

AGM Update



We had our **annual general meeting** on Tuesday 21 October.

We say **AGM** for short.



The **AGM** is a meeting we have every year to

- Talk about the work that CID does



- Vote for members of the board.

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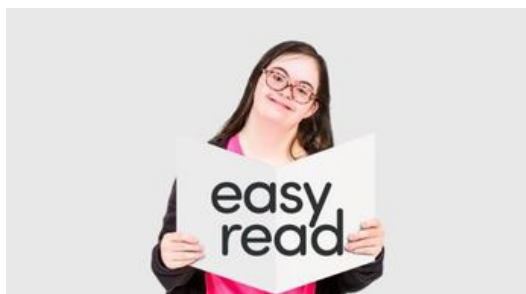
This year 3 new people were voted on our board.



We will tell you more about them in our next eNews.

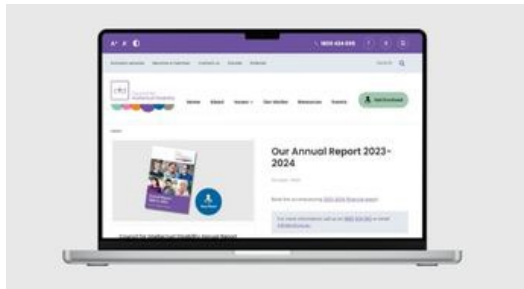


Our members also accepted our new annual report.



The annual report is in easy read.

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You can download the annual report here

<https://cid.org.au/resource/our-annual-report-2023-2024/>

Our Patron Robert Strike



At our AGM we said that Robert Strike will be our new **Patron**.



A **Patron** is someone who supports CID by speaking up about the work we do.



Robert has been part of the CID Board for a long time.

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Robert has spoken up about

- Accessible information



- Including people with intellectual disability



Robert says that it is important to work as a team to do great things together.

New projects at CID



CID got money for 4 new projects.

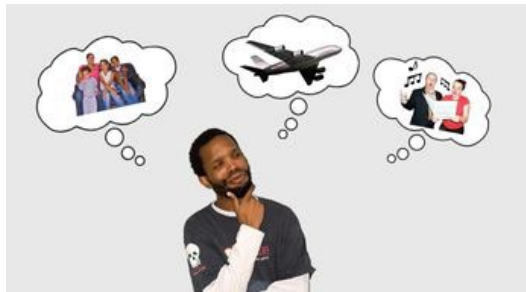


One of these projects is about **Palliative care**.



Palliative care is health care that happens when someone is sick and will die soon.

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It helps people do things that are important to them.



We will make resources.



We will run workshops.



The resources and workshops will be for

- People with intellectual disability

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- Health workers



People with intellectual disability will learn about

- End of life planning



- End of life healthcare

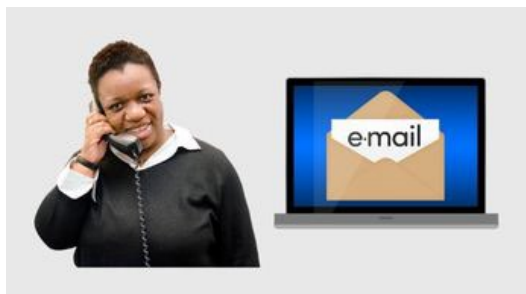


- How to get good support.

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Health workers will learn about how to talk to people with intellectual disability about palliative care.



If you want to find out more information you can

- Call CID on 1800 424 065
- Email info@cid.org.au.

Painting for Love and a Living



In this podcast episode we talked to Lauren Kerjan.



Lauren is an artist.



We talked about

- How she makes art
- What it is like to be an artist with intellectual disability.

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You can go to this link to



- Find out more about Lauren
- See some of her paintings

Link:

<https://www.studioa.org.au/pages/lauren-kerjan>



You can listen to Painting for Love and a Living at the link.

