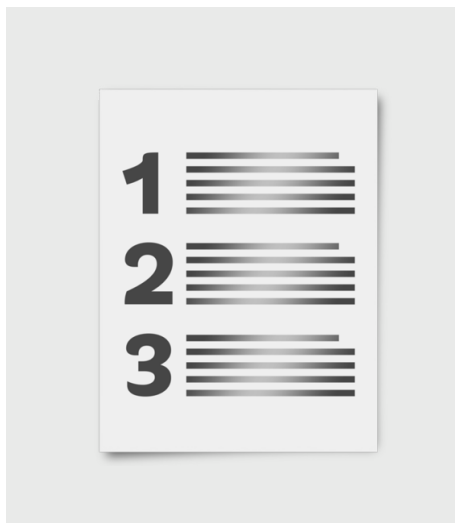


# Health Position Statement 2022



**Easy Read**

# Health

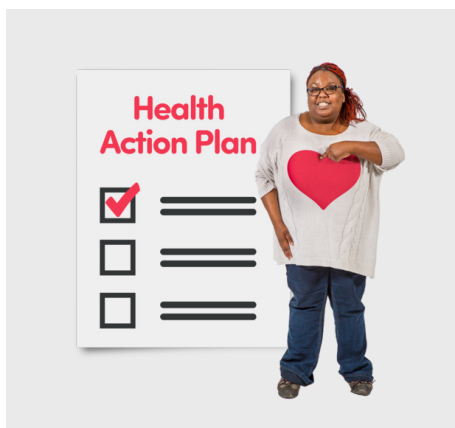


This is the CID **position statement** about health.

This position statement talks about health and looks at

- What CID wants
- What things are like now
- What needs to happen
- What CID has already done

.....



## What CID wants

We want you to

- Lead a healthy life
- Have access to health services you need

# What things are like now



A CID member with intellectual disability said

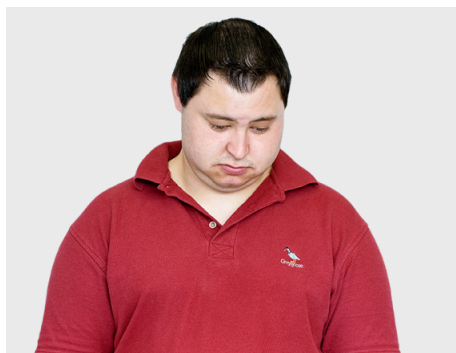
“The standard of health care for most people with intellectual disability borders on neglect”.



People with intellectual disability are not treated the same when it comes to health.

For example

- Almost half of the deaths of people with intellectual disability could have been stopped.
- People with intellectual disability die up to 27 years earlier than other people.
- People with intellectual disability have high rates of mental illness but cannot get the right help.
- People with intellectual disability go to hospital more.



# What things are like now



## Peter's story

Peter has intellectual disability and lives by himself.

He has support workers sometimes.

A support worker said Peter had stopped going to work and was not getting out of bed.

He told Peter to go to the local mental health service.

The mental health service said Peter was just behaving badly.

Peter was not behaving badly he was depressed.



# What needs to happen



We want all health services to know how to work with you.

This means

- Health professionals need training in intellectual disability
  - Health information needs to be in Easy Read
  - Health professionals need to take more time with you
- 



We want intellectual disability health services which can

- Back up other health services
- Understand complex needs

We also want disability services to support you to be

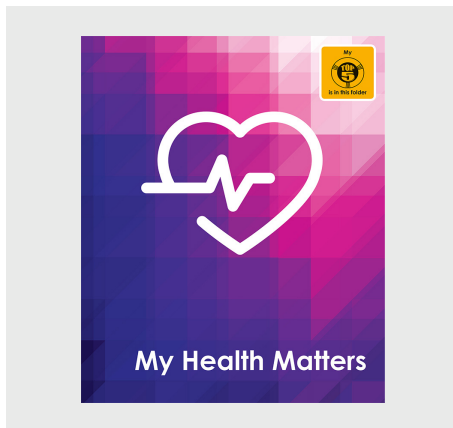
- Healthy
- Get the right health care.

# What CID has done



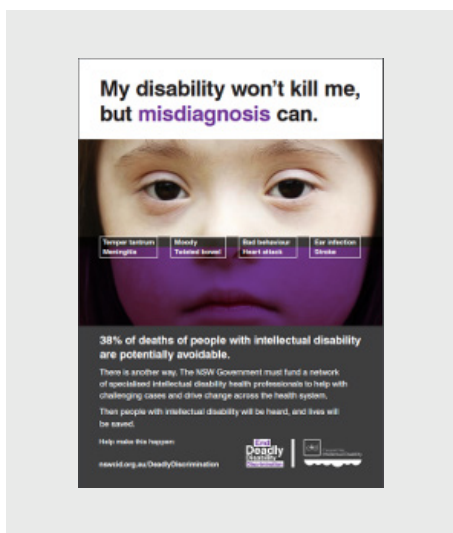
CID has a focus on better health care for people with intellectual disability.

CID advocacy works with intellectual disability health professionals and experts.



We have made fact sheets and resources such as

- My Health Matters book
  - Health fact sheets
- 



We ran campaigns to get governments to make big changes. The campaigns succeeded.

The NSW government has funded intellectual disability health services.

The Australian government has made a ten year plan to improve the health of people with intellectual disability.