

## Bens story



Ben and Jennie worked together at City of Ryde Council.



They made a video together.



Ben talks about what he liked about his job.



Jennie says what the council did to be a good place to work for people with intellectual disability.



They both talk about

- How they made job interviews accessible for people with intellectual disability



- How they provide support at work



- How to communicate clearly.



You can watch the video here.

Link: <https://cid.org.au/resource/inclusion-works-bens-story/>

## Wear It Purple Day



**Wear It Purple Day** is a time to talk about young people in the LGBTIQ+ community.

Link: <https://www.wearitpurple.org/>



CID celebrates LGBTIQ+ people with intellectual disability.

Link: <https://cid.org.au/resource/lgbtiqa-fact-sheet/>

You can learn more about gender and sexuality on the **Our Site** website.

**Our Site** is a website made by Women with Disabilities Australia.

Link: <https://oursite-easyread.wwda.org.au/sex-and-your-body/gender-and-sexuality/>





CID has done podcasts with LGBTIQ+ people with intellectual disability.



Listen to Byron's story here.

Link: <https://cid.org.au/our-stories/the-road-to-byron/>



Listen to Cameron's story here.

Link: <https://cid.org.au/our-stories/out-proud-and-included/>

## Testing new resources about women's health

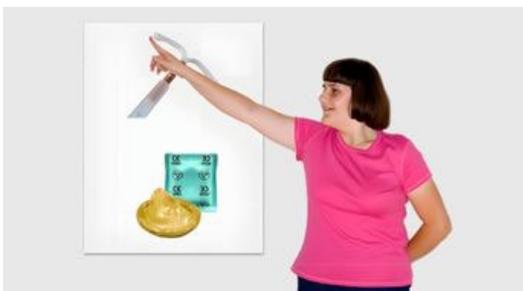


CID has made new resources about **sexual and reproductive health** for women.

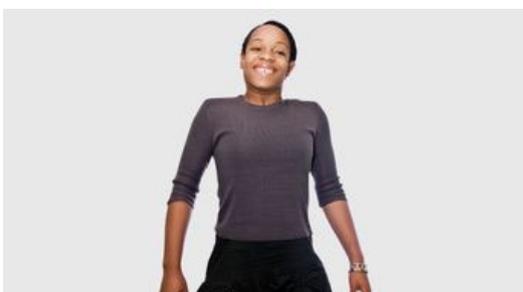


Good **sexual health** means you

- Have safe sex



- Know your choices



- Keep your body and mind safe.



Good **reproductive health** means keeping parts of your body healthy if you have a baby.



We are looking for women 16 years or older with intellectual disability to help us.



We want to make sure our new resources

- Are easy to read



- Have the right information



- Look good.



If you would like to help us check these resources join one of our meetings.



They will run from Monday 1 September to Friday 5 September.



You will be paid for your time.



To find out more you can

- Call CID at [1800 424 065](tel:1800424065)
- Email [health@cid.org.au](mailto:health@cid.org.au).

## CID Out and About



CID went to 2 **expos**.



An **expo** is an event where organisations can share information.



We talked to people at the expos.



We handed out

- Resources
- Information about CID
- Information about our projects.



We went to the Source Disability Expo in July.



The expo was for

- young people with disability
- their families.



We went to the Sydney Disability Expo and Workability Expo this month.



These expos were for

- people with disability
- their families
- their supporters.



CID went to the Palliative Care Volunteering Conference.



CID staff members David and Ella gave a talk about our End of Life project.

Link: <https://cid.org.au/issues/health/end-of-life/>

Keep up with CID by following us on social media.



- Facebook:  
<https://www.facebook.com/NSWCID/>
- Instagram:  
[https://www.instagram.com/council\\_intellectualdisability/](https://www.instagram.com/council_intellectualdisability/)
- LinkedIn:  
<https://www.linkedin.com/company/nsw-council-for-intellectual-disability/>

## Making organisations more inclusive



CID does work to help organisations be more **inclusive**.

**Inclusive** means we can all be part of things.



We have workshops to teach people to write in Easy Read.



We can make information into Easy Read for organisations.



We can help organisations make plans to be more inclusive.



We can do **focus groups** with people with intellectual disability.

A focus group is a group of people who talk about

- their ideas
- their issues.



You can tell organisations you know about these CID services.



You can show them this website.

<https://cid.org.au/inclusion-services/>

## Events



These events are coming up in September.



### Womens Health Week

Womens Health Week is a time to talk about health and wellbeing for women.

Link: <https://www.jeanhailes.org.au/womens-health-week>



It is from Monday 1 September to Friday 5 September.



CID will launch a new resource in Womens Health Week.



We will post about it on social media.



