

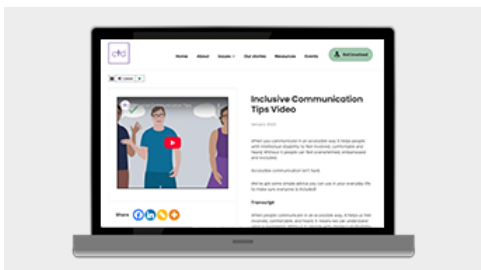
Inclusive communication tips



We have a new video about **inclusive communication**.



Inclusive communication is when people talk or write in a way that more people can understand.



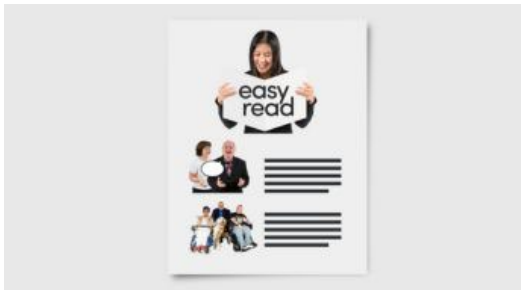
You can watch the video on our website.

Link: <https://cid.org.au/resource/inclusive-communication-tips-video/>

What CID thinks about health



Position statements say what CID thinks about different issues.



Each position statement has an Easy Read version.



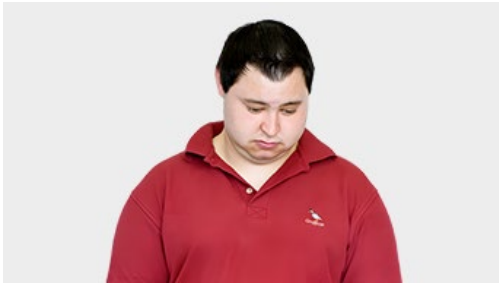
This position statement is about health care.



People with intellectual disability do not get the same health care as other people.



They do not get good support.



This means people with intellectual disability have a worse time with their health.



We want health workers to ask people with intellectual disability how to support them.



We want health workers to get trained on how to give people with intellectual disability good care.



We want there to be more **Intellectual Disability Health Teams.**



Intellectual Disability Health Teams know how to work with people with intellectual disability.



We also want more mental health teams for people with intellectual disability.



If you have used one of these teams you can share your experience with us.



You can

- Call CID on [1800 424 065](tel:1800424065)
- Email advocacy@cid.org.au.

Young Voices Big Choices



CID has a new project called **Young Voices Big Choices**.



It is for

- Young people with intellectual disability who are 16 to 25
- Their families.



The program helps young people and families learn about supported decision making.



This means young people can make their own decisions with support.



Young people will also learn about what a good life looks like for them.



This project will

- Run Supported Decision Making and Good Life workshops



- Help young people set goals and make plans for after school



- Support families to plan together



- Run parent peer support groups.

Supported employment advocacy



CID is working with Inclusion Australia on a project about employment.



The project is about getting good information so you can make decisions about jobs.



We are running workshops for

- People working in supported employment



- Young people with intellectual disability who are leaving school.



If you would like to come to a workshop you can

- Call CID on [1800 424 065](tel:1800424065)
- Email employment@cid.org.au.

CID out and about



Here are some things that CID did in February.



CID went to the Burwood Council Community forum.



We talked to other organisations about the work that CID is doing.



CID went to the South West Sydney Disability Expo.



At the expo we gave out resources.

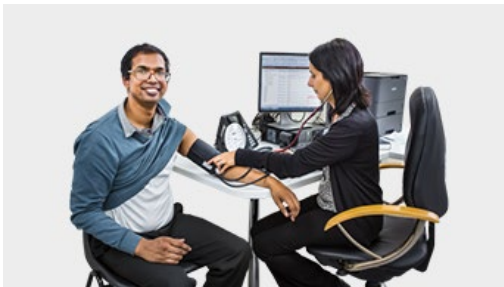


We also talked about

- Inclusion



- Supported decision making



- Health.



CID went to Wagga Wagga.



We trained staff at Wagga Wagga Council about inclusion at work.



Keep up with CID by following us on social media.

- Facebook:
<https://www.facebook.com/NSWCID/>
- Instagram:
https://www.instagram.com/council_intellectualdisability/
- LinkedIn:
<https://www.linkedin.com/company/nsw-council-for-intellectual-disability/>

Making organisations more inclusive



CID does work to help organisations be more **inclusive**.

Inclusive means we can all be part of things.



We have workshops to teach people to write in Easy Read.



We can make information into Easy Read for organisations.



We can help organisations make plans to be more inclusive.



We can do **focus groups** with people with intellectual disability.

A focus group is a group of people who talk about

- their ideas
- their issues.



You can tell organisations you know about these CID services.



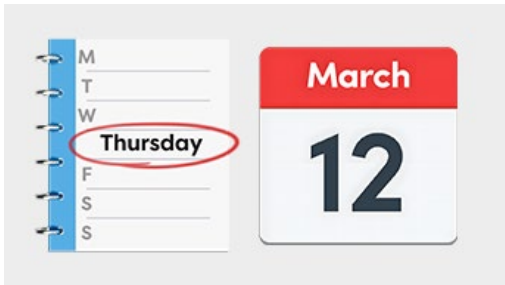
You can show them this website.

<https://cid.org.au/inclusion-services/>

Events



These events are coming up in March.

