



What the government said about the DRC



The **Disability Royal Commission** spoke to lots of people with intellectual disability.

We say **DRC** for short.



People with intellectual disability and family members told the DRC hard stories.



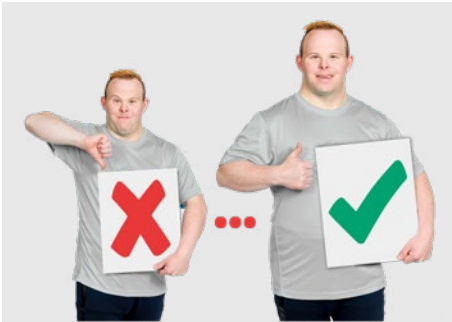
Some of these were about hurt and death.



They said health care is not good for people with intellectual disability.



The DRC had 26 ideas about health care for people with disability.



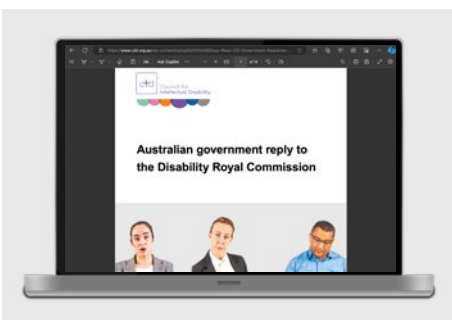
The ideas are changes to make things better.



The Australian government does not support many of the ideas.



CID is not happy about this.



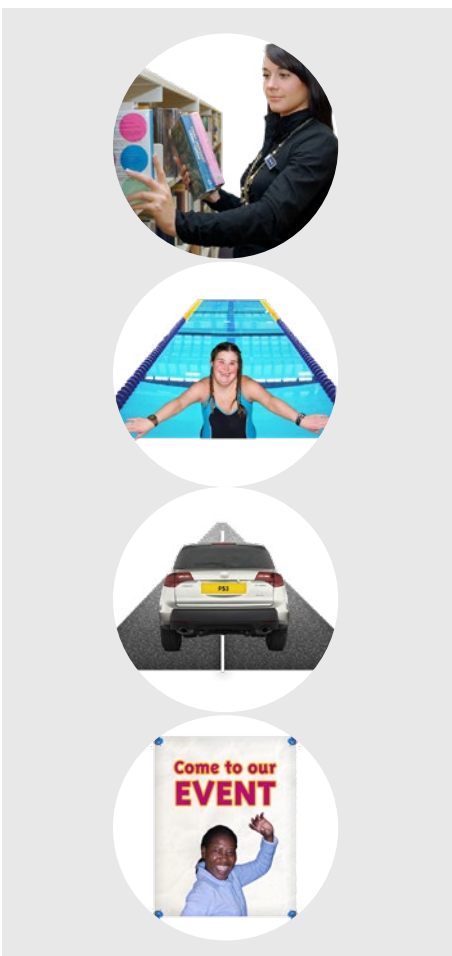
Read our Easy Read information to find out more.

www.cid.org.au/wp-content/uploads/2024/08/Easy-Read-CID-Government-Response-to-Disability-Royal-Commission-final.pdf

How to vote at the local elections



NSW local council elections are on Saturday 14 September.



