

## Supported decision making workshops



We are running free workshops about **supported decision making**.



Supported decision making is when someone helps you make more of your own decisions about your life.

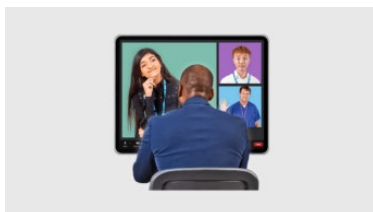


The workshops will start in May.



We will have workshops in person in Wagga Wagga.

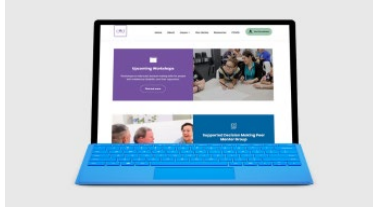
Link: [In Person workshops](#)



We will also have workshops online.

Link: [Online workshops](#)

## Easy Read eNews – April 2023



There will be more workshops.

We will list them on our website.

Link: [My Rights Matter workshops](#)

## Your Service Your Rights workshops



Learn about your rights when you get services from your disability service.



The workshops are for people with intellectual disability.

The workshops are free.

There are 4 workshops



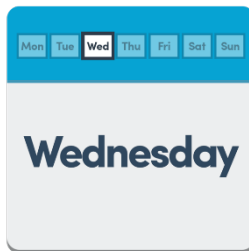
- Rights and services
- The NDIS Commission and complaints
- Speaking up and supports
- Being involved to help make services better

## Easy Read eNews – April 2023



You can do the workshops in person at our office in Surry Hills.

You can also do the workshop online.

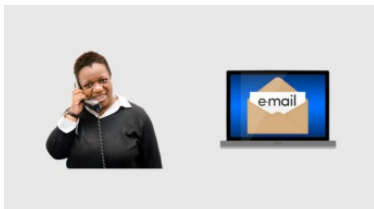


The workshop is once a week.

It will start on Wednesday 10 May and go for 4 weeks.



It starts at 10am and goes for 2 hours.



To come to the workshops

- Call CID on 1800 424 065
- Email CID at [business@cid.org.au](mailto:business@cid.org.au)

## Apply for a supported decision making grant



My Rights Matter is giving **grants** for projects that get people to do supported decision making.



A grant is money to do a project.



A project could be



- starting a group to talk about making decisions



- talking at a conference about supported decision making

## Easy Read eNews – April 2023



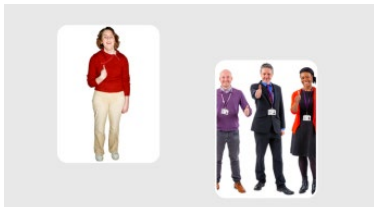
- making a video about getting support to make decisions



- something else.



We want to hear your ideas.

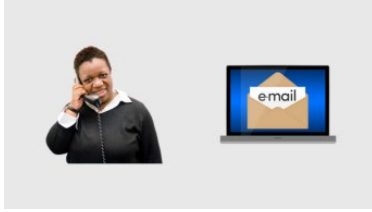


We are giving grants for

- individuals
- organisations



Applications are open now and close on  
31 May.



For more information contact the My Rights Matter team

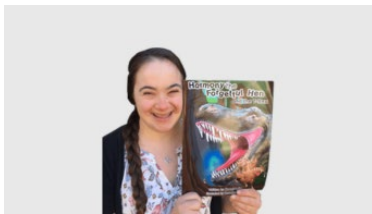
- email [sdm@cid.org.au](mailto:sdm@cid.org.au)
- call [1800 424 065](tel:1800424065)

## Naomi's story



We did a podcast with Naomi Lake.

Naomi is an author with intellectual disability.



Naomi writes stories for children.

She is writing a series about Harmony the Forgetful Hen.



Listen to Naomi's story at the link.

