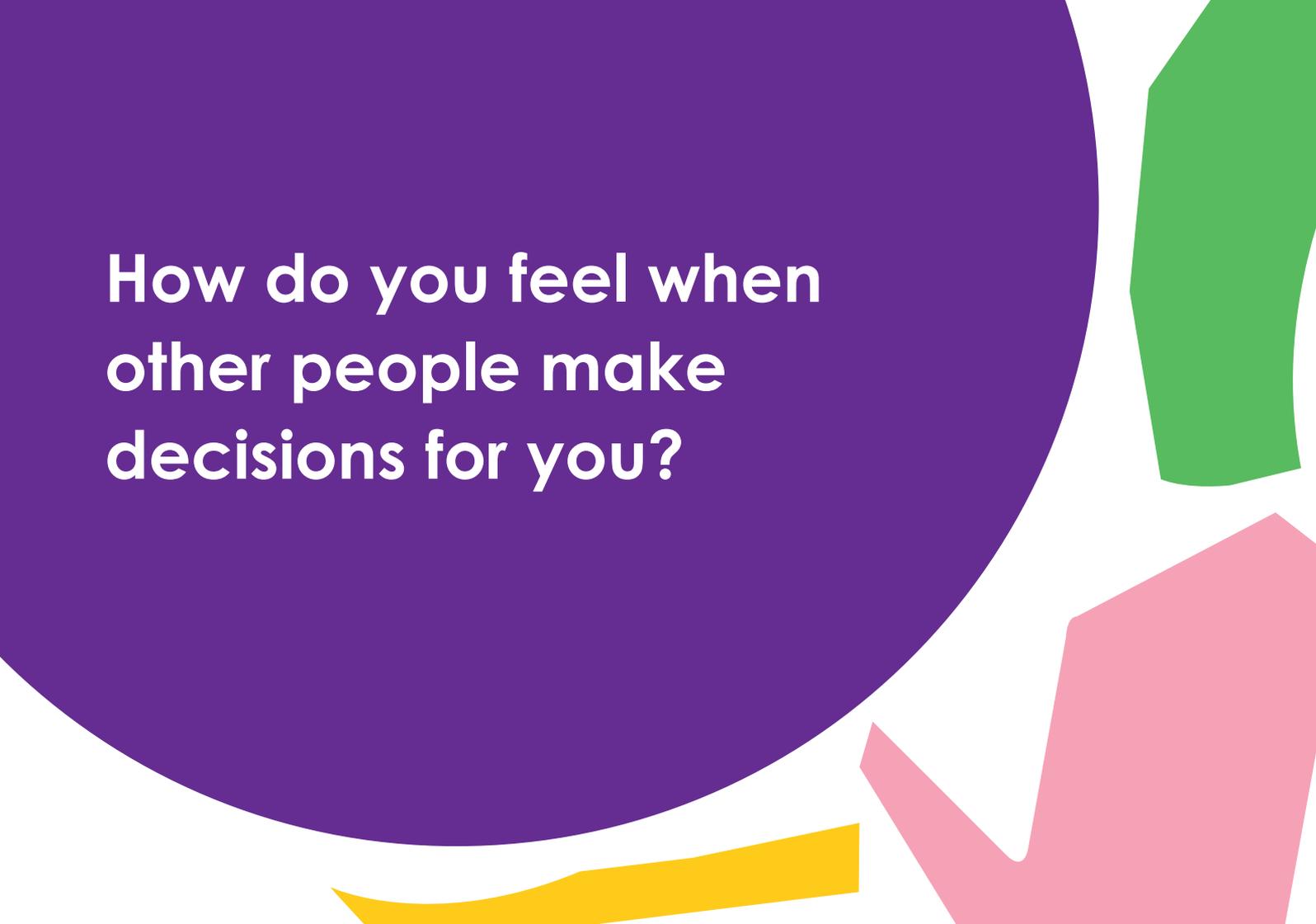




Making  
Decisions

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my future matters



How do you feel when  
other people make  
decisions for you?

The background features a large, solid purple circle on the left side. To the right, there are several colorful, irregular geometric shapes: a green shape at the top right, a pink shape at the bottom right, and a yellow shape at the bottom center. The overall design is modern and abstract.

**What decisions do you  
make every day?**

The image features a large, solid purple circle on the left side. To its right, there are three abstract, irregular shapes: a green one at the top right, a pink one at the bottom right, and a yellow one at the bottom center. The background is white.

How do you feel when  
you make your own  
decisions?

The image features a large, solid purple circle on the left side. To its right, there are three abstract, irregular shapes: a green one at the top right, a pink one at the bottom right, and a yellow one at the bottom center. The background is white.

**What happens when  
you make decisions for  
yourself?**



**Have you made a  
decision you were  
unhappy with?  
What happened?**

The image features a large, solid purple circle on the left side. To its right, there are three abstract, irregular shapes: a green one at the top right, a pink one at the bottom right, and a yellow one at the bottom center. The background is white.

**Who helps you  
make decisions?**

The image features a large, solid purple circle on the left side. To its right, there are three abstract, irregular shapes: a green one at the top right, a pink one at the bottom right, and a yellow one at the bottom center. The background is white.

**What can help you  
make decisions?**



**Do you make good  
decisions?  
How could you make  
different decisions?**

The background features a large purple circle on the left side. To its right, there are several abstract, irregular shapes in green, pink, and yellow. The text is centered within the purple circle.

**Is it ok to change  
your mind about a  
decision you  
have made?**

The background features a large purple circle on the left side. To the right, there are several colorful, irregular shapes: a green shape at the top right, a pink shape at the bottom right, and a yellow shape at the bottom center. The text is centered within the purple circle.

**What advice would you  
give to people about  
making decisions?**



**Speaking  
Up**



The image features a large, vibrant red circle on the left side, which serves as a background for the text. To the right of the circle, there are several abstract, colorful shapes: a blue shape at the top right, a green shape at the bottom right, and a yellow shape at the bottom center. The overall composition is dynamic and modern.

