



Supporters

I can make decisions when I have the support I need and want.

Listen to me ✓

Give me the support I need ✓

Give me the information I need ✓

I can make decisions



I can decide ✓

It is my life ✓

www.cid.org.au/myrightsmatter



Adjustments

I can make decisions when things around me are changed.

I can try ✓

I can change my mind ✓

I can make mistakes ✓

Everyone has the right to make decisions



The supporter needs to:

- Assume everyone has decision making capability
- Recognise that decision making capability includes the decision maker, the supports and the adjustments
- Be aware of and minimise your influence in the decision-making process
- Reflect on and learn from the decision-making experience
- Identify what the decision maker would like to change for their next decision.

Everyone has the right to take risks



The supporter needs to:

- Consider risks for the decision maker and others
- Work with the decision maker to explore the positive or negative consequences of the decision
- Explore ways to manage the risk and reduce harm
- Offer support and ideas that are in line with what is important to the decision maker
- Provide opportunities to reflect and learn from mistakes.

Everyone has the right to support



The supporter needs to:

- Work with the decision maker to identify what supports and adjustments they need and want
- Assist the decision maker to identify and connect with people who can support their decision-making
- Assist the decision maker to consider and implement adjustments to the decision-making process
- Respect the decision maker's unique choices of supports and adjustments.

Everyone should respect what a person decides



The supporter needs to:

- Get to know the decision maker and supporters
- Work together to communicate, understand and act on the decision maker's goals and preferences
- Create opportunities to explore decision options, while respecting the decision maker's autonomy
- Take the necessary steps to implement the decision.
- Act as a decision representative to uphold rights in some cases when people may require to be fully supported.