

LET'S YARN

5 inclusive communication tips for meeting with people with intellectual disability

1. Support people with intellectual disability to feel comfortable and welcome.

You can do this by speaking in a friendly tone, offering time for a drink of water or a snack, making time for an ice-breaker, introducing everyone in the room and having images to support communication when possible.

2. Talk about meeting agreements in your introduction.

You can do this by saying "Let's all agree that each person here can raise their hand at any time to say if they are not feeling included or to ask questions."

3. Talk to people with intellectual disability clearly.

You can do this by speaking slowly and respectfully, saying one topic at a time, not using tricky words and explaining tricky words and acronyms when they can not be avoided.

4. Ask open questions.

You can do this by asking questions that a person can respond to with a detailed answer. For example, "Could you tell me more about that?" or "What does this mean to you?"

5. Make an effort to understand people with intellectual disability.

You can do this by allowing the person time to think, listening deeply and asking questions to confirm what you have heard.



For more
resources
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CID can provide you with Inclusive Practice Training. For more information contact business@cid.org.au

CID made the Let's Yarn resources in 2024 together with people with intellectual disability and Aboriginal Health Workers.