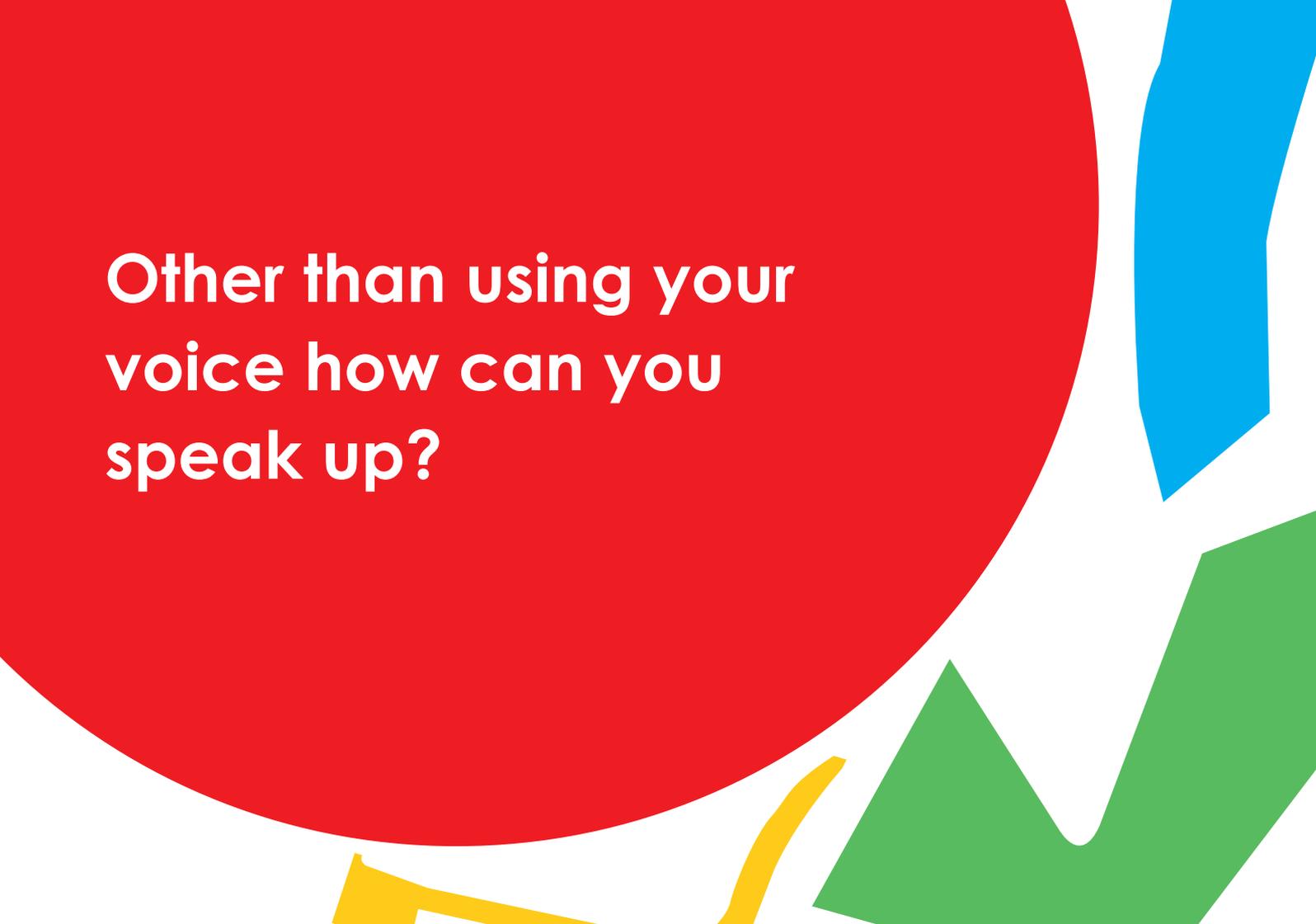
**How do you feel when  
you speak up for  
yourself?**

The image features a large, vibrant red circle on the left side, which serves as a background for the text. To the right of the red circle, there are several abstract, colorful shapes: a blue shape at the top right, a green shape at the bottom right, and a yellow shape at the bottom center. The overall composition is dynamic and modern.

**What helps you  
speak up?**



**Who can help  
you speak up?**



**Other than using your  
voice how can you  
speak up?**



**What advice would you  
give other people  
about speaking up?**



**What do you find hard  
about speaking up?**

The image features a large, vibrant red circle on the left side, which serves as a background for the text. To the right of the circle, there are several abstract, colorful shapes: a blue shape at the top right, a green shape at the bottom right, and a yellow shape at the bottom center. The overall composition is dynamic and modern.

**Why is it good to speak  
up for yourself?**



**When is it important  
to speak up?**



**Tell me about a time  
you spoke up for  
yourself.**



**What are the best ways  
to speak up?**



Strengths

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The background features several large, overlapping, rounded geometric shapes in bright colors: a large blue circle on the left, a yellow shape in the top right, an orange shape in the bottom right, and a red shape in the bottom left. The text is centered within the blue circle.

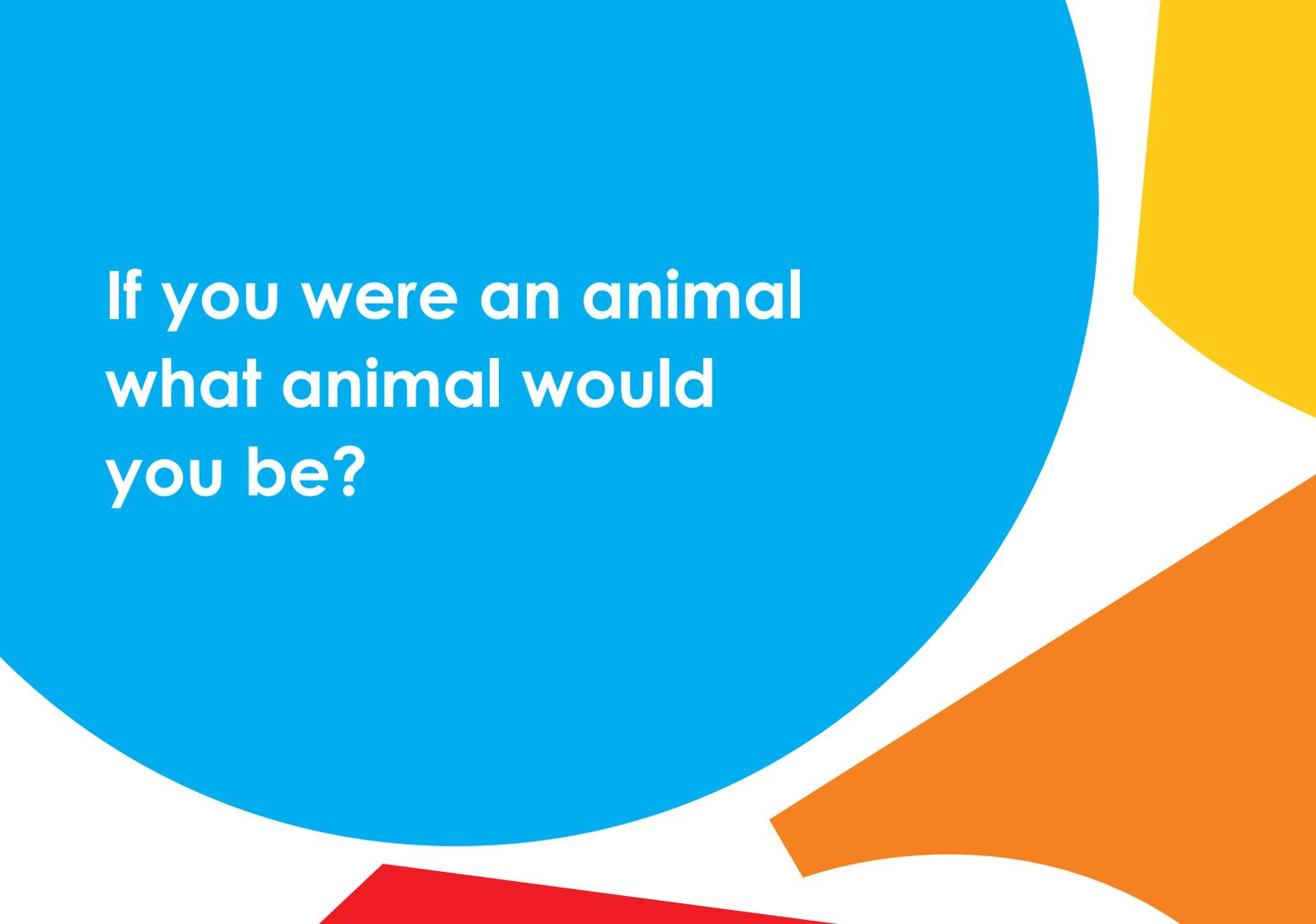
**What makes you feel  
good about yourself?**

The background features several large, overlapping, semi-transparent shapes in vibrant colors: a large blue circle on the left, a yellow shape in the top right, an orange shape in the bottom right, and a red shape in the bottom left. The text is centered within the blue circle.

