



My Strengths

Conversation cards



My Strengths Cards

These cards can help you think about your strengths.

Strengths are the things that come easy to you like being friendly or kind.

Knowing your strengths can help you choose a job that is right for you.



I am kind



I am a leader



I am curious



I am flexible



I am organised



I am friendly



I am caring



I am honest



I am brave



I am thoughtful



I am creative



I am helpful



I am energetic



I like teamwork



I like to try new things



I am calm



I like new ideas



I am positive



I am on time



I like to write



I like to read



I like to public speak



I am funny