Link: <https://cid.org.au/our-stories/painting-for-love-and-a-living/>

Making organisations more inclusive

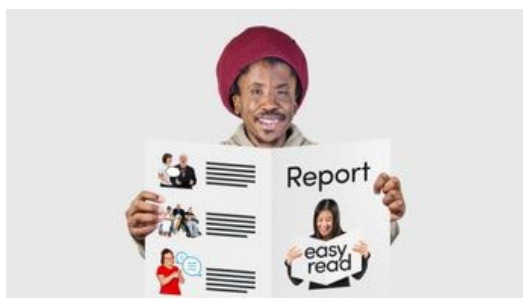


CID has services to help organisations be more **inclusive**.

Inclusive means something everyone can be part of.



We have workshops to teach people to write in Easy Read.



We can make information into Easy Read for organisations.

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We can help organisations make plans to be inclusive.



We can ask people with intellectual disability what they think about the plans.



You can tell organisations you go to about these services.



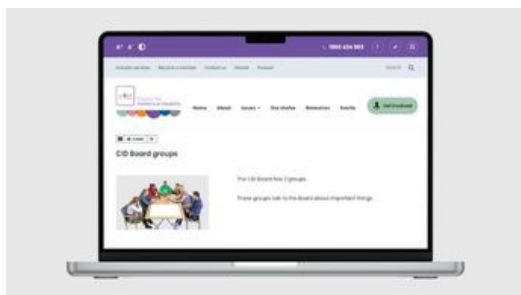
You can show them this website.

<https://cid.org.au/inclusion-services/>

Board groups



These CID Board groups are coming up in November.



You can learn more about the CID Board groups here.

Link: <https://cid.org.au/board-groups/>



The Advocacy Group is meeting on Thursday 14 November.

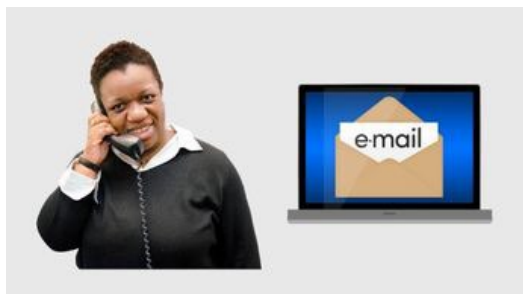
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It is for CID members.



Members can come online or in person.



If you want to join the Advocacy Group

- Call [1800 424 065](tel:1800424065)
- Email advocacy@cid.org.au

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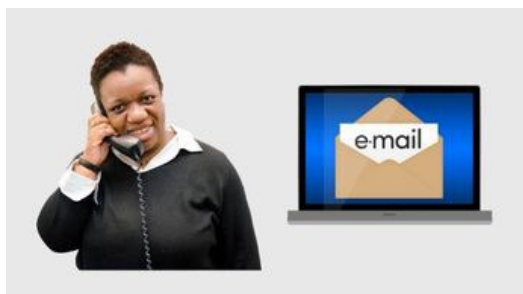
Learn 2 Lead is meeting on Thursday 21 November.



It is for members of CID.



Members can come online or in person.



If you want to join Learn 2 Lead

- Email business@cid.org.au
- Call [1800 424 065](tel:1800424065)

Digital Champion jobs at Down Syndrome Australia



Down Syndrome Australia is hiring people with intellectual disability.



They are hiring people to be **Digital Champions**.

Digital Champions will teach other people with intellectual disability how to be safe online.

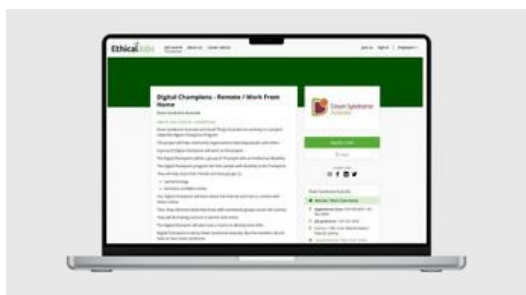


Anyone with intellectual disability can apply.

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You do not need to have down syndrome to apply.



You can find out more about the job here

<https://www.ethicaljobs.com.au/members/DownSyndromeAus/digital-champions-x10-remote-work-from-home>



You have to apply by Tuesday 5 November at 5pm.

Foundational Supports



The Australian government wants to know what people think about **Foundational Supports**.



Foundational Supports are services you can access without the NDIS.



