

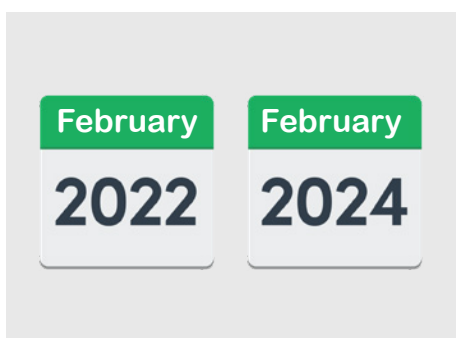
About My Rights Matter



My Rights Matter is a project about Supported Decision Making.



Supported Decision Making means support for people with intellectual disability to make their own choices.



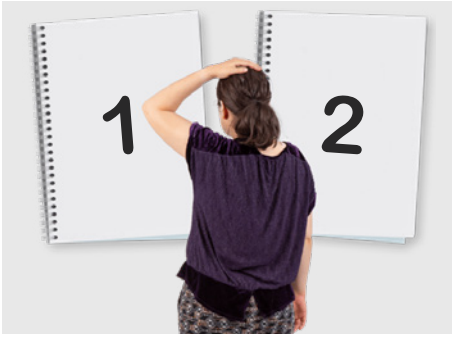
My Rights Matter will run for 2 years.

It goes from February 2022 to February 2024.

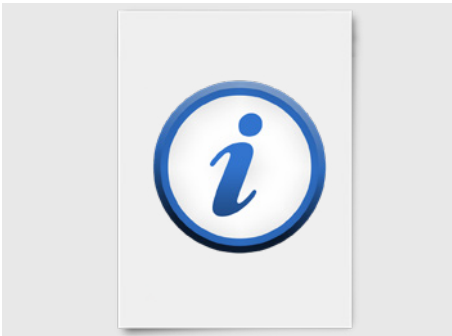


The project will help people

- Think about the rights of people with disability
- Make new decisions in their life



The project has 2 parts.



Part 1 is about putting together information and doing trainings.



Part 2 is about advocacy for change.

Advocacy for change means we will speak up to make change happen.

About part 1



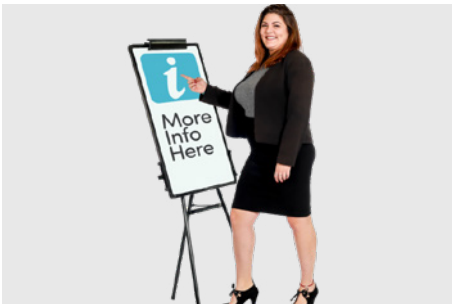
This part of the project will tell people what supported decision making is.



We will tell people where they can go to get help with their decisions.



We will give people information to help them with their decisions.



We will run trainings where people can learn new skills.



They can use the new skills to make decisions about their lives.



The trainings are for

- People with disability
- Families and friends of people with disability
- Support workers

About Advocacy for Change



This part of the project is about changing the rules and laws.



We want to tell people in power

- What supported decision making is
- How to do supported decision making right
- How we can change the laws in Australia



We will ask different people to tell us their ideas for change.



If we like their ideas we will give them money to help make the change.



The changes must help people with disability to make their own decisions.

Council for Intellectual Disability made this document Easy Read. **CID** for short. You need to ask CID if you want to use any pictures in this document. You can contact CID at **business@cid.org.au**.