**What are you most  
proud of?**



**What do you think is  
the best thing about  
yourself?**



**If you were an animal  
what animal would  
you be?**

The background features several large, overlapping, rounded geometric shapes. A large blue circle is the most prominent, occupying the left and top-left areas. To its right, a yellow shape is partially visible. Below the blue circle, there are orange and red shapes, all with soft, curved edges. The text is centered within the blue circle.

**What are you good at?**



**How do you feel when  
you do something  
you are good at?**

The background features several large, overlapping, rounded geometric shapes in bright colors: a large blue circle on the left, a yellow shape in the top right, an orange shape in the bottom right, and a red shape in the bottom left. The text is centered within the blue circle.

**What do your friends  
say you are good at?**



**What is something you  
would like to be better at?**

The image features a large blue circle on the left side. To its right, there are several overlapping geometric shapes: a yellow shape at the top right, an orange shape below it, and a red shape at the bottom left. The background is white.

**How do you help  
other people?**

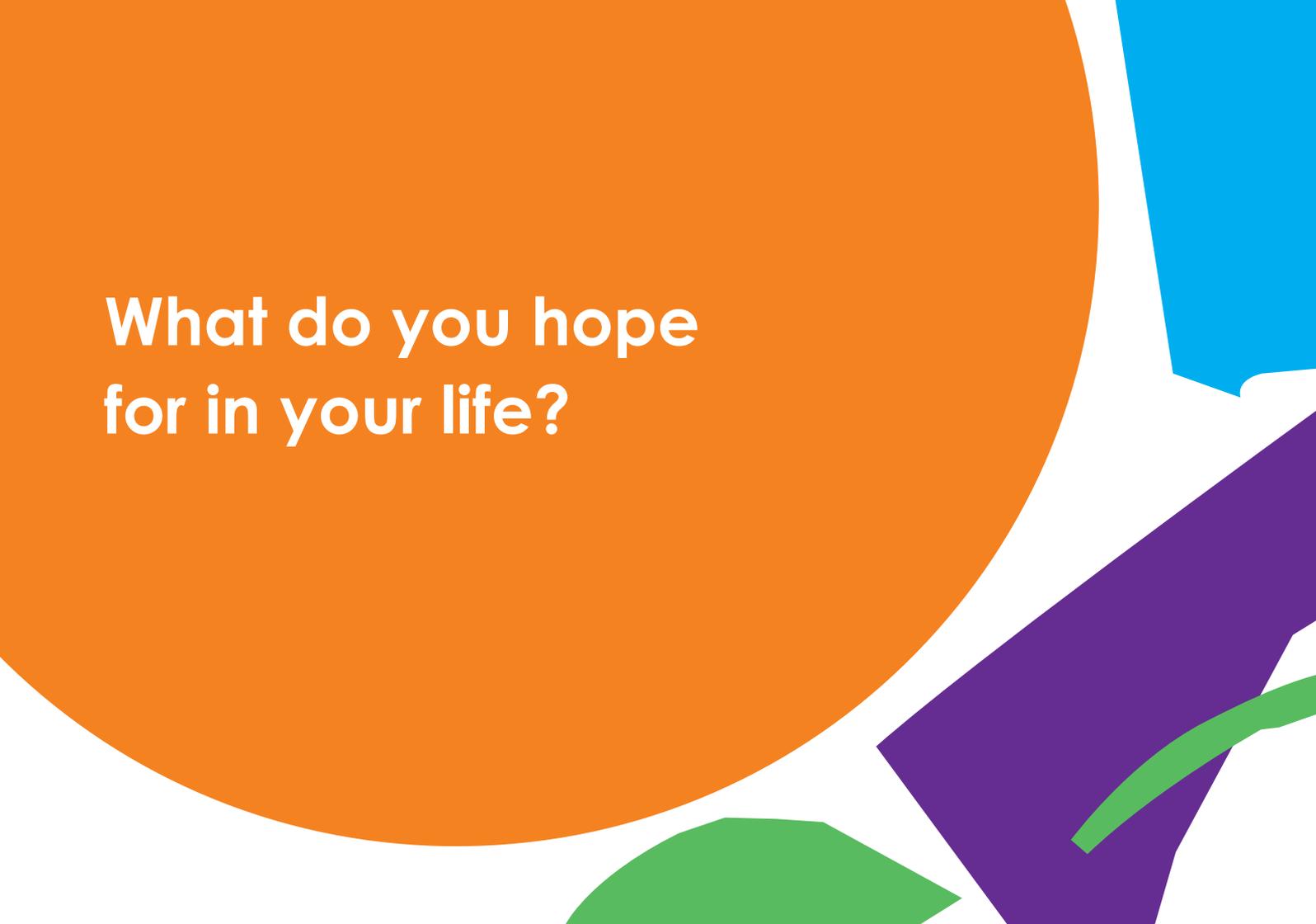
The background features several large, overlapping, rounded geometric shapes. A large blue circle is on the left. To its right is a yellow shape. Below the blue circle is an orange shape. At the bottom center is a red shape. The text is centered within the blue circle.

**What is your favourite  
thing to do?**



Goals

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The background features a large orange circle on the left side. On the right side, there are several overlapping geometric shapes: a blue trapezoid at the top, a purple shape below it, and a green shape at the bottom. The text is centered within the orange circle.

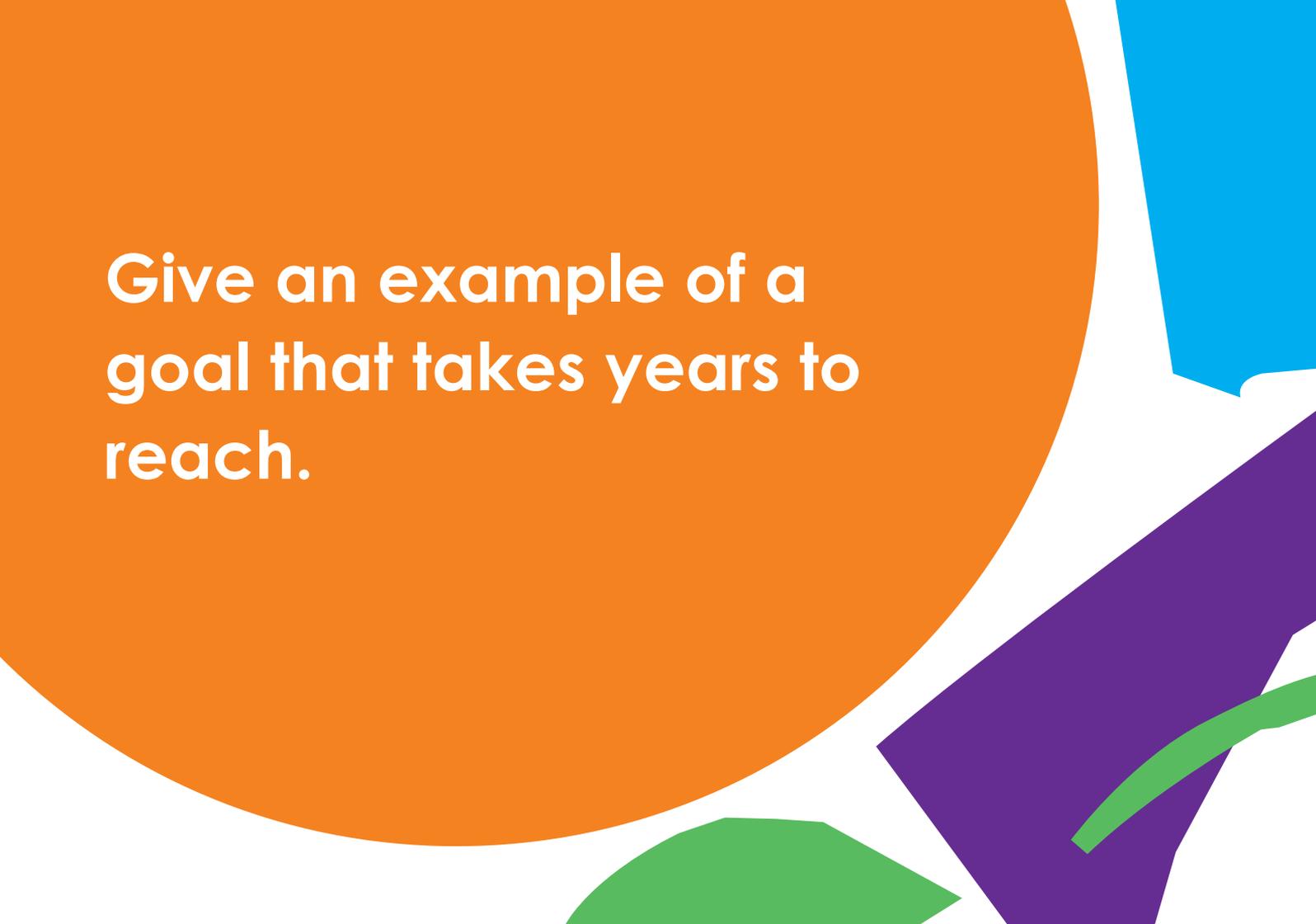
**What do you hope  
for in your life?**

