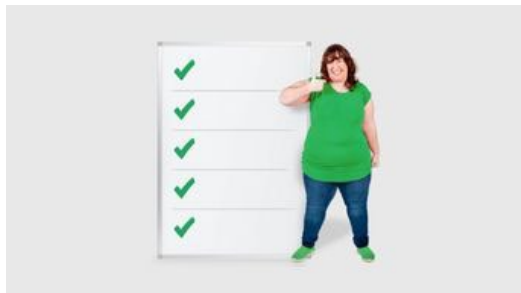


Our Health Still Counts update



Our Health Still Counts is about health for people with intellectual disability.

Link: <https://cid.org.au/ourhealthstillcounts>



We have some updates about Our Health Still Counts campaign.

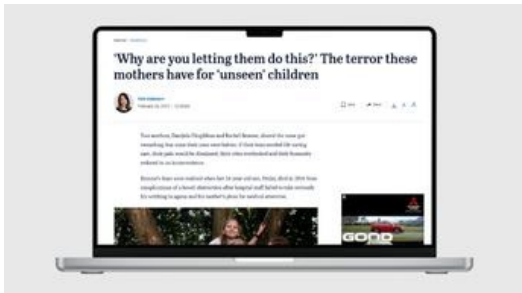


We spoke to politicians about intellectual disability health.



There were stories in the news about intellectual disability health.

One story was in the Sydney Morning Herald.



Link:

<https://www.smh.com.au/healthcare/why-are-you-letting-them-do-this-the-terror-these-mothers-have-for-unseen-children-20250220-p5ldpk.html>



Another story was on ABC News.

Link: <https://www.abc.net.au/news/2025-02-26/intellectual-disability-health-inequality/104937474>



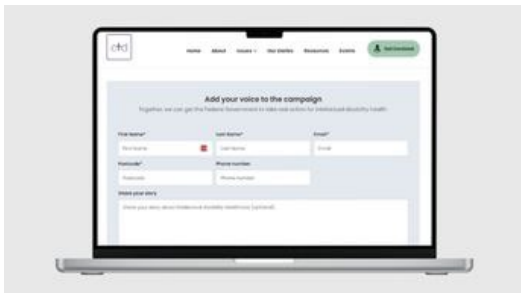
ABC News also had a video.

Link: <https://cid.org.au/our-stories/abc-news-health-outcomes/>



You can help us with Our Health Still Counts.

You can tell your story



- Fill out the form on our website with your story

Link: <https://cid.org.au/our-campaigns/our-health-still-counts/#addyourvoice>



- Email your story to advocacy@cid.org.au



- Call us on [1800 424 065](tel:1800424065) to tell your story.

Your Service Your Rights conversation cards



Your Service Your Rights cards tell stories about people using disability services.



When you talk about these stories it will help you know if you are getting good service.



You can download the Your Service Your Rights cards from our website.

Link: <https://cid.org.au/resource/your-service-your-rights-cards/>

Sparkles strength and speaking up



This podcast episode is about Leigh.



He talks about

- How he speaks up for the environment



- How he speaks up about disability



- His hobbies.



You can listen to the episode here.

Link: <https://cid.org.au/our-stories/sparkles-strength-speaking-up/>

Making organisations more inclusive



CID does work to help organisations be more **inclusive**.

Inclusive means we can all be part of things.



We have workshops to teach people to write in Easy Read.



We can make information into Easy Read for organisations.



We can help organisations make plans to be more inclusive.



We can ask people with intellectual disability what they think about things that organisations want to do.



You can tell organisations you know about these services.



You can show them this website.

<https://cid.org.au/inclusion-services/>

Advocacy Group



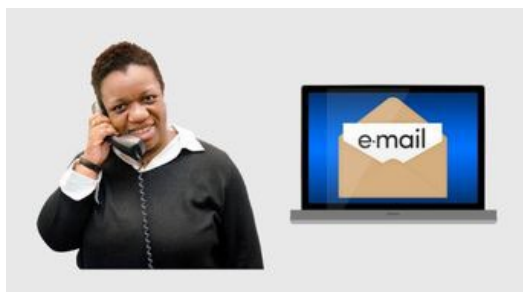
The Advocacy Group will meet on Thursday 10 April.



It is for CID members.



Members can come online or in person.



If you want to join the Advocacy Group

- Call [1800 424 065](tel:1800424065)
- Email advocacy@cid.org.au.

Paid photoshoot for Women NSW

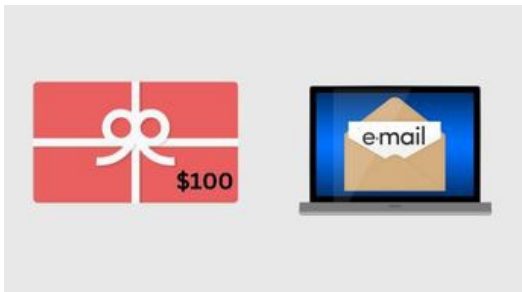


Women NSW is looking for women to do a photoshoot.