You are voting for people to make decisions on things like

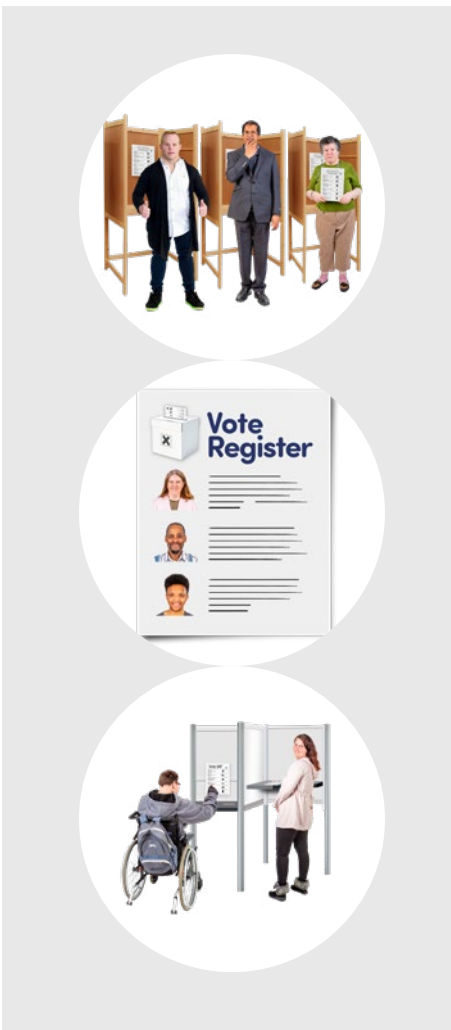
- libraries
- pools and ovals
- roads
- events



CID has worked with the NSW Electoral Commission to make a video about voting at the election.

In the video CID Members Lex and Sarah tell us about:

- our right to vote
- how to enrol to vote
- the different ways to vote.



You can watch it here.

www.youtube.com/watch?v=u-A9EB_v1NU

New projects at CID



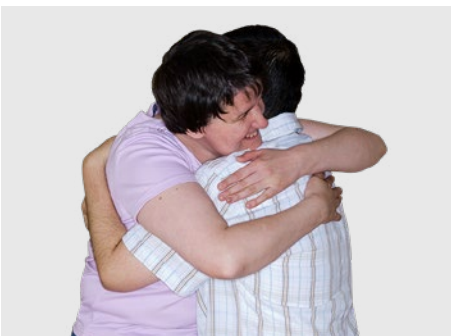
CID has funding for 4 new projects.



One of these new projects is called My Relationships Matter.



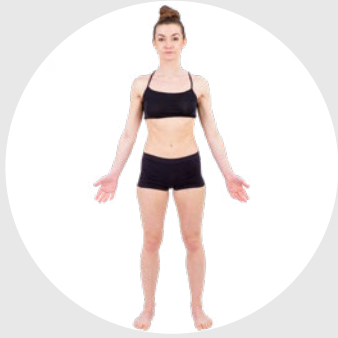
The project is for women with intellectual disability.



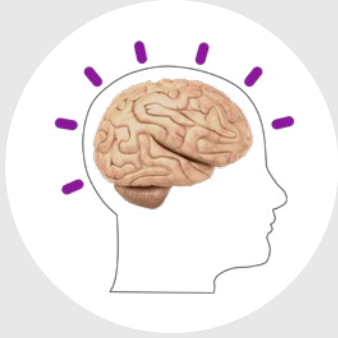
The project is about **relationships** and **sexual health**.

Relationships means romance and sex.

Sexual health includes:



- Your body



- Your mind



- Your emotions



- Your gender



- Your sexuality

CID will



- do training

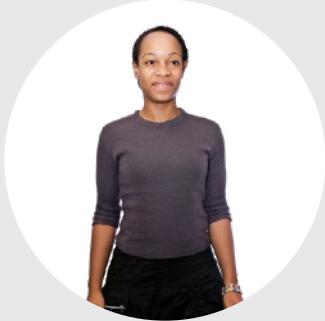


- make resources

These will help women



- make choices

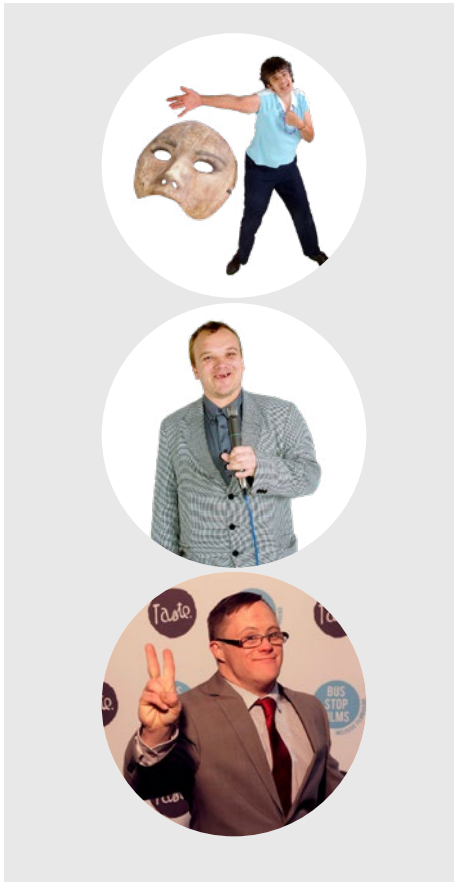


- be safe



- be healthy

Podcast – Lights, Camera, Advocacy



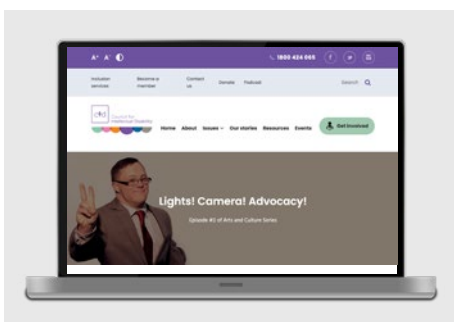
Gerard O'Dwyer is an

- actor
- speaker
- performer



He has been in

- film
- television
- theatre



In this podcast episode Gerard tells us about his life and his work.

www.cid.org.au/our-stories/lights-camera-advocacy

Board groups



These CID Board groups are coming up in September.



You can learn more about the CID Board groups here.

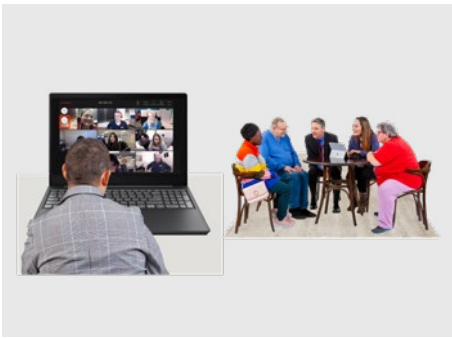
www.cid.org.au/board-groups



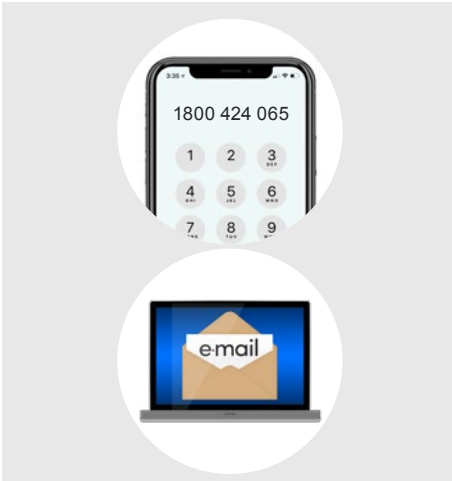
The Advocacy Group will meet on Thursday 12th September 2-4pm.



It is for CID members.



Members can come online or in person.



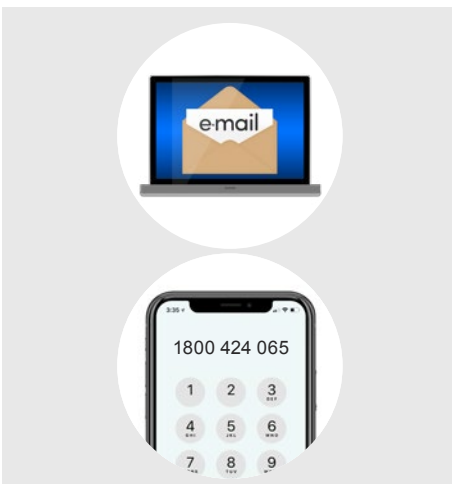
If you want to join the Advocacy Group

- Call 1800 424 065
- Email advocacy@cid.org.au



Learn 2 Lead will meet on Thursday 19 September.

