

The Road to Byron



Our new episode of the Visibility podcast is about Byron.



Byron has known that he is gay for most of his life.



In the last year he started telling people that he is gay.

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Byron talks about his life in the podcast.



Listen to the podcast on our website.

Link: <https://cid.org.au/our-stories/the-road-to-byron/>

Just Include Me



CID has made a new online class for health workers.

It is called Just Include Me.



It is about supporting people with intellectual disability with their health.



You can share the online class with your health workers.

Link: <https://cid.org.au/justincludeme/>

Supported decision making workshops for support systems



We have a new supported decision making workshop.



The workshop is for you and your

- Family member or friend



- Paid support worker.

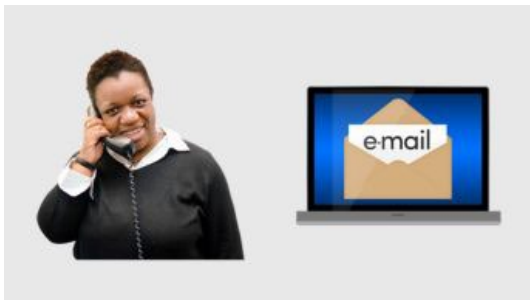
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In the workshop we will work through making a real life decision together.



At the end of the workshop everyone will know how to support you with your decisions.



If you and your support people would like us to do this workshop for you

- Email sdm@cid.org.au
- Call [1800 184 527](tel:1800184527).

Happy Mardi Gras



Mardi Gras happens in Sydney every year.

It is a time to celebrate LGBTIQ+ people.



LGBTIQ+ is short for

- **Lesbian** means women who have sexual feelings for other women.



- **Gay** means men who have sexual feelings for other men.

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- **Bisexual** means people who have sexual feelings for both men and women.



- **Transgender** means people who feel different from the gender they were born in.



- **Intersex** means people who have bodies that are not what we expect for males or females.



- **Queer** means people who are not straight or who feel different from the gender they were born in.

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- **Asexual** means people who do not have sexual feelings for anyone.



- + means any other way people might feel about their gender or sexuality.



The Mardi Gras Parade is on Saturday 2 March.



Some CID members will be marching with People with Disability Australia.

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You can watch the parade live on ABC TV starting at 7.30pm.

Link: <https://iview.abc.net.au/show/sydney-gay-and-lesbian-mardi-gras-2024>



There will be a live screening at Camperdown Memorial Rest Park in Newtown starting at 5pm.

Link: <https://www.innerwest.nsw.gov.au/explore/whats-on/events-in-detail/mardi-gras-celebrations/mardi-gras-parade-screening>



You can listen to some of our podcasts while celebrating Mardi Gras.

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In The Road to Byron we talk to Byron.

Byron is a gay man.

Link: <https://cid.org.au/our-stories/the-road-to-byron/>



In Sparkles, Strength and Speaking up we talk to Leigh.

Leigh is a straight drag queen.

Link: <https://cid.org.au/our-stories/sparkles-strength-speaking-up/>



In Out, Proud and Included we talk to Cameron.

Cameron is a gay man.

Link: <https://cid.org.au/our-stories/out-proud-and-included/>

Events



These events are coming up in March.

Advocacy Group - Online or in person

Who it is for: Members of the CID Advocacy Group

When: Thursday 14 March

Where: Online or in person

Cost: Free

Link: <https://cid.org.au/board-groups/>



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Supported Decision Making Workshop for people with intellectual disability - Online

Who it is for: People with intellectual disability

When: Thursday 14 March and 21 March, 10am to 12pm, and Thursday 28 March, 10am to 11.30am

Where: Online

Cost: Free

Registration coming soon - sign up for updates

Link: <https://cid.org.au/issues/my-rights-matter/my-rights-matter-workshops/#interest>



Learn 2 Lead - Online or in person

Who it is for: Members of CID

When: Thursday 21 March

Where: Online or in person

Cost: Free

Link: <https://cid.org.au/board-groups/>



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More than Just a Job for Me - Sydney

Who it is for: People with intellectual disability

When: Wednesday 27 March and
Wednesday 3 April, 10am to 3pm

Where: Sydney (venue TBC)

Cost: Free



Link: <https://cid.org.au/event/mtjj-for-me-mar-apr/>

Down Syndrome Australia NDIS workshop



Down Syndrome Australia is having a workshop for people with Down Syndrome.



The workshop is about the NDIS.



They will talk about

- What is the NDIS

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- Goals and NDIS plans



- How people use their NDIS plans



Register for the workshop at the link.

Link:

<https://us02web.zoom.us/meeting/register/tZAscuqgrD4pH9DLPbMyRNgxxaIKmQHRpLE>
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People with Disability Australia Leading Change webinar



People with Disability Australia are having a webinar.



The webinar is called Leading Change.



It is for women with disability who want to learn more about being a leader.

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The webinar is on Friday 8 March from 10.30am to 12pm.

Link: <https://events.humanitix.com/leading-change-a-webinar-for-women-with-disability-in-leadership>

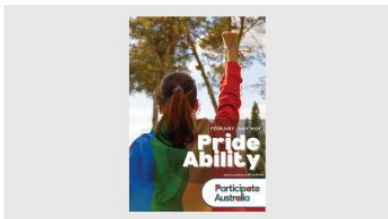
PrideAbility Mardi Gras events



PrideAbility is a group for people with intellectual disability who are LGBTIQA+.



PrideAbility used to be called Rainbow Bridge Social Club.



PrideAbility has some events happening in the next couple of months.

Link:

<https://participateaustralia.com.au/prideability/>