

Ask your MP to take the pledge



Fiona McKenzie AM is the Chair of the CID Board.



Fiona visited her local MP Marjorie O'Neill last week.



Marjorie O'Neill took the CID **pledge** to support disability inclusion.

A pledge is a promise.



You can ask your local MP to take the pledge too.



Read our Easy Read Lobbying Guide to find out how.

Link: [Easy Read Lobbying Guide](#)



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Our Advocacy team can help you talk to your MP.

Email advocacy@cid.org.au or call
1800 424 065.

CID Election Asks



The NSW State election is on 25 March 2023.



We have met with

- People from government
- Ministers
- Opposition Shadow Ministers.



We talked to them about what we want them to do if they win the 2023 state election.



Read more about what we have asked for on our blog.

Link: [CID's election asks for 2023](#)



NSW state election video



The NSW state election is coming soon.

Everyone in NSW has the right to vote.



Watch this video to learn how to enrol and vote.

Link: [The 2023 NSW State Election](#)

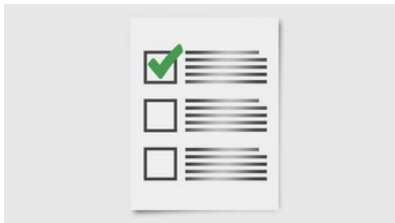
Making decisions Sammy's way



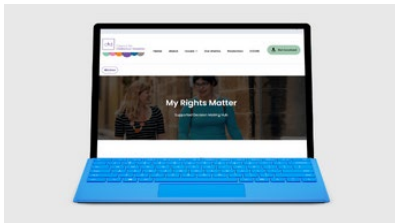
Our latest My Rights Matter video is about Sammy.



Sammy is in a strong relationship with her partner Ben.



Ben supports Sammy to make decisions.



Learn more about making decisions at the My Rights Matter Hub.

Link: [My Rights Matter Hub](#)



Watch the video at the link.

Link: [Making decisions Sammy's way](#)

Supported decision making peer mentor group



Do you want to know more about making decisions?



Do you want to talk about decisions with **peers** with disability?

Peers are people who have some of the same experiences as you.



Join the supported decision making peer mentor group.



We will meet online.



We will meet once a month from 1 March 2023.



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For more information about supported decision making visit the My Rights Matter Hub.

Link: [My Rights Matter Hub](#)



Sign up for the supported decision making peer mentor group at the link.

Link: [Supported decision making peer mentor group](#)

Join Learn2Lead



Learn 2 Lead meets online and in person.

You do not need to be in Sydney to join.

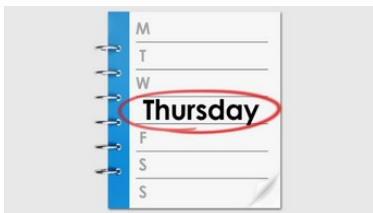


Learn 2 Lead is a group of CID members with intellectual disability.



They get together to

- share ideas
- learn about leadership
- learn about working together



They meet once a month.



You need to be a CID member to join.

You can become a member at the link.

Link: [Become a CID member](#)

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If you want to know more contact CID

- email info@cid.org.au
- call 1800 424 065

Wills, estates and future planning



A will is an important document.

It tells people what you want to happen when you die.



It can be hard to think about this.

There are people who can help.



The Ability Rights Centre at IDRS offers free legal help to people with intellectual disability.

This includes making a will.

Link: [Ability Rights Centre](#)

Together We Can Conference



The Diversity and Disability Alliance are having a conference for

- people with disability
- their allies

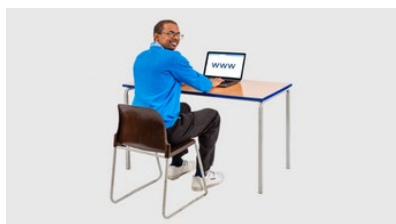


It is a conference for peers by peers to

- Share and listen
- Meet new people
- Talk about tips and strategies
- Grow community



The conference is in Granville on 21 and 22 March.



Learn more and register for the conference at the link.

Link: [Together We Can Conference](#)

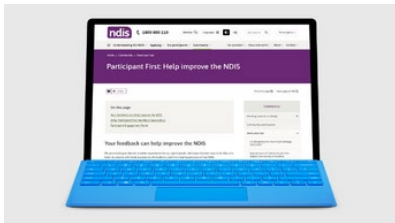
Participant First: Help improve the NDIS



The NDIS wants to hear from people with disability about how they can do a better job.



You can sign up to get invitations to surveys, interviews and panels.



Learn more about Participant First at the link.

Link: [Participant First](#)

Going to the gym

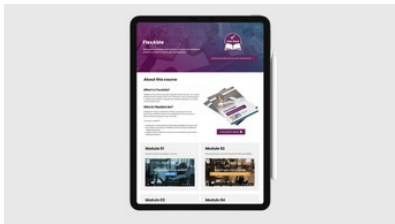


Developmental Disability WA has made some info about going to the gym.



They have info about joining the gym in Easy Read.

Link: [Joining the gym](#)



They also have a new course called FlexAble.

It is for people who work at gyms to help them be more inclusive for people with intellectual disability.

You can tell your gym about this free course.

Link: [FlexAble Course](#)