

What is a scam?



A scam is when someone tries to get your

- Money



- Personal information.



A scam is a crime.



We have a new Easy Read resource about scams.

Link: <https://cid.org.au/resource/scams>



It can help you stay safe.

More Than Just a Job Conversation Cards in Chinese and Arabic



We have translated our More than Just a Job Conversation Cards into

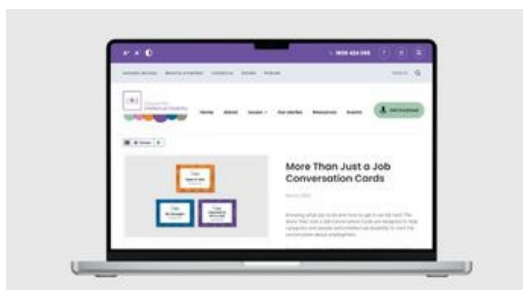
- Arabic



- Simplified Chinese



- Traditional Chinese.



You can download the cards for free on our website.

Link: <https://cid.org.au/resource/more-than-just-a-job-cards/>

Anti-Discrimination Act review



This is about the **NSW Anti-Discrimination Act**.

We say **ADA** for short.



The ADA is a law that says it is illegal to **discriminate** against people.

Discriminate is when someone treats you badly because of who you are.



You can be discriminated against for having a disability.



There is a review happening to make the ADA

- Simpler



- More useful



- Easier to understand.



CID will write to the review.

We will say how the ADA can work better for people with intellectual disability.



We want to hear about

- Times when you have been discriminated against



- What you think about discrimination.



We will tell some of these stories when we write to the review.



If we share your story we will not tell them who you are.



Share your story with us by 4 August.



You can

- Email advocacy@cid.org.au
- Call 1800 424 065.



You can also write your own submission.



You can do an Easy Read survey about the ADA.

Link:

https://lawreform.nsw.gov.au/documents/Current-projects/ada/cp24/Easy_Read_ADA.pdf



You can email the survey to them or ask any questions at adareview@dcj.nsw.gov.au.

Young Leaders workshops



CID is working on a Young Leaders project.



It is for people with intellectual disability aged 15 to 25.



The project will help young people with intellectual disability be the boss of their own lives.



We have some new workshops for young people with intellectual disability.



We want young people to

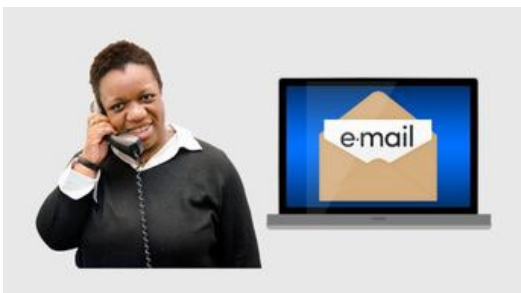
- Try out the workshop



- Tell us what you think.



We will pay you for your work.



For more information or to sign up

- Email young.leaders@cid.org.au
- Call [1800 424 065](tel:1800424065).

Testing new resources about women's health



CID has made new resources about **sexual and reproductive health** for women.



Good **sexual health** means you

- Have safe sex



- Know your choices



- Keep your body and mind safe.



Good **reproductive health** means keeping parts of your body healthy if you have a baby.



We are looking for women 16 years or older with intellectual disability to help us.



We want to make sure our new resources

- Are easy to read



- Have the right information



- Look good.



If you would like to help us check these resources join one of our meetings.



They will run from Monday 1 September to Friday 5 September.



You will be paid for your time.



To find out more you can

- Call [1800 424 065](tel:1800424065)
- Email health@cid.org.au.

CID at the National Centre of Excellence in Intellectual Disability Health conference.



CID is part of the **National Centre of Excellence in Intellectual Disability Health**.

We say the **Centre** for short.



The Centre had a conference on 3 and 4 July.



At the conference people from CID

- Made presentations



- Spoke on panels



- Handed out resources.



People from CID spoke about many topics.

Keep up with CID by following us on social media.



