

CID easy to read eNews January 2022



COVID testing and isolating rules

This is an Easy Read guide about COVID testing and isolating rules in NSW.

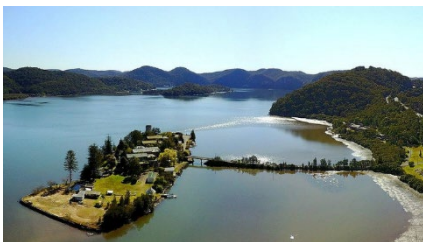
[Read the guide on our blog.](#)



How to register a positive COVID RAT

This is an Easy Read information guide about how to register a positive COVID rapid antigen test (RAT).

[Read the guide on our blog.](#)



The future of Peat Island. Our voice is needed!

The NSW Government wants to change Peat Island into a place for tourists.

Peat Island used to be a place for people with disability.



People with disability should have a say about the future of Peat Island.

For more information about Peat Island and what you can do [go to our website](#).



Our latest podcast episode

In this episode we chat to Jianna Georgiou.



Jianna is a dancer.

She talks about being a dancer with Down Syndrome.

Listen to this episode now on our website.



From Roadmap to action

In this article Fiona McKenzie talks about the health of people with intellectual disability.

Fiona is CID's Chairperson.

[Read the article on our blog](#).



Have your say about Sutherland Shire Disability Inclusion Action Plan

Sutherland Shire Council want to make a plan to make things better for people with intellectual disability.

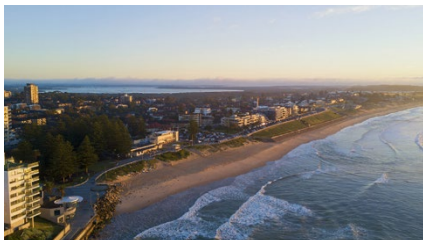
They want to know what is important for you.



The focus group will be on Monday 7

February 2022 from 5.30pm to 7.30pm.

The focus group will be on Zoom.



To be part of the focus group you must live in the Sutherland Shire.

For more information contact Communities Team on 02 9710 0422

or communities@ssc.nsw.gov.au.

[Go to eventbrite to register.](#)

COVID meal preparation and delivery

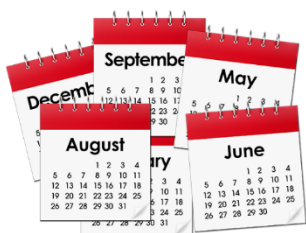


You might be able to use your NDIS core supports funding to pay for a meal preparation and delivery service.

This would be instead of having a support worker prepare your meals.

This is only temporary.

It goes only from 12 January until 28 February.



If you have questions talk to your

- local area coordinator
- planner
- support coordinator.

[For more information go to the NDIS' website.](#)

“Growing up making decisions”



UNSW



Inclusion Australia is doing a project with researchers at the University of NSW.

They would like to know how you make decisions.

For more information contact Becky Rowe at Inclusion Australia

Email:

becky.rowe@inclusionaustralia.org.au



Got a question?

Call us on **1800 424 065**

This is an easy to read version of the Council for Intellectual Disability eNews. You can sign up for this eNews at www.cid.org.au/news