Link: [Listen to A hen, a pen and a passion for words](#)

## Supporting people with disability to access COVID-19 vaccination



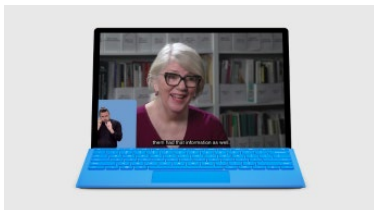
Our project worker Ricky spoke with Jo-Anne Hewitt from Achieve Australia.



They talked about how Achieve Australia helps people who use their service to decide about getting the vaccine.



They also talked about how they supported people to get the vaccine.



Watch the video at the link.

Link: [Supporting people with disability to access COVID-19 vaccination](#)



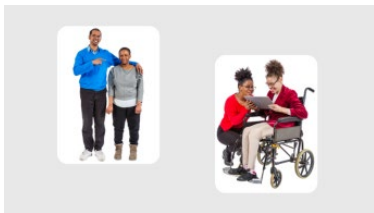
## Submission to Disability Royal Commission – supported decision making



CID has made a **submission** to the Disability Royal Commission.



A submission tells you what someone thinks about a topic.



It talks about

- respecting human rights
- supported decision making



People with intellectual disability should have support to make their own decisions.



You can read the submission at the link.

Link: [Submission to the Disability Royal Commission – Supported Decision Making](#)

## Supported decision making peer mentor group



Do you want to know more about making decisions?



Do you want to talk about decisions with **peers** with disability?

Peers are people who have some of the same experiences as you.



Join the supported decision making peer mentor group.



We meet online.



We meet once a month. Our next group is on 3 May from 10am to 11am.



## Easy Read eNews – April 2023



Sign up for the supported decision making peer mentor group at the link.

Link: [Supported decision making peer mentor group](#)

## Join Learn 2 Lead

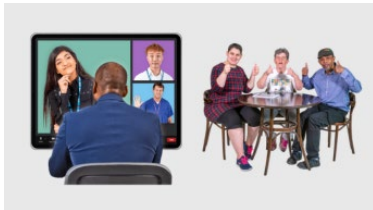


Learn 2 Lead is a great group to make friends and grow with each other.



Learn 2 Lead meets once a month to

- share ideas
- learn about leadership
- learn about working together



You can come to meetings online and in person.



You need to be a CID member to join.

You can become a member at the link.

It is free to be a member if you are a person with intellectual disability.

Link: [Become a CID member](#)



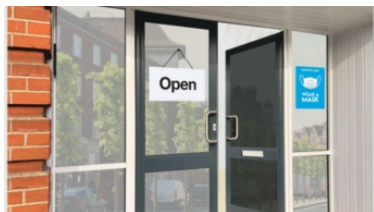
If you want to know more contact CID

- email [info@cid.org.au](mailto:info@cid.org.au)
- call 1800 424 065

## Survey about accessing services after domestic violence



The Australian government wants to hear from women with disability who have lived through domestic violence.



They want to hear about accessing services after violence.



The survey closes on 7 May.

Link: [Domestic violence survey](#)

## Stella Young Award for young artists



The Stella Young Award is for Australian artists aged 16 to 30 who have a disability.



The winner will get a \$3000 prize.

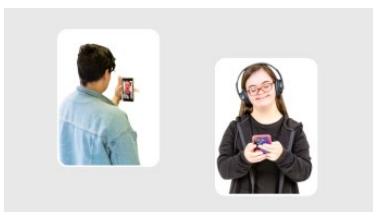


Applications for the award close on 8 May at 5pm.



You can apply at the link.

Link: [Apply for the Stella Young award](#)



You can also apply with a

- video
- audio recording



For more information

- email [info@artsaccess.com.au](mailto:info@artsaccess.com.au)
- [call 03 9699 8299](tel:0396998299)
- [call or text 0477 860 955.](tel:0477860955)

## Survey about Women with Disability in the Workplace



People with Disability Australia want to hear from women and non-binary people with disability about what it is like at work.



You can fill out the survey at the link.

Link: [Advancing Women with Disability in the Workplace survey](#)



If you need to do the survey another way

- email [lizzyf@pwd.org.au](mailto:lizzyf@pwd.org.au)
- [call or text 0490 120 366](tel:0490120366)