It is for CID members.



Members can come online or in person.

If you want to join Learn 2 Lead

- email business@cid.org.au
- call 1800 424 065.

Inclusion strategy focus groups



CID will have focus groups in September.



We are doing this with The National Centre of Excellence in Intellectual Disability Health.

We say the Centre for short.



The focus groups will help the Centre think about inclusion.

This is a very important part of its work.

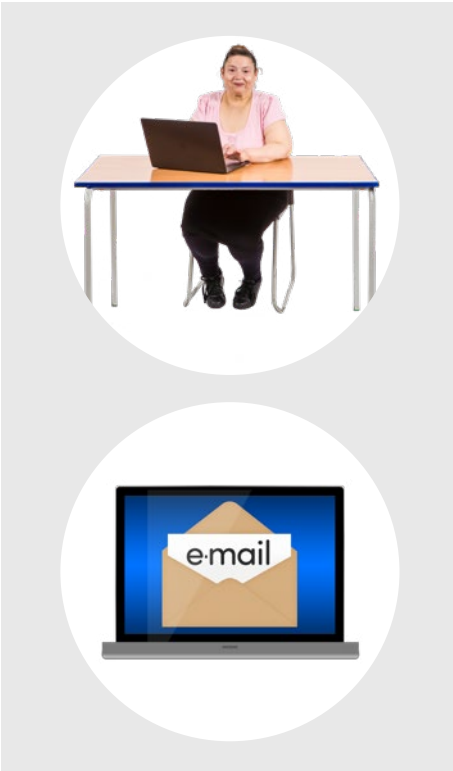


You will be paid for your time.



To find out more read our info sheet

<https://cid.org.au/wp-content/uploads/2024/08/Easy-Read-Inclusion-Strategy-Focus-Group.pdf>



To show your interest

- you can fill in this form

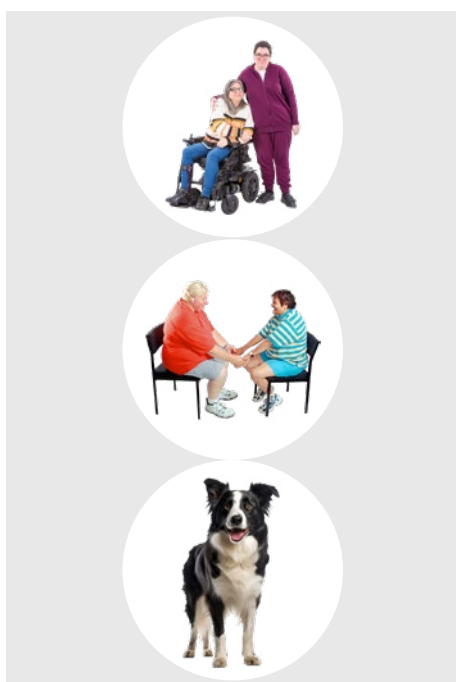
<https://forms.office.com/r/aV6zpK3TCE>

- or email Nicole Ascaino at nicolea@cid.org.au

Palliative Care guides



Palliative Care Victoria and VALID have made guides to help people talk about death and loss.



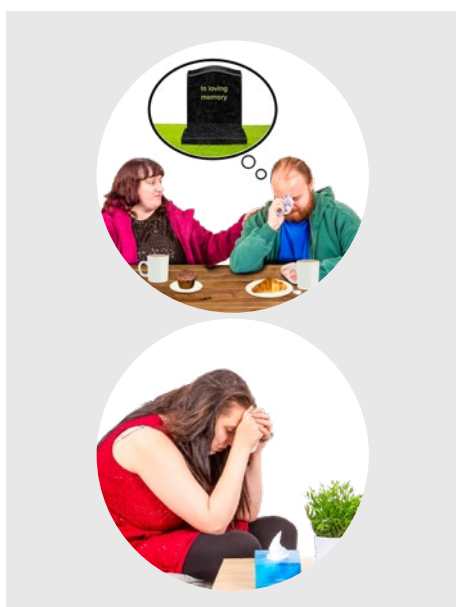
When a

- family member

- friend

- pet

dies it can be very hard.