The background features a large orange circle on the left side. On the right side, there are several overlapping geometric shapes: a blue trapezoid at the top, a purple shape below it, and a green shape at the bottom. The text "What are your goals?" is centered within the orange circle.

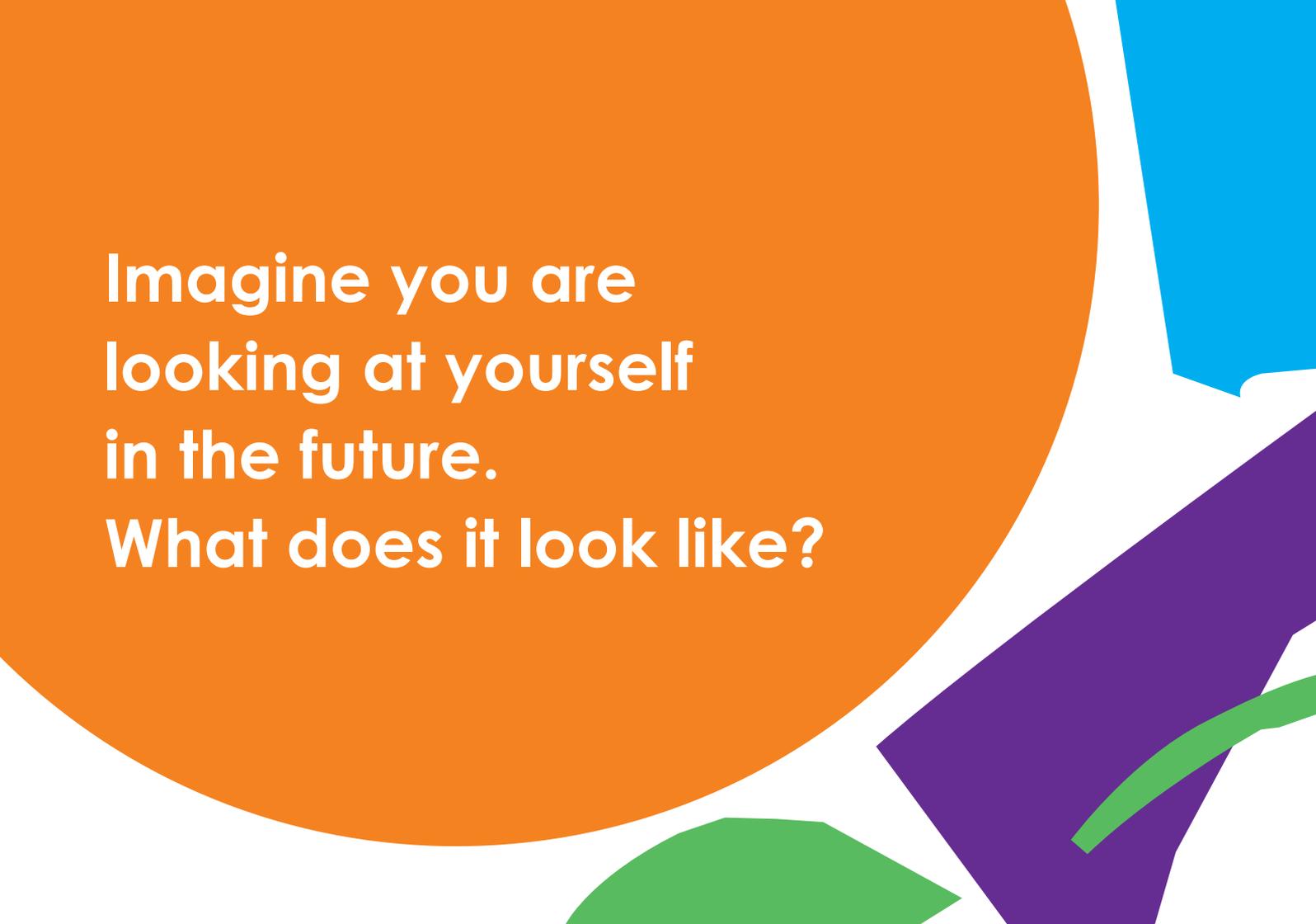
**What are your goals?**

The background features a large orange circle on the left side. To its right, there are several overlapping geometric shapes: a blue shape at the top right, a purple shape at the bottom right, and a green shape at the bottom center. The text is centered within the orange circle.

**Do your family and  
supporters agree with  
your goals?**

The background features a large orange circle on the left side. On the right side, there are several overlapping geometric shapes: a blue trapezoid at the top, a purple shape below it, and a green shape at the bottom. The text is centered within the orange circle.

