

The Voice to Parliament



CID supports the Yes vote for the Voice to Parliament.



CID wrote in Easy Read about why we think it is important.

Link: https://cid.org.au/resource/our-position-statement-voice-to-parliament/



CID thinks people with disability are the experts in their lives.



CID thinks First Nations people are the experts in their lives too.





You can read our Easy Read fact sheet about the Voice to Parliament.

Link: https://cid.org.au/resource/voice-parliament/



The vote will be on Saturday 14 October.



Looking out for each other



In this episode of Visibility we talk to Ricky and Dina



Ricky and Dina are married and both have intellectual disability.



They talk about

- How they met
- How they got to know each other
- Their life together



Listen to the episode on our website.

Link: https://cid.org.au/our-stories/looking-out-for-each-other/



Advocacy group



Advocacy is speaking up about the big issues.

CID has an advocacy group.



The group meets once a month.



The Advocacy Group gets involved with things like

CID campaigns

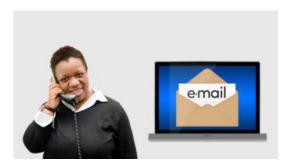


• Writing to the government





Meeting with Members of Parliament



If you want to join CID's advocacy group

- Call 1800 424 065
- Email advocacy@cid.org.au



You need to be a CID member with intellectual disability to join.

If you are not a member you can become a member at the link.

Link: https://cid.org.au/membership/



Focus groups



We are looking for people with intellectual disability to be in our **focus groups**.

Focus groups are when a group of people meet to talk about an issue or thing.



This might be

• How accessible a website is

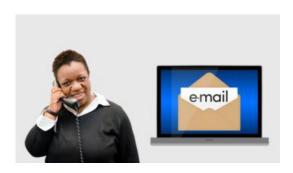


• Special health questions



• What you think about the NDIS





If you want to be on our list for future focus groups you can

- Email us at business@cid.org.au
- Call us on <u>02 9211 1611</u>.



Next round for My Rights Matter grants



The second round of the My Rights Matter **grants** is now open.

A grant is money to do a project



Grant applications close on 8 October 2023.



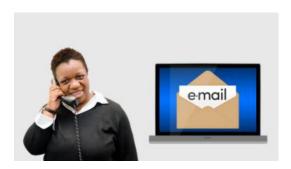
We are giving grants to individuals and organisations.



Here are some projects that got grants in our first round.

Link: https://cid.org.au/our-stories/mrm-grants-round-1/





For more information

- email <u>sdm@cid.org.au</u>
- call 1800 424 065



We will have an information session on Wednesday 20 September, 11am to 12pm.

The registration link will be ready soon.

What is supported decision making?



Deciding with Support has a video about supported decision making.

Link:

https://decidingwithsupport.flinders.edu.au/



In this video, Siddharth and Luke talk about making decisions with support.

Link: https://vimeo.com/824925905/a1defe9477



Workshop for women with intellectual disability



Northcott Innovation and disAbility Maternity
Care got a grant from CID to make resources
about pregnancy and parenting.



The resources will help women understand their choices during and after pregnancy.



You can join the project if

- You are pregnant or you have a baby younger than 6 years old
- You are over 18 years old
- You are a woman with intellectual disability





In the project you will

- Attend 3 workshops
- Talk about information you got during pregnancy
- Help create resources
- Be paid \$150 per workshop

Link: https://northcottinnovation.com.au/project/ supportingwomenwithidduringpregnancy/



Join Learn 2 Lead



Learn 2 Lead is a great group to make friends and grow with each other.



Learn 2 Lead meets once a month to share ideas.



You can come to meetings online and in person.



You need to be a CID member to join.

You can become a member at the link.

It is free to be a member if you are a person with intellectual disability.

Link: https://cid.org.au/membership/





If you want to know more contact CID

- email info@cid.org.au
- call 1800 424 065



Events



These events are coming up in September.



<u>Supported Decision Making Peer Mentor</u> <u>Group - Wellbeing</u>

Who it is for: People with intellectual disability

When: Wednesday 6 September, 10am to

11am

Where: Online

Cost: Free

Link: https://cid.org.au/event/peer-mentor-

group-2023/



More than Just a Job for Me - Sydney

Who it is for: People with intellectual disability

When: Wednesday 27 September and

Wednesday 4 October, 10am to 3pm

Where: Sydney - Venue to be confirmed

Cost: Free

Link: https://cid.org.au/event/mtjj-for-me-sep-

oct/



Intellectual Disability Mental Health Connect study



The Intellectual Disability Mental Health Connect website talks about how people with intellectual disability can take care of their mental health.

Link: https://idmhconnect.health/



The people who made the site want to hear what you think about it.



If you take their survey you could win a \$100 gift card.



If you do an interview with them they will give you a \$50 gift card.



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Easy Read eNews - August 2023

Find out more about the study at the link.

Link: https://www.3dn.unsw.edu.au/intellectual-disability-mental-health-connect-study



Employment Focus Groups



SACID (South Australian Council on Intellectual Disability) are having focus groups about employment in October.



They want to talk to people who work at

- Australian Disability Enterprises
- Social enterprises
- Micro enterprises
- Open employment



You will get a \$100 voucher for joining the focus group.



Here is a flyer about the focus groups.

The times in this flyer are in South Australian time. NSW time is 30 minutes earlier.

Link: https://cid.org.au/wp-content/uploads/2023/08/Focus_Group_Flyer.pd





You can register for a focus group here.

Link: https://events.humanitix.com/employment-focus-group

ABC News and NDIS



ABC News is looking into the NDIS.



They want to hear about your experiences with the NDIS.



There is an Easy Read version of their survey form you can download from their page.

Link: ABC News and the NDIS