



My strengths

Conversation cards

Funded by the Australian Government Department of Social Services.



My strengths cards

These cards can help you think about your strengths.

Strengths are the things that come easy to you like being friendly or organised.

Knowing your strengths can help you choose a job that is right for you.



I am kind





I am a leader





I want to learn new things





I am flexible





I am organised





I am friendly





I am caring





I am honest





I am brave





I am thoughtful





I am creative





I am helpful





I have a lot of energy





I like teamwork





I like to try new things





I am calm





I like new ideas





I am positive





I am always on time





I like to write





I like to read





I like to speak in public





I am funny