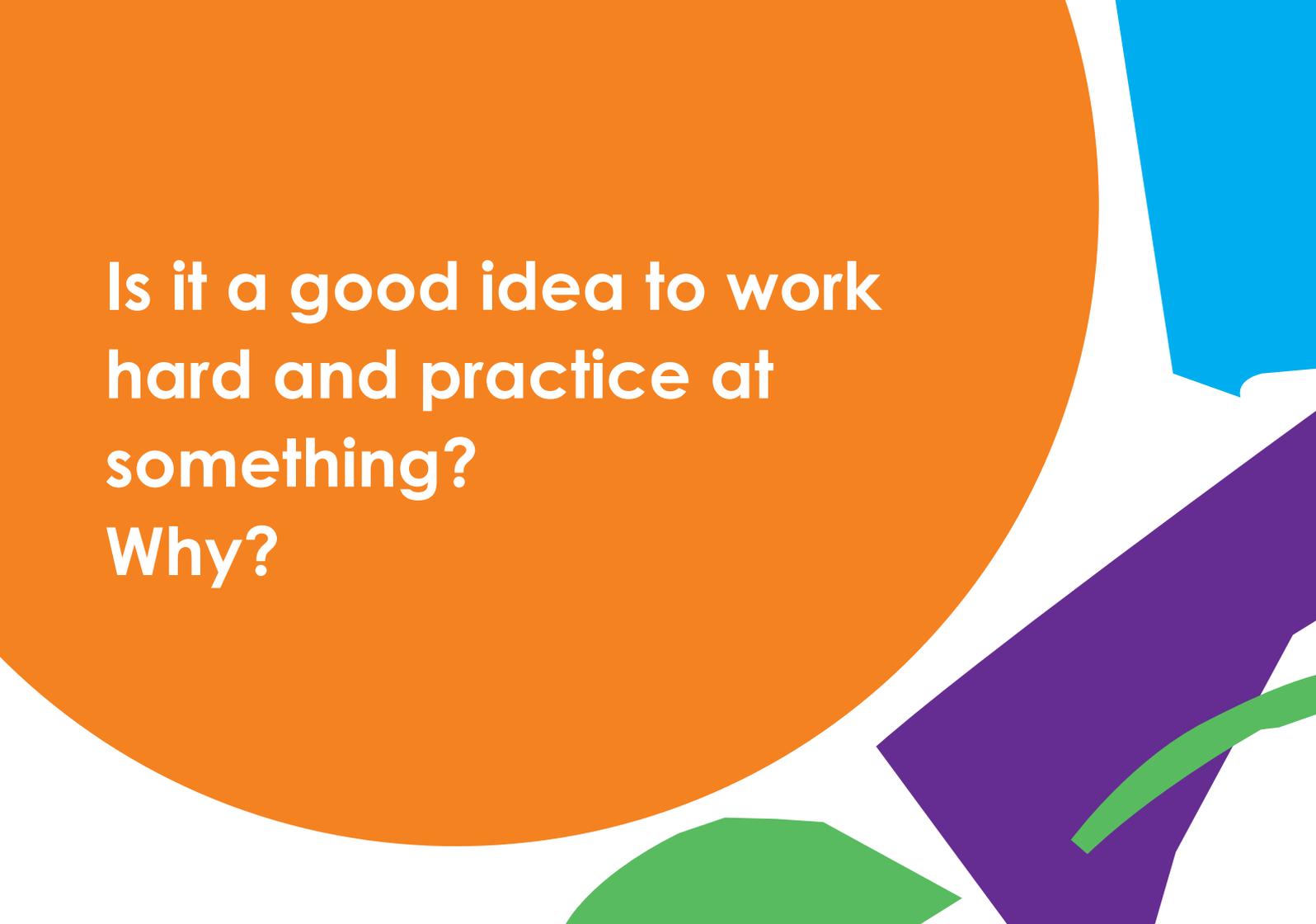
Give an example of a goal that takes years to reach.

The background features a large orange circle on the left side. On the right side, there are several overlapping geometric shapes: a blue trapezoid at the top, a purple shape below it, and a green shape at the bottom. The text is centered within the orange circle.

**Imagine you are  
looking at yourself  
in the future.  
What does it look like?**

The background features a large orange circle on the left side. On the right side, there are several overlapping geometric shapes: a blue trapezoid at the top right, a purple shape below it, and a green shape at the bottom right. The text is centered within the orange circle.

What really exciting  
thing would you like  
to do?

The background features a large orange circle on the left side. To its right, there are several overlapping geometric shapes: a blue trapezoid at the top right, a purple shape at the bottom right, and a green shape at the bottom center. The text is positioned on the orange circle.

**Is it a good idea to work  
hard and practice at  
something?  
Why?**

The background features a large orange circle on the left side. On the right side, there are several overlapping geometric shapes: a blue trapezoid at the top, a purple shape below it, and a green shape at the bottom. The text is centered within the orange circle.

Is it ok to try again to  
get something right?

The background features a large orange circle on the left side. On the right side, there are several overlapping geometric shapes: a blue trapezoid at the top, a purple shape below it, and a green shape at the bottom. The overall design is modern and colorful.

**What stops you from  
reaching your goals?**

The background features a large orange circle on the left side. On the right side, there are several overlapping geometric shapes: a blue trapezoid at the top, a purple shape below it, and a green shape at the bottom. The text is centered within the orange circle.

**What helps you reach  
your goals?  
How does it help?**





**What has been the best  
day of your life?**



**What do you enjoy  
doing at home?**



**What do you enjoy doing  
in your community?**



**What would you like to  
do more often?**



**What are the big things in  
your life you would like to  
change?**



**What are the little things  
in your life you would like  
to change?**



**Where do you like  
spending time?**

The background features a large pink circle on the left side. To its right, there is a green shape that looks like a folded corner of a page. Below the pink circle, there are two overlapping shapes: a yellow one at the bottom and an orange one on the right side.

**What makes you  
happy?**



**What is the most important  
thing to you right now?**

The background features a large pink circle on the left side. On the right side, there are three overlapping shapes: a green triangle at the top, an orange trapezoid below it, and a yellow curved shape at the bottom. The text is centered within the pink circle.

**What do you like that  
other people do not like?**



Supports

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The background features a large, solid green circle on the left side. To the right, there are several abstract, colorful shapes: an orange shape at the top right, a pink shape below it, and a purple shape at the bottom left. The overall design is modern and minimalist.

**What helps you when  
things are going  
wrong?**

The background features a large, solid green circle on the left side. To the right, there are several overlapping, colorful shapes: an orange shape at the top right, a pink shape below it, and a purple shape at the bottom left. The overall composition is abstract and modern.

**What helps you at  
home?**



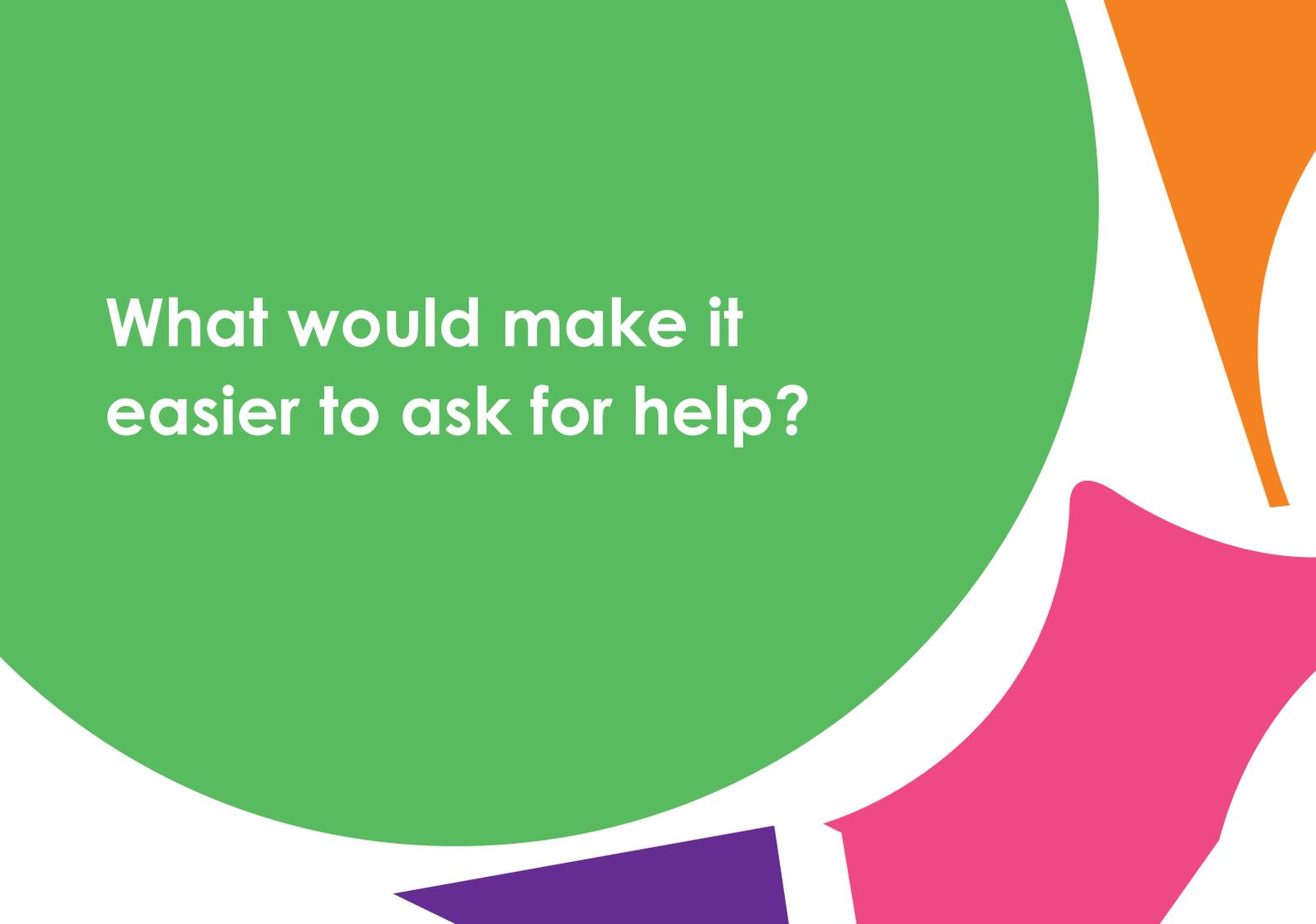
**What helps you  
when you are in  
your community?**

