

Health for People with Intellectual Disability

Easy Read

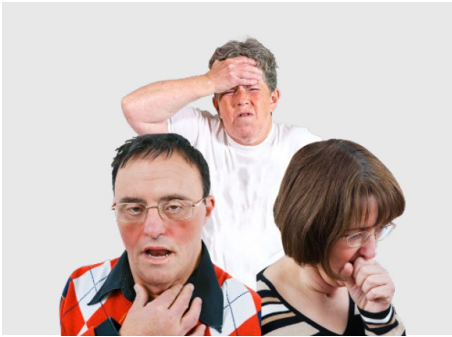


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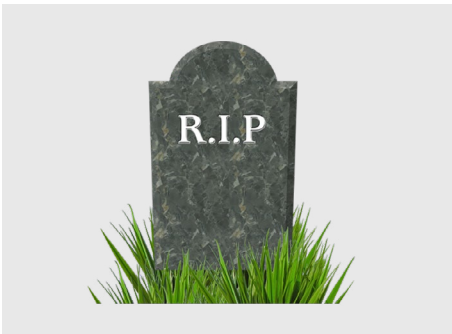
Health care for people with intellectual disability



Many people with intellectual disability do not have good health.



They have more health problems.



Sometimes people die from something that could have been stopped.

This happens more often for a person with intellectual disability.

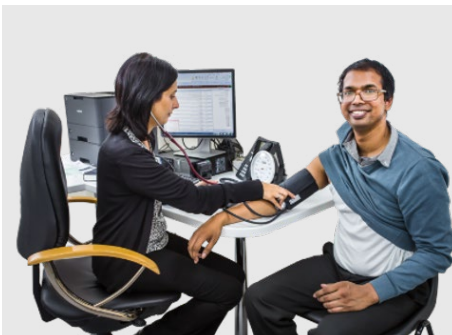


Health care in Australia is good.

Most people can get good health care.



But many people with intellectual disability
do not get good health care.



They get less **preventative health care**.

Preventative health care means health care
that keeps you healthy.

Things like health checks.



Many people with intellectual disability take a lot of medications.



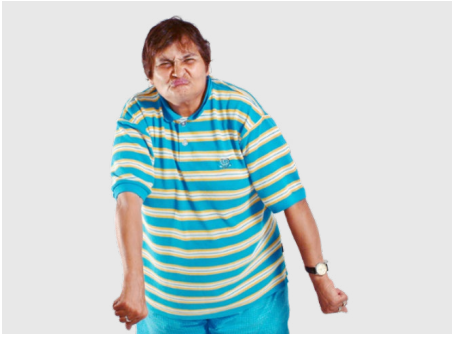
Health problems can get missed too.



Health workers may not know someone is sick.



They might not understand different ways people communicate.



Sometimes health workers think someone is angry or upset.



But really they are unwell and no one can understand them.



It can be scary and frustrating.

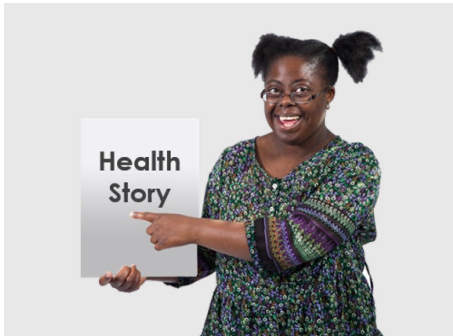
It can mean people do not get good health care.



But people with intellectual disability have the right to good health care.

This means health care that meets their needs.

What a case study is



A case study is a short story.

The story talks a person's health.

It says why they want help now.



Health workers can learn from case studies.

They can think about how to help the person in the story.

Why we are using case studies



Many health workers like case studies.

It helps them learn more health skills.

So they can do a better job.



Case studies help adults learn.

It gives people a problem to solve.

It builds on what they already know.



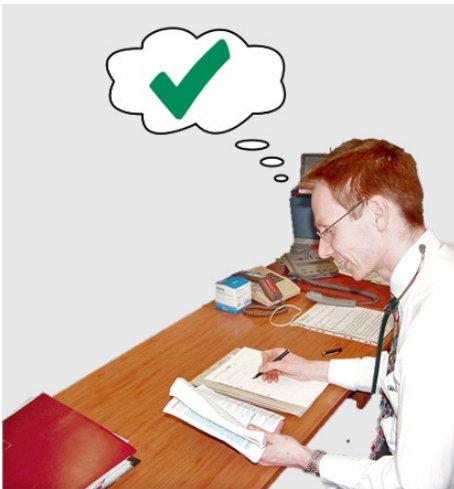
Health workers can talk about case studies.

That way they learn more as a group.

Health workers use big words to talk about case studies



Health workers study health for years.



They know words that are not common.

For example, words about health problems.



Most people do not know these words.

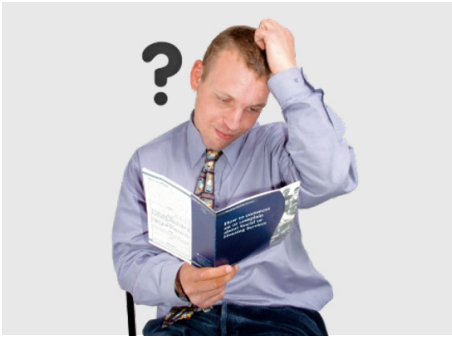
This makes it hard to run case study learning.

How we are running the training



We will ask health workers to use plain words for some of the training.

Like when we talk about communication.



But it is hard to learn 2 things at once.

Even for health workers.



We will tell health workers they can use health words when they talk about the case studies.

This will help them learn more skills.