



Council for
Intellectual Disability



How we can remember disability self advocates



Easy Read

www.cid.org.au

About this information



The organisations that made this information are

- NSW Council for Intellectual Disability

- University of Technology Sydney.



This information is about how we can remember disability **self advocates**.



Self advocates are people with disability who speak up for their rights.



Lots of self advocates spoke up about **disability institutions** in the past.



Disability institutions are big places where many people with disability used to live.



Self advocates helped close down the disability institutions.



We want to remember the things self advocates did to close disability institutions.



We talked to lots of self advocates with intellectual disability to make this information.

We talked to self advocates who had



- Been in institutions



- Never been in institutions.



They shared their ideas and told us their stories.



It can be hard to talk about disability institutions.

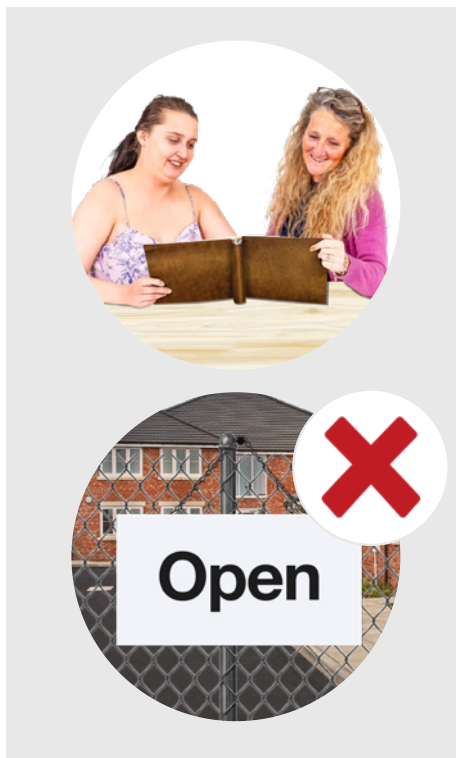


You can ask for support to read this information.

How we can remember self advocates



It is important we remember disability self advocates who helped close the institutions.



This is so we can

- Remember all the hard work they did

- Make sure disability institutions do not happen again.



We need to remember what self advocates did to get the disability institutions closed.

The disability self advocates did things like



- Speak up for their rights



- Go on marches and protests



- Write letters and talk to government.



A lot of self advocates did this together as a group.



Other self advocates did this on their own.



It took a long time for the disability institutions to be closed.



Disability self advocates started speaking up about disability institutions in the 1970s.



The last disability institutions in NSW only closed in the last few years.



If the self advocates did not speak up then the institutions might still be open.



It is important we remember the people who lived in the disability institutions.



They went through a lot of hard things.



Many of the people with disability in institutions got in trouble if they spoke up.

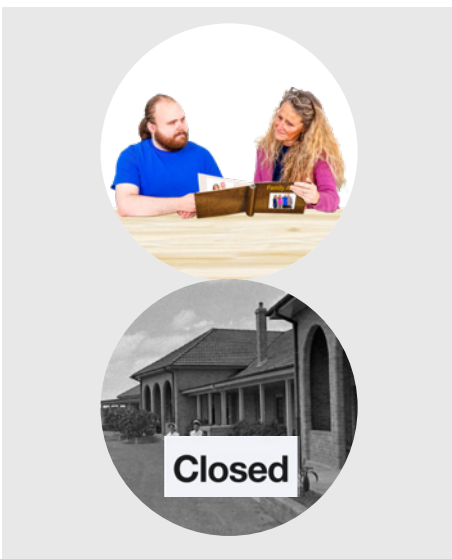


They were very brave for speaking up.

Things we can do to remember self advocates



There are things we can do now to remember disability self advocates.



We can listen to their stories about

- Their life
- How they helped close disability institutions.



We can share their stories with other people.



We can write their stories down.



There are other ways we could remember self advocates who helped close institutions.



The self advocates we spoke to shared their ideas for this.



They said we could make websites that say how institutions were closed.

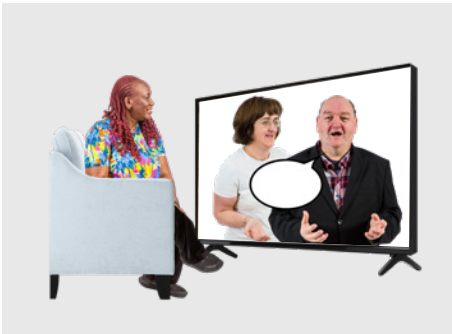


This will help everyone remember

- The hard things people with disability went through
- The good things self advocates did to close the institutions.



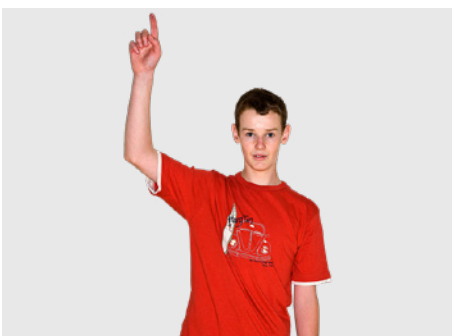
We could make videos that tell the stories of self advocates.



This would help people hear and remember their stories.



There could be more education about disability institutions in schools.



This would help young people learn about what the self advocates did.

Council for Intellectual Disability made this document Easy Read. **CID** for short. Email CID at business@cid.org.au if you want to use any of the pictures.