Children and Young People with Disability Australia are doing a survey about Foundational Supports.

We say **CYDA** for short.

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CYDA wants to tell the government what young people with disability need.



They would like to hear from young people with disability up to age 25.



You can do the survey here

<https://www.surveymonkey.com/r/7PTZJ7L>



There is an Easy Read guide to the survey here

Link: <https://tinyurl.com/4ftanuun>

Having a Say Conference



VALID is having a conference called Having a Say.



It is for people with intellectual disability.



You can learn more about the conference here

<https://valid.org.au/having-a-say/>

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You can register for the conference here

<https://events.humanitix.com/having-a-say-conference-2025>



There are 2 contests happening at the conference.



Having a Say's Got Talent is a talent contest.



You could

- Sing

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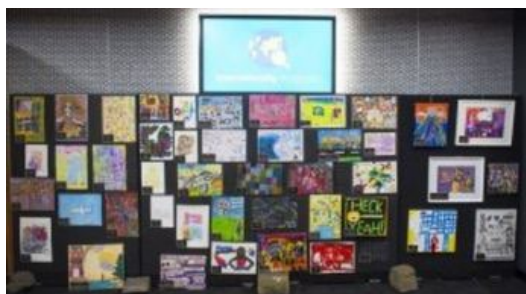
- Dance



- Play an instrument



- Perform in another way.



The Barbara Donovan and Sarah Guilfoil Art Competition is an art contest at the conference.

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You can enter 1 drawing or 1 painting.



The artwork needs to be on conference theme.

The theme is The Future is Ours!



You could win a cash prize.



You can learn more about the contests here

<https://valid.org.au/having-a-say-competitions/>

Women in Social Enterprise Network



The Women in Social Enterprise Network is for women and **non binary people** who are leaders at a **social enterprise**.



Non binary people are people who do not feel like they are a man or a woman.



A **social enterprise** is a business that does good things for

- People
- The environment.

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You can learn more and join here

<https://www.secna.org.au/women>

Screen Me



The Australian Department of Health has made some information about **cervical screening**.

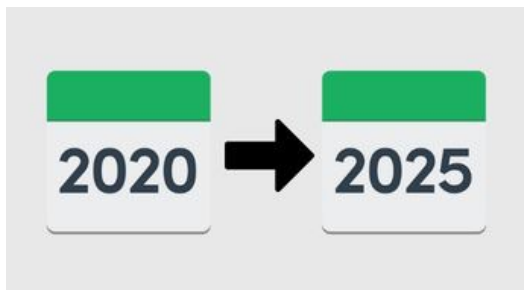


Cervical screening is a medical test for people who have a **cervix**.



The **cervix** is a part of the body that is at the top of the vagina.

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If you have a cervix you should have a cervical screening every 5 years.



You need to do this if

- You are between 25 and 75



- You have had sex with anyone.



Talk to your doctor if you think you need a cervical screening.

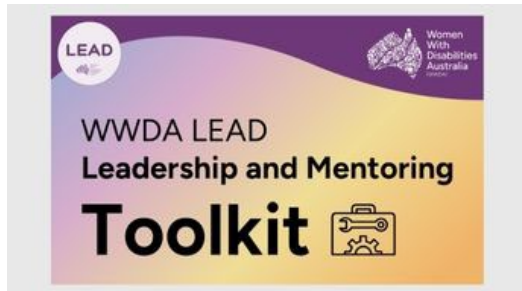
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You can see the Screen Me video and more information here

<https://www.health.gov.au/screen-me>

LEAD Toolkit



Women with Disability Australia has made information about leadership for women and non binary people.



They call this information a **toolkit**.

This toolkit can help you learn more about being a leader.



You can download the Easy Read version of the toolkit here

<https://wwda.org.au/wp-content/uploads/2024/09/5806-WWDA-Leadership-Mentoring-toolkit-ER-FA-Accessible-PDF.pdf>

Down Syndrome Australia video



Down Syndrome Australia made a video about what it is like to have down syndrome.



They talked to

- People with down syndrome
- Family members.



You can watch the video here

<https://www.facebook.com/DownSyndromeAustralia/videos/483459294660594/>