The easy read guides talk about

- What death is

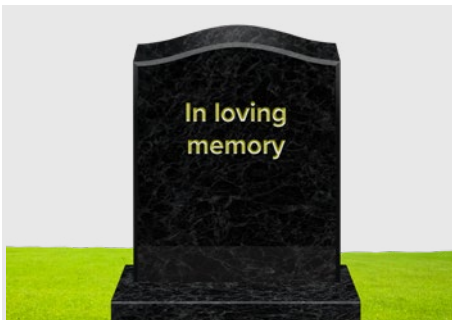
- How it can feel when a person or a pet dies.



The guides also talk about **palliative care**.



Palliative care is special help for someone who is near the end of their life.



End of life means someone has an illness or a condition that means they will die.

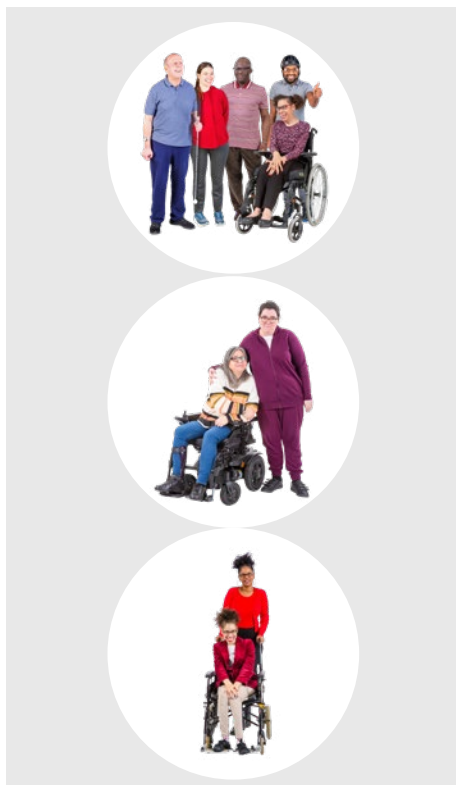


It helps make people comfortable before they die.



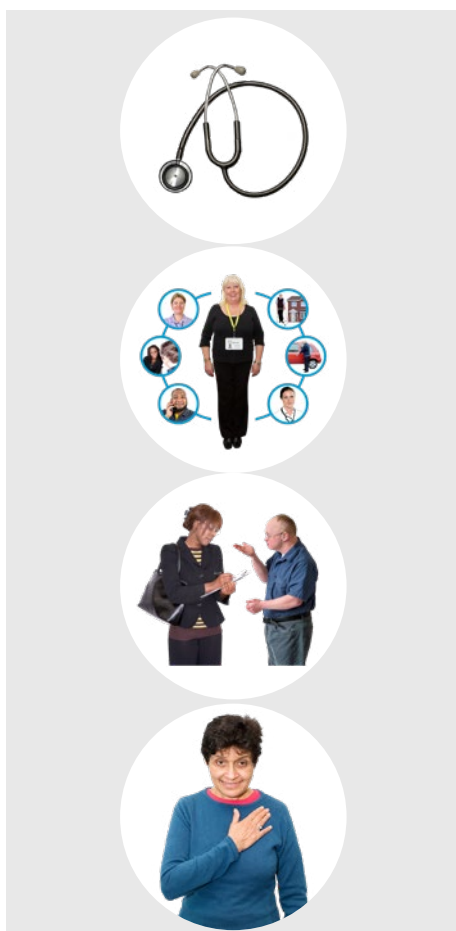
See the guides
<https://valid.org.au/ppalliative-carew-easy-read-resources-nbsp>

Disability Consumer Rights Information Sessions



The City of Parramatta is holding free information sessions for

- People with disability from Western Sydney
- Their family members
- Carers.



