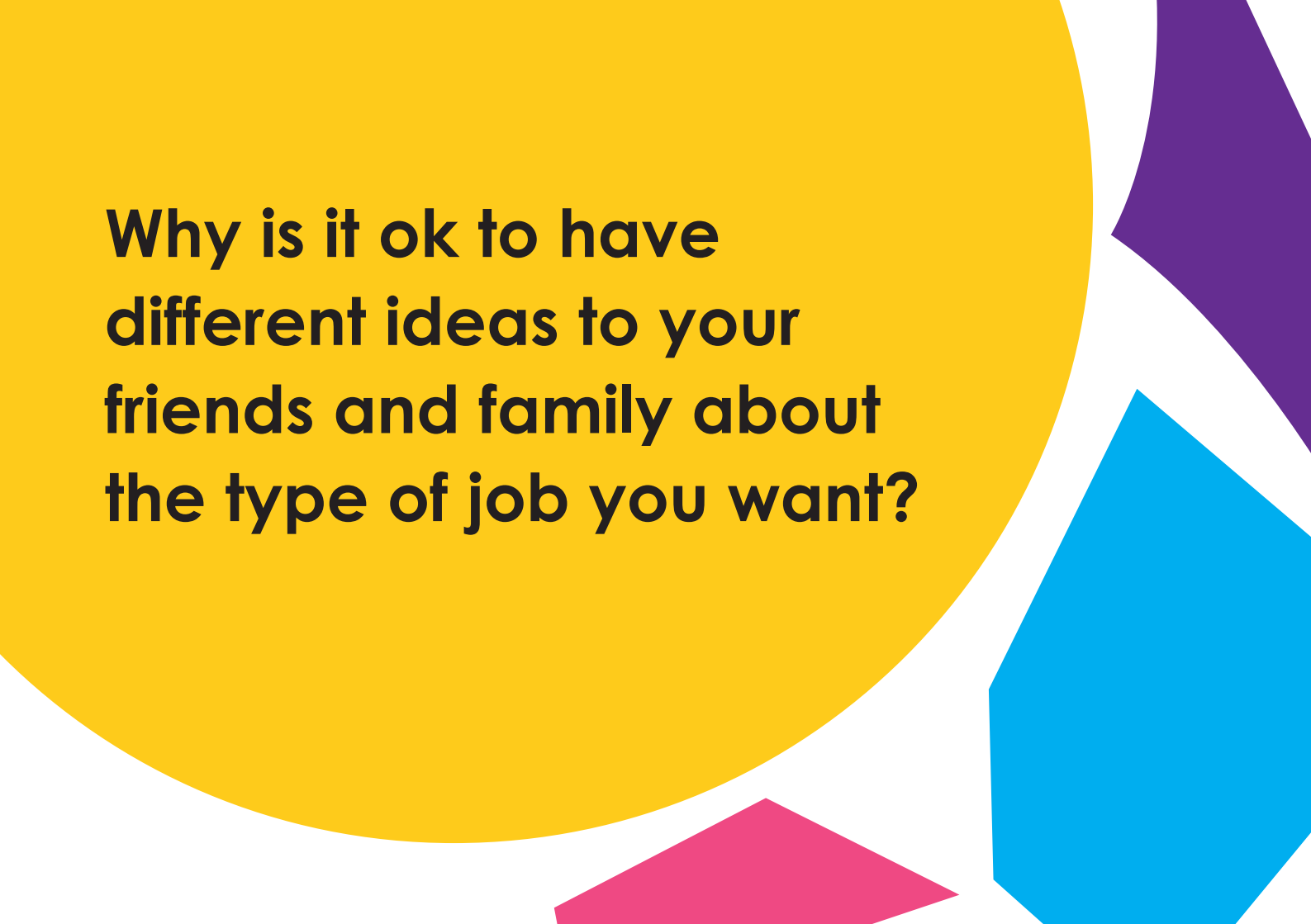
**What would you like to
achieve in a job?**