The image features a large green circle on the left side, containing the text 'What could help you in your home?'. To the right of the green circle, there are several colorful, abstract shapes: an orange shape at the top right, a pink shape at the bottom right, and a purple shape at the bottom center. The background is white.

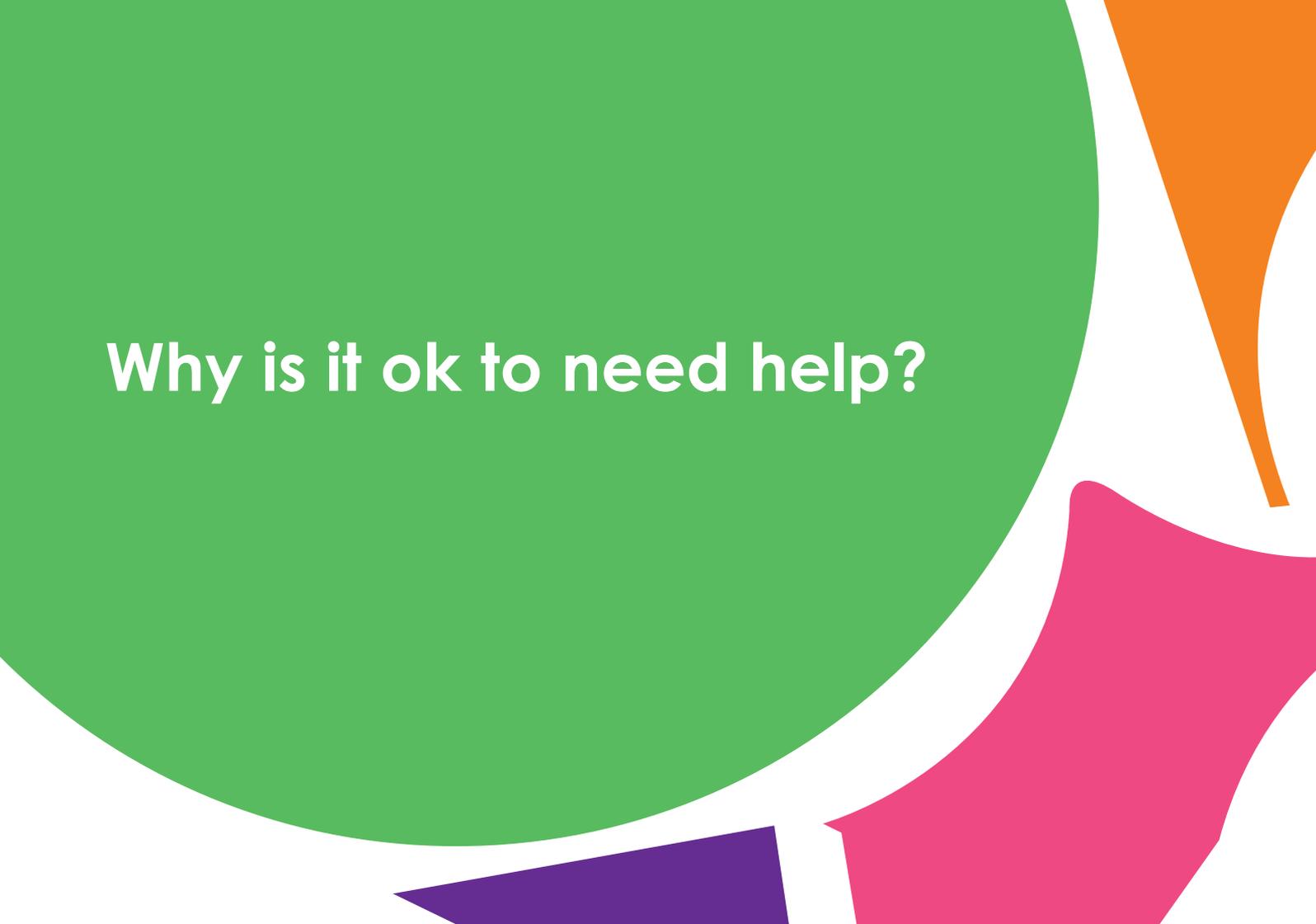
**What could help you in  
your home?**



**What could help you  
in your community?**



**What would make it  
easier to ask for help?**

The image features a large green circle on the left side, which contains the text 'Why is it ok to need help?'. To the right of the green circle, there are several colorful, abstract shapes: an orange shape at the top right, a pink shape at the bottom right, and a purple shape at the bottom left. The background is white.