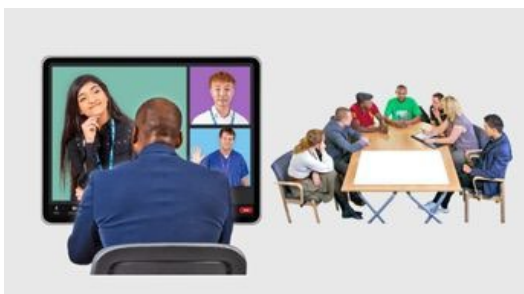


Advocacy Group

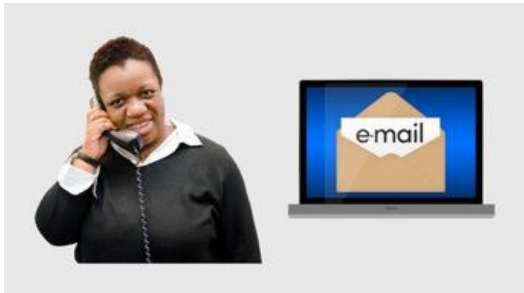
The Advocacy Group will meet on Thursday 12 March.



It is for CID members.



You can come to the meeting online or in person.



If you want to join the Advocacy Group

- Call CID at [1800 424 065](tel:1800424065)
- Email advocacy@cid.org.au.

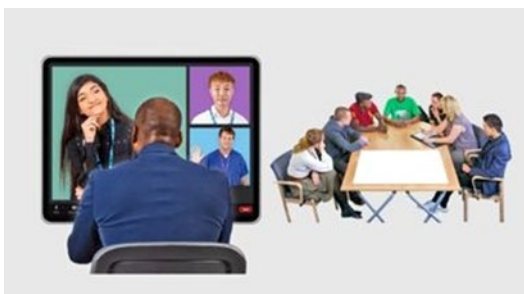


Learn 2 Lead

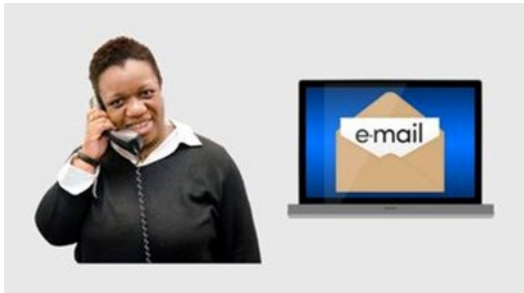
Learn 2 Lead will meet on Thursday 25 March.



It is for CID members.



You can come to the meeting online or in person.



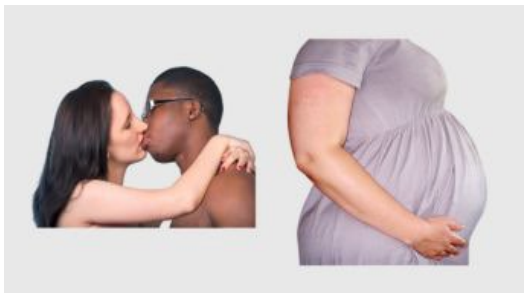
If you want to join Learn 2 Lead

- Email business@cid.org.au
- Call CID at [1800 424 065](tel:1800424065).



You CAN ask that!

The You CAN ask that workshop is on Tuesday 31 March from 1pm to 4pm.



The workshop is about sexual and reproductive health.



The workshop is for women with intellectual disability aged 18 and older.



The workshop is online.

Link: <https://cid.org.au/event/you-can-ask-that-march/>

Easy Read information on Healthdirect

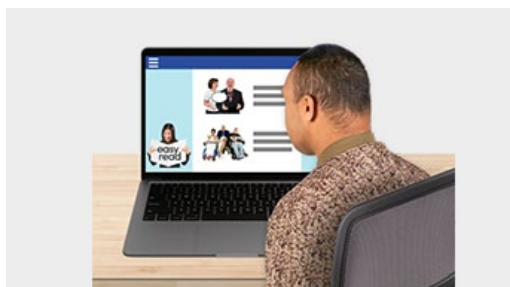


CID worked with **Healthdirect**.

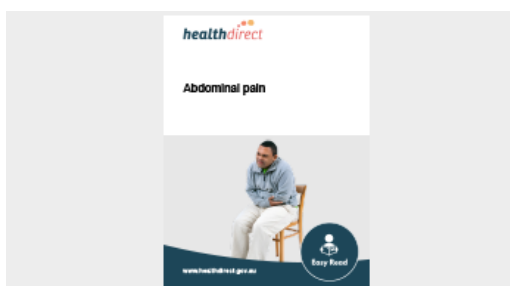


Healthdirect is a website where you can look up information about

- Health issues
- Health services.



CID helped Healthdirect make Easy Read health information for people with intellectual disability.



The first Easy Read information is about **abdominal pain**.



Abdominal pain is pain that happens around your belly and hips.



You can find it on the Healthdirect website.

Link:

<https://www.healthdirect.gov.au/abdominal-pain>

Training for health workers



The **National Centre for Excellence in Intellectual Disability Health** works for better health for people with intellectual disability.

We say **the Centre** for short.



The Centre has written a position paper about training for health workers.



The Centre wants health workers to have the right training to support people with intellectual disability.



Good training helps health workers care for people with intellectual disability better.



You can read the position paper at the link.

Link: <https://nceidh.org.au/news/position-statement-health-workforce-education-and-training-support-people-intellectual>