**How can you find out
about different work
options?**



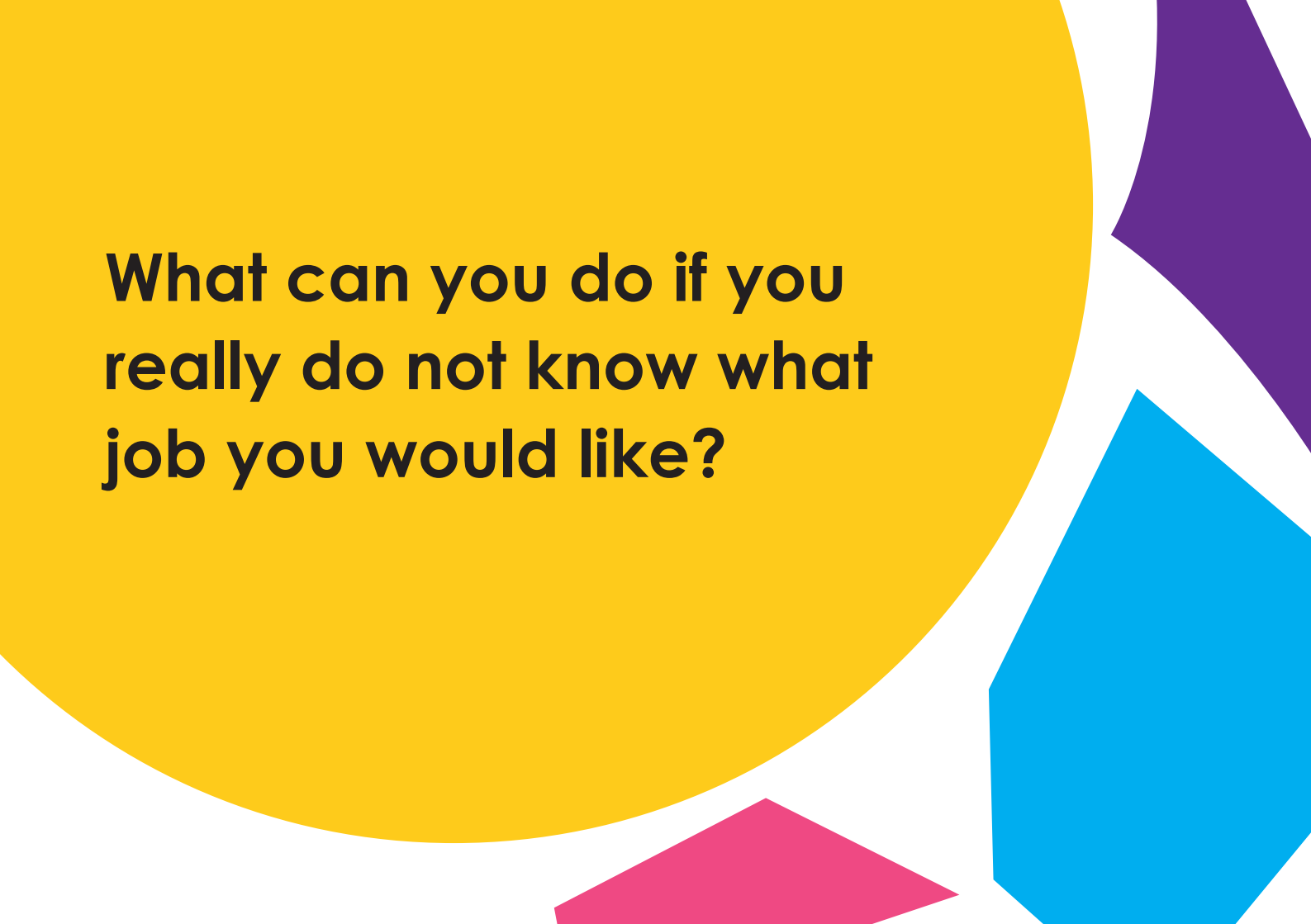
**How can speaking up
at work help you do
your job?**