### **Advocacy Group**

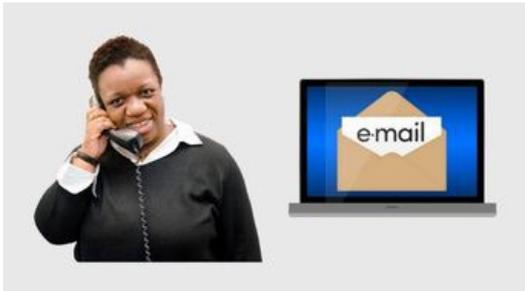
The Advocacy Group will meet on Thursday 11 September.



It is for CID members.



You can come to the meeting online or in person.



If you want to join the Advocacy Group

- Call CID at [1800 424 065](tel:1800424065)
- Email [advocacy@cid.org.au](mailto:advocacy@cid.org.au).



### **Learn 2 Lead**

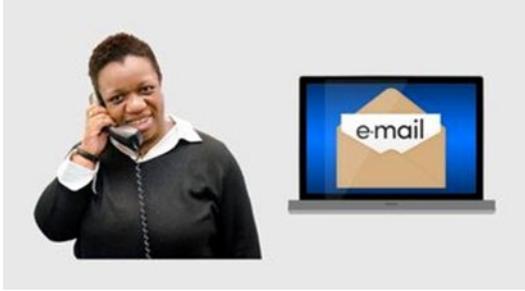
Learn 2 Lead will meet on Thursday 25 September.



It is for CID members.



You can come to the meeting online or in person.



If you want to join Learn 2 Lead

- Email [business@cid.org.au](mailto:business@cid.org.au)
- Call CID at [1800 424 065](tel:1800424065).

## Tax time resources



The **ATO** is the government department in charge of taxes.



They have resources for people with disability.



The resources can help you know how to do your taxes.



They have resources that are

- Easy Read

Link: <https://www.ato.gov.au/about-ato/using-our-website/easier-to-read-information>



- Videos in many languages

Link: <https://tv.ato.gov.au/>



- Auslan.

Link: <https://www.ato.gov.au/other-languages/auslan-home-page/>

# Contraception research



CID is part of the **National Centre of Excellence in Intellectual Disability Health**.

We say **the Centre** for short.



The Centre is doing research about choosing a **contraceptive**.



A **contraceptive** is something that keeps someone from getting pregnant.

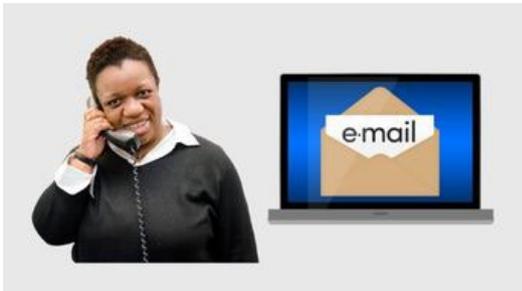


They want to hear from people with intellectual disability who have gone to a health worker to talk about contraception.



You can learn about the research on this website.

Link: <https://nceidh.org.au/our-work/projects/contraceptive-decision-making-people-intellectual-disability>



For more information

- Call the Centre at [02 9065 4445](tel:0290654445)
- Email [maryann.barrington@unsw.edu.au](mailto:maryann.barrington@unsw.edu.au).

## How is the Centre doing?



CID is part of the **National Centre of Excellence in Intellectual Disability Health.**

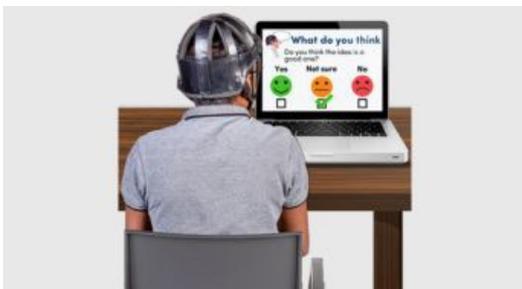
We say **the Centre** for short.



The Centre wants to know how they have been doing so far.



Monash University is helping the Centre find out what people think.



Take their feedback survey here.

Link:

[https://monash.az1.qualtrics.com/jfe/form/SV\\_eyUxWu5vtSIfjN4?Q\\_CHL=qr](https://monash.az1.qualtrics.com/jfe/form/SV_eyUxWu5vtSIfjN4?Q_CHL=qr)

## Study about social media



Researchers from the University of Sydney want to talk to people with intellectual disability.



They want to know more about how people with intellectual disability use social media.



You can read more about the research in this Easy Read.

Link: [https://cid.org.au/wp-content/uploads/2025/08/Easy-Read-Social-Media-Project\\_USYD.pdf](https://cid.org.au/wp-content/uploads/2025/08/Easy-Read-Social-Media-Project_USYD.pdf)



For more information email [ryandavid.andriesz@sydney.edu.au](mailto:ryandavid.andriesz@sydney.edu.au).

## LGBTIQA+ research



People with Disability Australia want to know about what it is like to

- Be LGBTIQA+

Link: <https://cid.org.au/resource/lgbtiqa-fact-sheet/>



- Have a disability.



They have made an Easy Read survey.

Link: <https://rixeeasysurvey.org/kiosk/ZzNO>