

# **Grantees for My Rights Matter**



CID gave grants to 5 projects.

A grant is money to do a project.



• Arron Fitzpatrick will make a series of podcasts called **Our Voice, Our Choice.** 



Nissim Ghinsberg will make a film called
Communication in My World.



 Intellectual Disability Rights Service will make a project called Lawyers and Supported Decision Making.





 Northcott Innovation will make a project called Making decisions about having a baby.



• Side by Side Advocacy will make a project called **Moving from me to us.** 



We will share stories from the projects in our eNews and on social media.



We will give out another round of grants.

Applications open on 28 August.



### Fame, Friends and Rock n' Roll



This episode of our podcast is about an indie rock band from Melbourne called Rudely Interrupted.



All the members of their band have a disability.



They talk about their experiences

- Recording new songs
- Being on the radio
- Touring the world



Listen to the podcast on our website.

Link: Fame, Friends and Rock n' Roll



## The Voice to Parliament



We have a new Easy Read fact sheet about the Voice to Parliament.



It will tell you

• What is the Voice to Parliament?



• Why is the Voice to Parliament important?



 How will the Voice to Parliament vote happen?





Read the fact sheet at the link.

Link: The Voice to Parliament

### **Updated health resources**



We have updated 2 resources about health.



**Me and my doctor** is about making choices with your doctor.

Link: Me and my doctor



**Mental health** is about taking care of your thoughts and feelings.

Link: Mental health



## **Deciding with Support**



Deciding with Support is a new website that can help you make decisions about **behaviour support.** 

Link: Deciding with Support



Behaviour support is when you and your supporters make a plan for when it is hard to tell what you need.



You and your supporters can make a behaviour support plan together.



### Join Learn 2 Lead



Learn 2 Lead is a great group to make friends and grow with each other.



Learn 2 Lead meets once a month to share ideas.



You can come to meetings online and in person.



You need to be a CID member to join.

You can become a member at the link.

It is free to be a member if you are a person with intellectual disability.

Link: Become a CID member





If you want to know more contact CID

- email info@cid.org.au
- call 1800 424 065



## **Events**

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| 27          | 28 | 29 | 30 | 31 |    |    |

These events are coming up in August.



### Supported Decision Making Peer Mentor Group - Transport

- Who it is for: People with intellectual disability
- When: Wednesday 2 August, 10am to 11am
- Where: Online
- Cost: Free





Supported Decision Making Workshop for People with Intellectual Disability - Western Sydney

- Who it is for: People with intellectual disability
- When: This workshop runs over three sessions starting on Monday 7 August and Wednesday 9 August 10am to 12.30pm, and Monday 14 August, 10am to 11.30am
- Where: Western Sydney
- Cost: Free



- Who it is for: People with intellectual disability
- When: This workshop runs over 5 sessions starting on Monday 28 August, Thursday 31 August, Monday 4 September, Thursday 7 September and Monday 1 September, 10am to 11.30am
- Where: Sydney City
- Cost: Free





## **ABC News and NDIS**

**MNEWS** 



ABC News is looking into the NDIS.



They want to hear about your experiences with the NDIS.



There is an Easy Read version of their survey form you can download from their page.

Link: ABC News and the NDIS