**Why is it ok to have
different ideas to your
friends and family about
the type of job you want?**



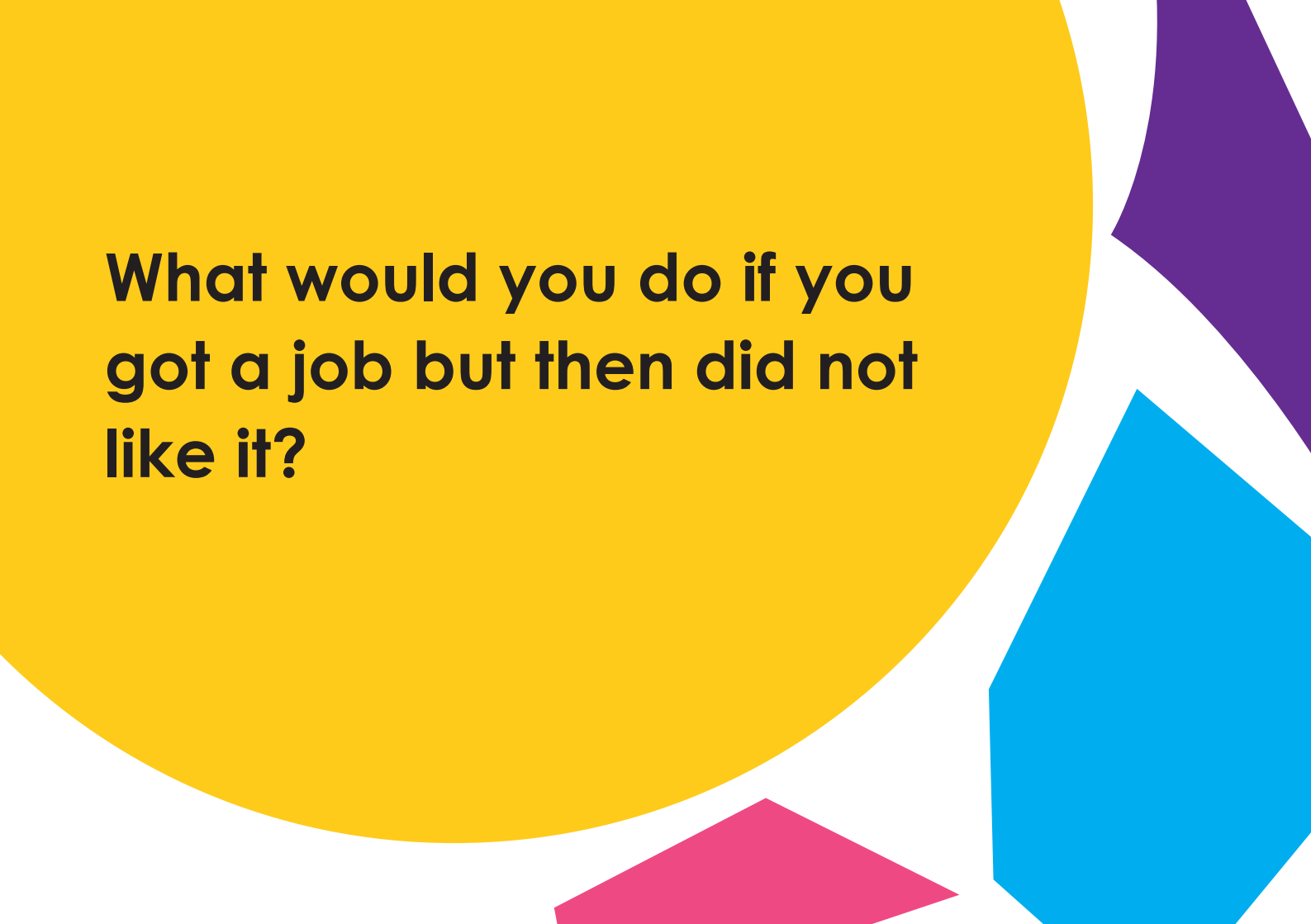
**What do you think is the
first step to get a job?**



**What can you do if you
really do not know what
job you would like?**



**Close your eyes and try
to imagine yourself 10
years from now. What
job are you doing?**



**What would you do if you
got a job but then did not
like it?**