The photos will only be used

- On social media
- In other things on the internet.



You will get

- A \$100 voucher
- An email with the photos.



The photoshoot will be on Monday 7 April.

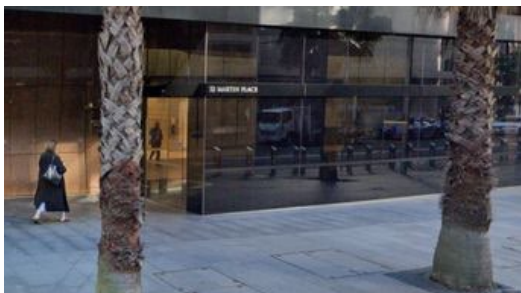


If you can not do that day you should still email the team.

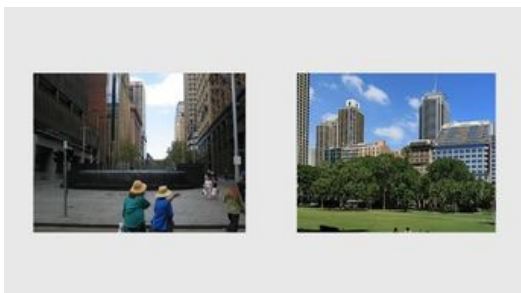
They will do more photoshoots in the future.



The photoshoot will take about 2 hours.



They will meet at 52 Martin Place.



There may be a short walk to Martin Place or Hyde Park.



They will take pictures of people doing things like

- Talking together



- Walking



- Using a phone



They want to take photos of women who are

- Aged 18 to 75



- From different races



- Who have a disability



- Who speak different languages.



If you want to do the photoshoot you can email them at

womennswsocials@tco.nsw.gov.au/.



You should tell them your

- Full name
- Age group
- Phone number.



You can call [0402 924 010](tel:0402924010) for more information.

National Centre for Excellence in Intellectual Disability Health Conference



CID is part of the **National Centre of Excellence in Intellectual Disability Health**.

We call it the **Centre** for short.



The **Centre** works to make health care better for people with intellectual disability.



The Centre is having a conference from 3 to 4 July.

Link: <https://nceidh.org.au/conference>



The conference is for anyone who is interested in intellectual disability health.



There are **scholarships** to support you to go to the conference.



A **scholarship** is money you can use to learn something.



Learn more about the scholarships at the link.

Link: <https://nceidh.org.au/conference-scholarships>

Vaccine information



The **Department of Health and Aged Care** supports Australians with their health.



They have made some fact sheets about **vaccines**.



Vaccines are medicines that help your body fight sickness.



The fact sheets say

- What vaccines children should get



- Why vaccines are important.

Download the fact sheets here.



Link: <https://www.health.gov.au/childhood-immunisation/resources/collections/easy-read-resources>

Urgent Care Clinics



Medicare has Urgent Care Clinics for times when you need to see a doctor quickly.



They are for times when you do not need to go to the hospital emergency room.



Medicare Urgent Care is free.



You do not need an appointment to go.



Learn more about Medicare Urgent Care Clinics here.

Link: <https://www.health.gov.au/find-a-medicare-ucc>

Social media research



The Centre for Disability Studies is doing research on how people with intellectual disability use **social media**.



Some examples of **social media** are

- Facebook



- Instagram.



The researchers want to find out how social media helps you

- Talk to others



- Show who you are online.

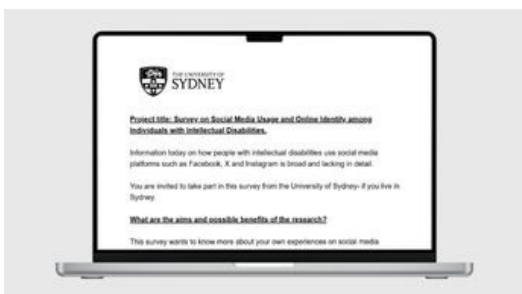


You can do this research if you are 18 or older.



You can learn more about the research in this Easy Read information

Link: <https://cid.org.au/wp-content/uploads/2025/03/social-media-study.docx>



You can fill out their survey here.

Link: https://sydney.au1.qualtrics.com/jfe/form/SV_9LJtKII08SPfTM2



For more information you can email

- Ryandavid.andriesz@sydney.edu.au
- catherine.pagejeffery@sydney.edu.au

Disability policy research



Researchers at the Australian National University want to hear from people with disability.



They want to interview people about

- Working



- Going to school.



You can learn more about the research in this Easy Read information.

Link: <https://cid.org.au/wp-content/uploads/2025/03/Easy-Read-Information-Sheet-and-Consent-Form-pdf.pdf>



For more information get in touch with Hilda Agyekum

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- By phone at [02 6125 1756](tel:0261251756).