

## News from CID



Our CEO Georgina resigned.

Resigned means she has left her job.



She needs to be with her family overseas.



We are sad she is going.

We wish Georgina all the best.

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Tracy Wright will be the CEO for now.



She will be the CEO until the end of July.



Tracy has been CEO before.

She knows how to do it.



The Board will look for a new CEO.

## How to use the My Health Appointment form



The My Health Appointment form can support you to get what you need out of your health appointments.

Link: <https://cid.org.au/resource/my-health-appointment-form/>



It can support you to

- Plan your appointment



- Take notes during your appointment

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- Know what to do after your appointment.



We made a video about the different ways you can use the form.

Link: <https://www.youtube.com/watch?v=jt03-VIFKpY>

## How to use the My Health Matters folder



The My Health Matters folder can support you to talk to health workers about your health.

Link: <https://cid.org.au/resource/my-health-matters-folder/>



It can support you to

- Show health workers how you like to communicate



- Talk to health workers about what your health is like

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- Tell health workers about medicines you take



- Keep track of your health workers and their contact details



- Show health workers how you are feeling.



We made a video about how you can use the My Health Matters Folder.

Link:

<https://www.youtube.com/watch?v=R1AYRZl-mn0>

## From the archives – Dancer, Director and Dreamer



Jianna Georgiou is a dancer.



She dances with the Restless Dance Theatre.

This is a group of dancers with and without disability.



The ABC wrote an article about her.

Link: <https://www.abc.net.au/news/2024-05-29/jianna-georgiou-restless-dance-company-vivid-sydney/103902090>

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The ABC made a video about the dance group with Jianna.

Link:

[https://www.youtube.com/watch?v=pdKx32\\_x4HQ](https://www.youtube.com/watch?v=pdKx32_x4HQ)



We talked to Jianna on our podcast in January 2022.

Link: <https://cid.org.au/our-stories/dancer-director-and-dreamer/>



### Learn 2 Lead



Learn 2 Lead is a CID Board group.



You can learn more about the CID Board groups here.

Link: <https://cid.org.au/board-groups/>



Learn 2 Lead is meeting on Thursday 18 July.

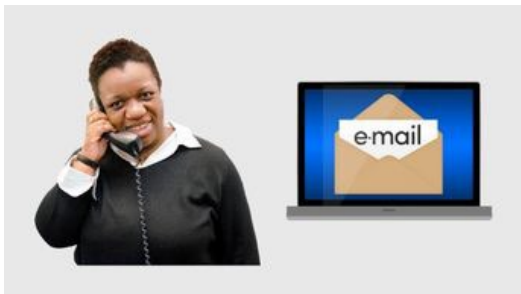
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It is for members of CID.



Members can come online or in person.



If you want to join Learn 2 Lead

- email [business@cid.org.au](mailto:business@cid.org.au)
- call [1800 424 065](tel:1800424065).

## Customised Employment videos



Customised Employment

Imagine More made some videos about **Customised Employment**.



**Customised Employment** is when a company makes a job for a person.



They think about the person and their

- skills
- interests.

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This means the job works well for everyone.



You can watch the videos here.

Link:

<https://imaginemore.org.au/resources/employment-and-microenterprise/c-e-animated-video/>

## International Day of People with Disability story tellers



International Day of People with Disability is on 3 December.



The ABC wants to have some stories ready for the day.



They want to support people with disability to tell their stories.

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They can help people make stories with

- writing



- sound recordings



- videos



- pictures.

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You can apply to tell your story here.

Link: <https://www.abc.net.au/news/2024-06-04/idpwd-abc-callout-for-2024/103896448>



If you need help to apply you can email [ABCInclusive@abc.net.au](mailto:ABCInclusive@abc.net.au).



You have to apply by midnight on Monday 8 July.

## Dulcie Stone Writers Competition



The Dulcie Stone Writers Competition is for writers with intellectual disability.



The theme this year is dreaming.



You can write a story about dreaming and send it in.



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You could win prize money.



You can learn more here.

Link: <https://valid.org.au/dulcie-stone-writers-competition-2024/>



You have to send in your story by Monday 2 September.

## Study about sexuality



Some researchers at University of Sydney want to talk to

- people with intellectual disability
- age 18 or older.



They want to know what you think about

- sex



- relationships

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They have a survey you can fill out.



They also want to interview people.



You can find out more in this fact sheet.

Link: <https://cid.org.au/wp-content/uploads/2024/06/sexuality-study.pdf>



You can fill out this page to let them know if you are interested.

Link:  
<https://redcap.sydney.edu.au/surveys/?s=KJKFLXETE4TDKY4L>

## Disability Dialogue survey



There is a new website called Disability Dialogue.

Link: <https://disabilitydialogue.com.au/>



It is for people who want to talk about disability.



They want to know what supports would make your life better.

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You can fill out their survey here.

Link:

<https://disabilitydialogue.com.au/projects/disability-discovery-project/>

## National Carers Survey



Carers NSW wants to hear from **carers**.



**Carers** are people who support someone they care about to do things they need help with in daily life.



This could be a

- friend
- family member

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You might have carers.

You can tell them about the survey.



You might be a carer yourself.



If you are a carer you can learn more about the survey here.

Link: <https://www.nationalcarersurvey.com.au>