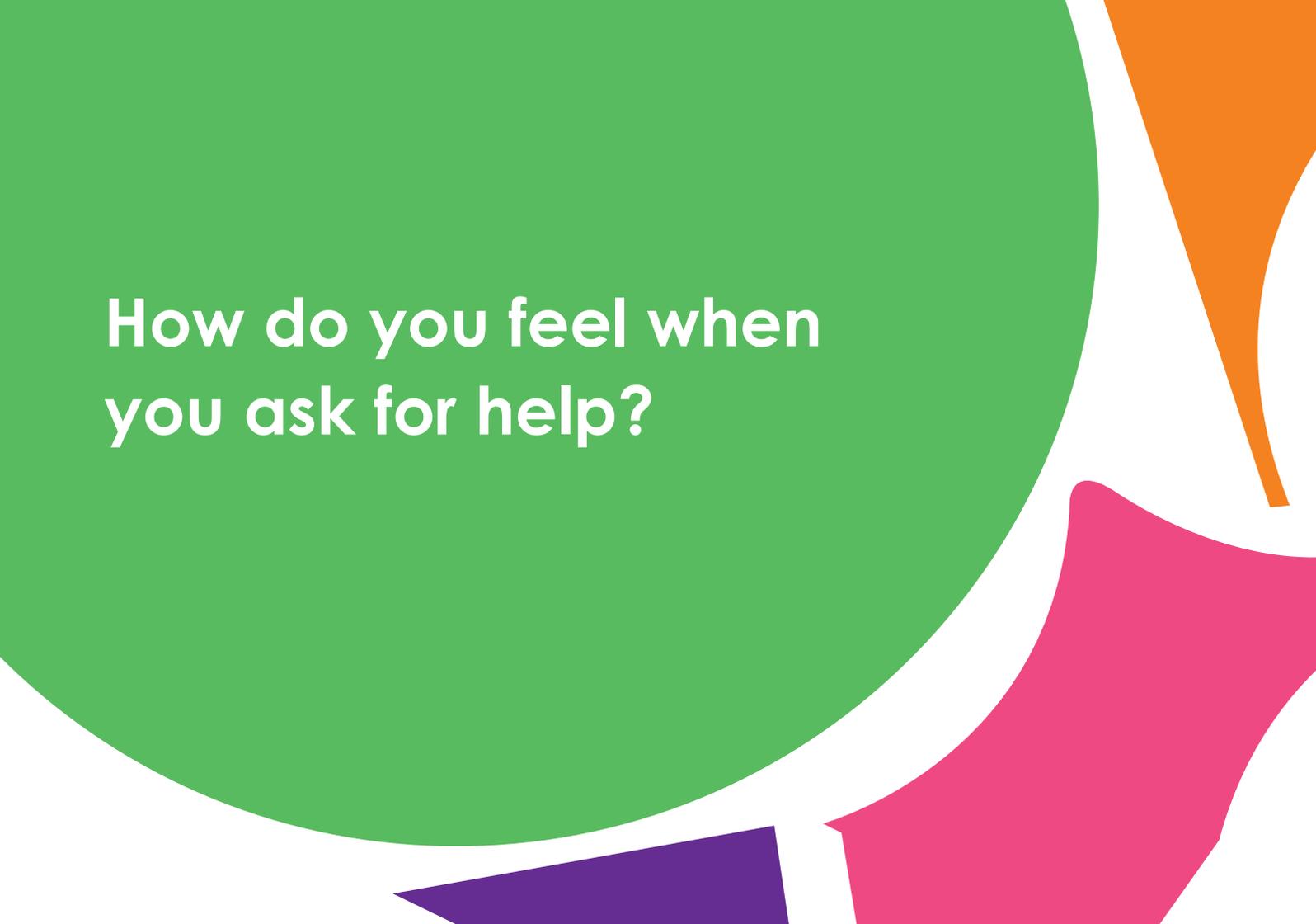
**Why is it ok to need help?**



**If an expert could help  
you with anything what  
would it be?**



Is there any part of your  
life where you would  
like more support?



How do you feel when  
you ask for help?