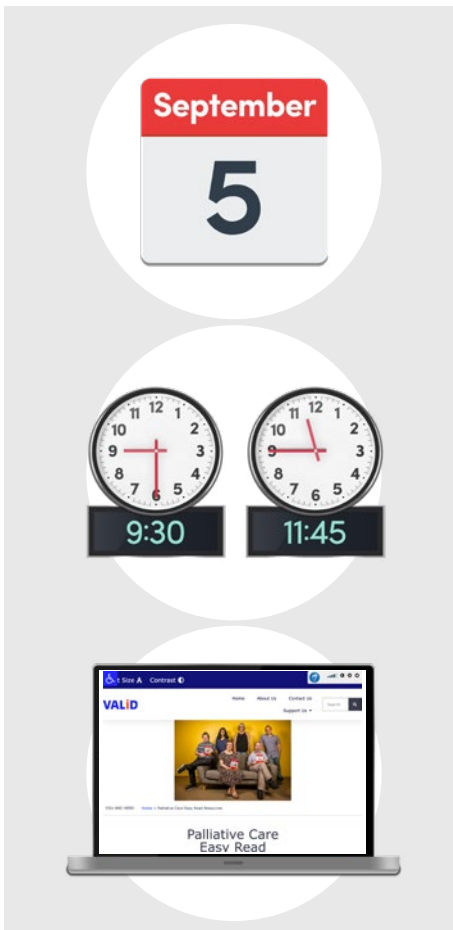
The sessions are about

- Your rights when using services like health care in NSW
- What you should expect from services
- How to make complaints
- How to make sure services do the right thing for you.



People from these organisations will be at the sessions

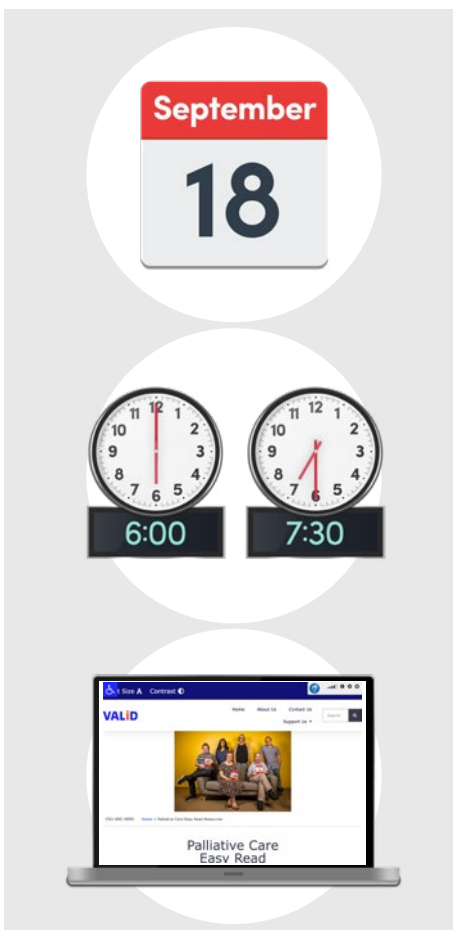
- NDIS Quality and Safeguards Commission
- Fair Trading NSW
- NSW Health Care Complaints Commission
- City of Parramatta – NDIS Coordination Service.



In person session are

- on Thursday 5 September
- from 9.30am to 11.45am

Link: https://parramatta-events.bookable.net.au/#!/event-detail/ev_fe4368996970473b9d25e9b2d8f1aad4



You can come to a session online on Teams

- on Wednesday 18 September
- from 6pm to 7.30pm

Link: https://parramatta-events.bookable.net.au/#!/event-detail/ev_33d2eb84a81246e3b3d8d2ba62d97ccc



Contact CID



1800 424 065



info@cid.org.au



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