- Facebook:
<https://www.facebook.com/NSWCID/>
- Instagram:
https://www.instagram.com/council_intellectualdisability/
- LinkedIn:
<https://www.linkedin.com/company/nsw-council-for-intellectual-disability/>

Dr Helen Beange



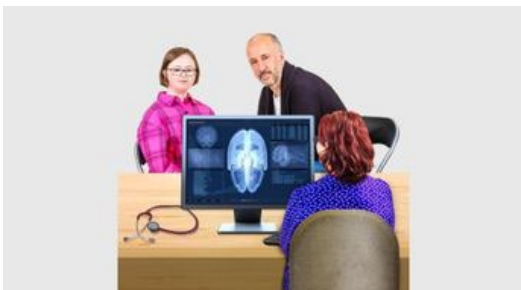
Dr Helen Beange worked with people with intellectual disability.



In July she had her 99th birthday.



She helped other doctors understand how to work with people with intellectual disability well.



She studied health conditions that happen more for people with intellectual disability.



Dr Beange became a Member of the Order of Australia in 2004.



She has been a member of CID for over 50 years.



She still speaks up about health care needs for people with intellectual disability.

Painting for love and a living.



Lauren is an artist at Studio A.



Studio A works with artists with intellectual disability.



Lauren has shown her art at the Art Gallery NSW



She has made art works at offices like Westpac.



In this podcast Lauren tells us what it means to be an artist with intellectual disability.



Listen to the podcast on our website.

Link: <https://cid.org.au/our-stories/painting-for-love-and-a-living/>

Making organisations more inclusive



CID does work to help organisations be more **inclusive**.

Inclusive means we can all be part of things.



We have workshops to teach people to write in Easy Read.



We can make information into Easy Read for organisations.



We can help organisations make plans to be more inclusive.



We can do **focus groups** with people with intellectual disability.

A focus group is a group of people who talk about

- their ideas
- their issues.



You can tell organisations you know about these CID services.



You can show them this website.

<https://cid.org.au/inclusion-services/>

Events



These events are coming up in August.



The Sydney Disability Expo is on Friday 8 August and Saturday 9 August.



It is from 9am to 3pm.



It is at Sydney Showground at Sydney Olympic Park in Exhibition Hall 4.



You can get a free ticket at the link.

Link:

<https://sydneydisabilityexpo.com.au/attend-expo/>



CID will have a stall at booth 95.



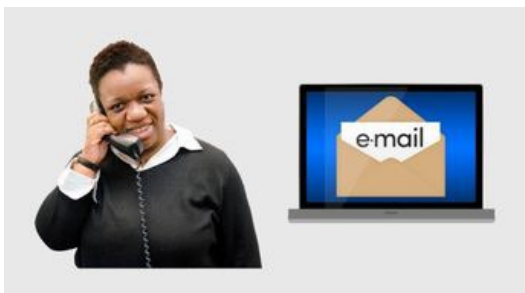
The Advocacy Group will meet on Thursday 14 August.



It is for CID members.



You can come to the meeting online or in person.



If you want to join the Advocacy Group

- Call [1800 424 065](tel:1800424065)
- Email advocacy@cid.org.au.



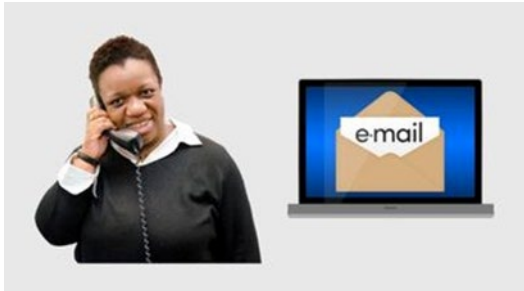
Learn 2 Lead will meet on Thursday 28 August.



It is for CID members.



You can come to the meeting online or in person.



If you want to join Learn 2 Lead

- Email business@cid.org.au
- Call [1800 424 065](tel:1800424065).

Tenants Voice



Specialist Disability Accommodation is accessible housing for people with high support needs.

We say **SDA** for short.



Tenant Voice speaks up for people who live in SDA housing.



They are having their first reference group meeting for NSW on Wednesday 6 August at 2pm.



You can learn more about Tenant Voice at the link.

Link: <https://ypinh.org.au/tenantvoice/>



You can register for the first session at the link.

Link:

<https://forms.monday.com/forms/351d717375c8c998b18343f05655fc67?r=apse2>

Study about obesity



Researchers at Deakin University want to hear from people with intellectual disability who are **obese**.



Obese means you weigh a lot for how tall you are.



They want to do 1 or 2 interviews.



The interviews will use art to help with communication.



If you do the interviews you will get a \$50 gift voucher.



If you are interested email Sam at silly@deakin.edu.au.