



Council for
Intellectual Disability



How to find a new doctor guide

A guide for people with intellectual disability about how you can find a new doctor.



Easy Read

www.cid.org.au

Going to a new doctor



It helps to go to a doctor you know.



You and your doctor can learn about your health.



When your doctor knows you well you can get better health care.

How to choose a new doctor



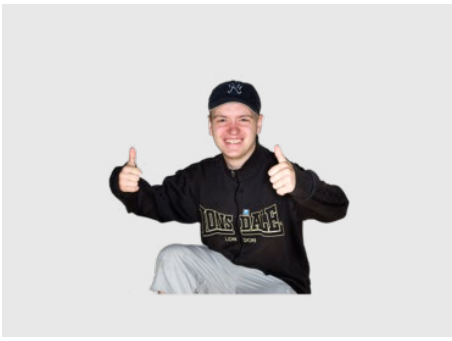
One day you might need to find a new doctor.



You might find a new doctor if

- You move away
- Your doctor moves away

You are not happy with your doctor.



You should choose a doctor you feel OK with.



This could be a man or woman doctor.



You can choose a doctor that is easy to get to.



You can choose a doctor who is near buses and trains.



You can ask your friends about good doctors they know.



You can ask your old doctor for help.

The logo for Medicare Bulk Billing. The word "medicare" is written in a yellow, lowercase, sans-serif font inside a green, rounded rectangular shape. Below it, the words "Bulk Billing" are written in a green, bold, italicized, sans-serif font.

You may need a doctor who does **bulk bill**.

Bulk bill means Medicare will pay the doctor.



You pay the doctor if the doctor does not bulk bill.



You can get some of the money back from Medicare.

The logo for Healthdirect. The word "health" is in a dark blue, lowercase, sans-serif font, and "direct" is in a red, lowercase, sans-serif font. Above the "i" in "direct" are three small circles in red, orange, and yellow.

You can call **Healthdirect** on **1800 022 222** for information on doctors.

When you meet a new doctor



You can have someone to support you when you visit the new doctor.



You can ask the doctor questions.



This can help you make your own decisions about your health.



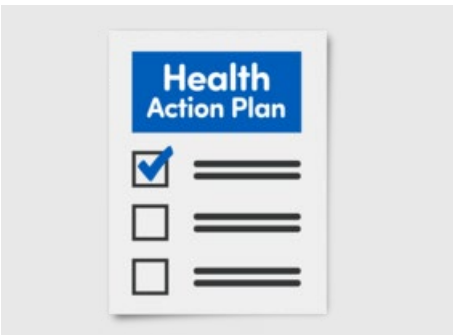
You can ask the new doctor to speak slowly.



You can ask the doctor to break down information into small steps.



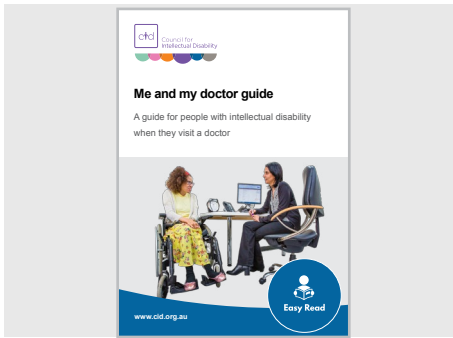
You can ask the doctor to show you pictures.



Ask the doctor to write down what you need to do.



You can talk with your supporter after the appointment.



See the Me and my doctor guide here to learn more.

www.cid.org.au/resource/me-and-my-doctor-guide



View all our easy read health information guides and resources here

www.cid.org.au/resource-tag/health-guide



Contact CID



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Council for Intellectual Disability made this document Easy Read. CID for short. You need to ask CID if you want to use any pictures in this document. You can contact CID at health@cid.org.au

This information guide was written in 2024.

We got money from the Australian Government Department of Social Services to make this guide.