Work

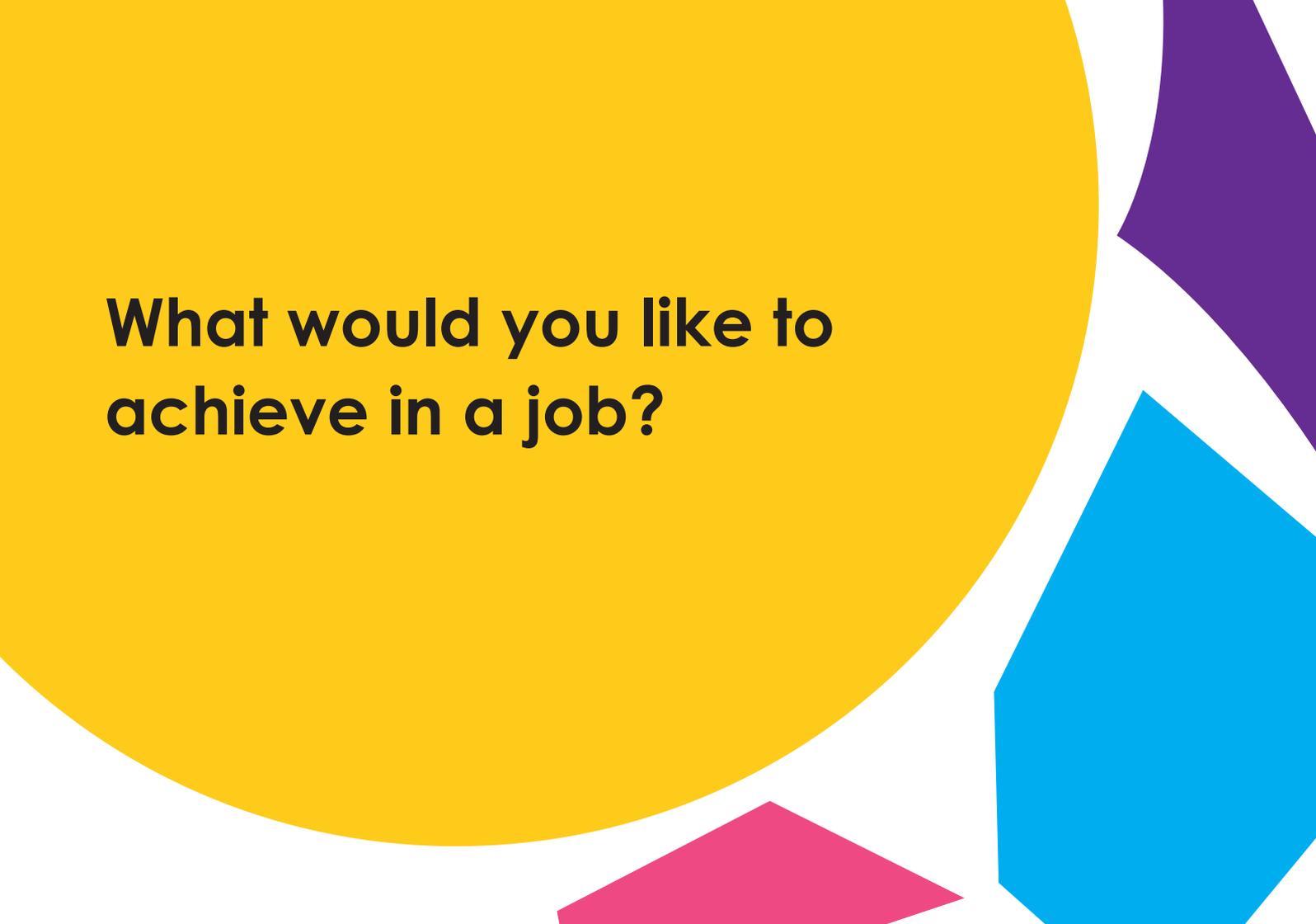




**How do you feel when  
you start something new?**



**What part of working life  
do you enjoy or you are  
looking forward to?**



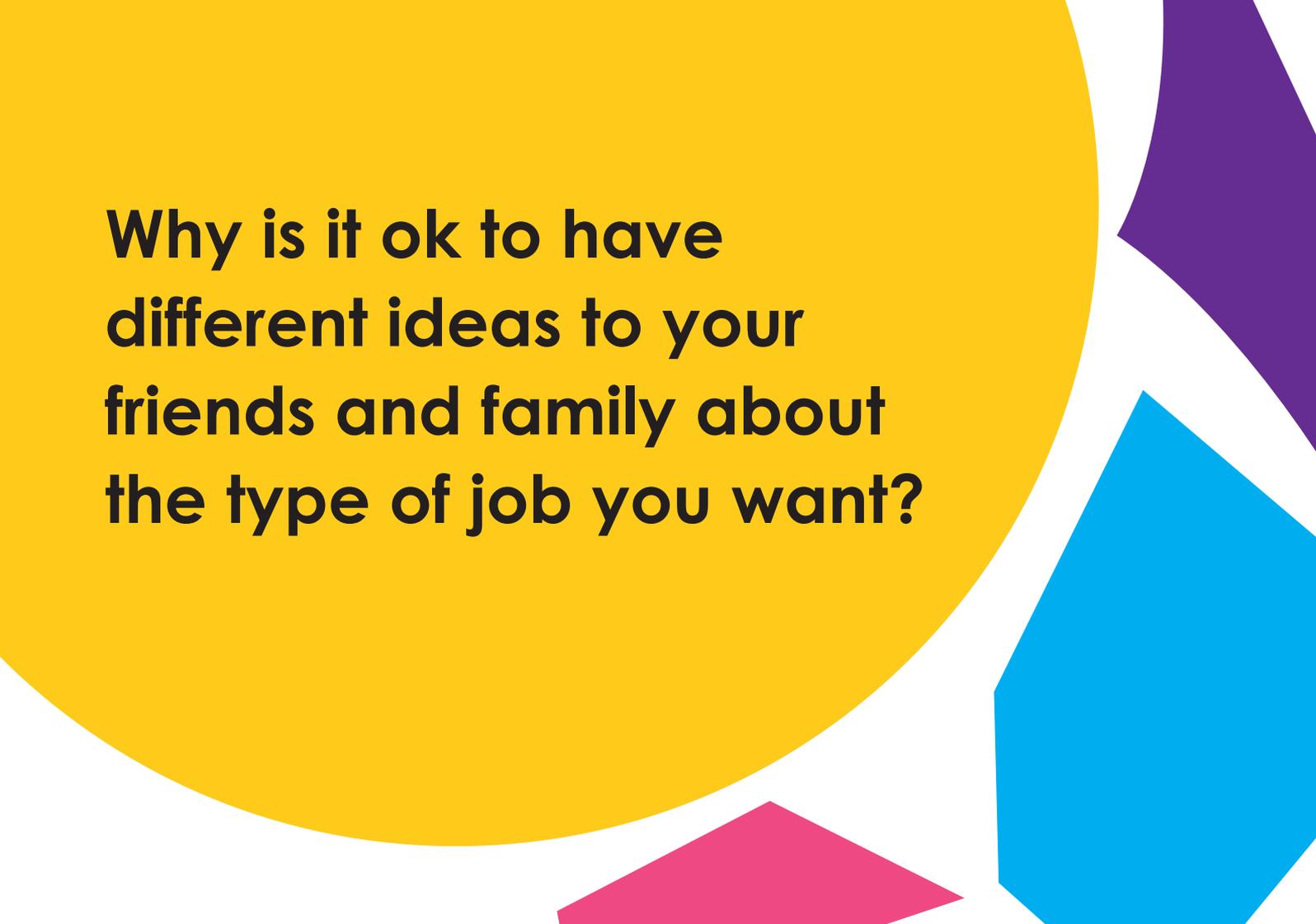
**What would you like to  
achieve in a job?**



**How can you find out  
about different kinds  
of work?**



**How can speaking up  
at work help you do  
your job?**



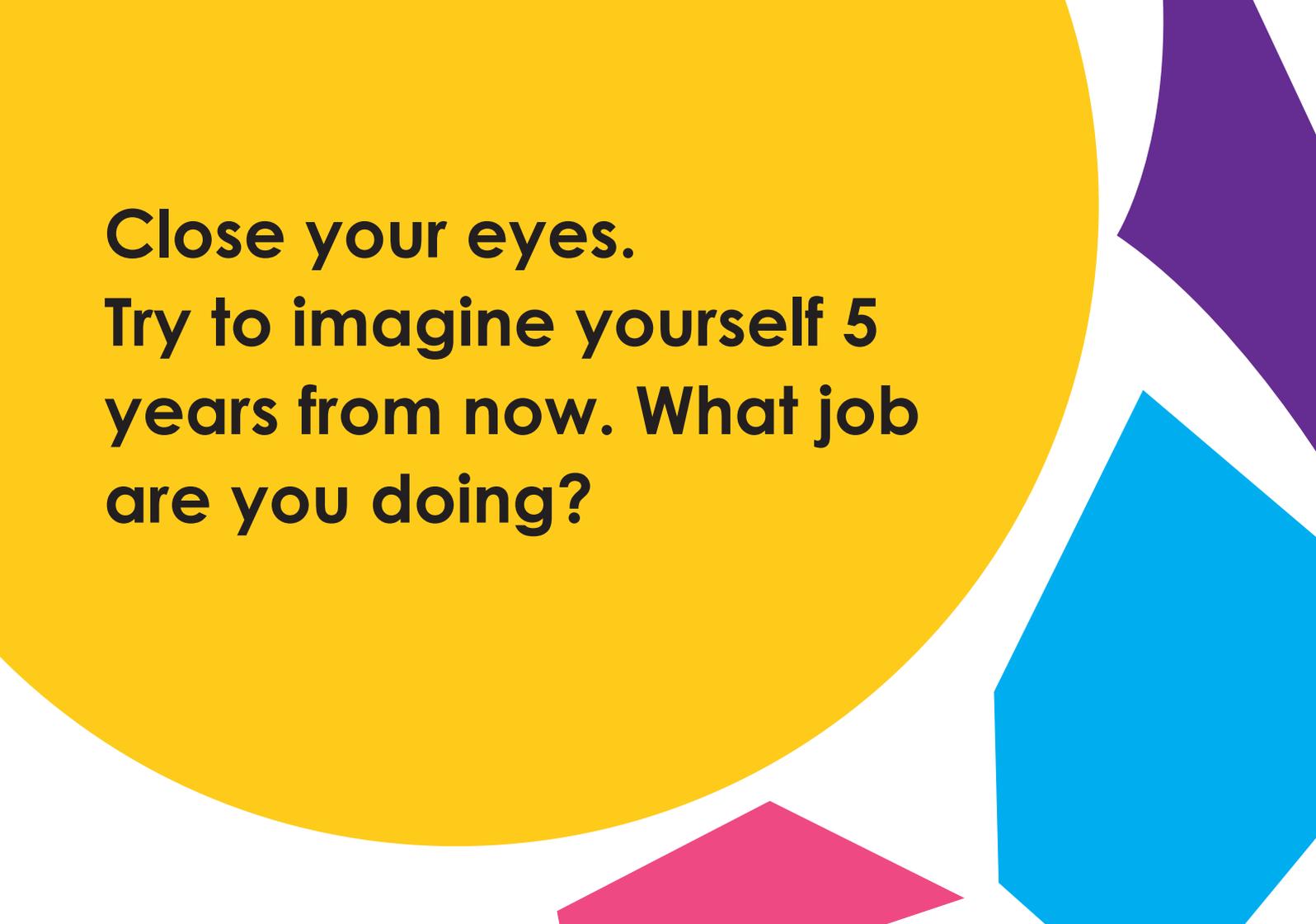
**Why is it ok to have  
different ideas to your  
friends and family about  
the type of job you want?**



**What do you think is the  
first step to get a job?**



**What can you do if you  
do not know what job  
you would like?**



**Close your eyes.  
Try to imagine yourself 5  
years from now. What job  
are you doing?**



**What would you do if you  
do not like your job?**