

Contents



Part 1 About me

- My personal information
- How I tell people things
- How to tell me things
- How to support me
- What I like
- What I do not like
- How I live
- About my disability

My personal information



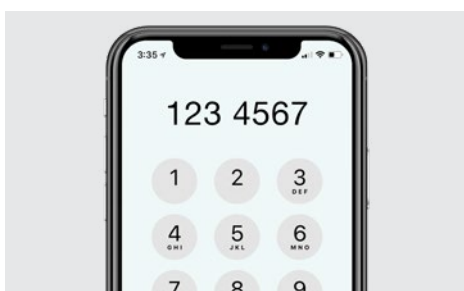
My name is



I was born on this date



My address is



My phone number is



My email address is



My **religion** is

Religion means ideas about life and God or Gods.



I speak

English

Another language which is



I am

Aboriginal

Torres Strait Islander

Aboriginal and Torres Strait Islander

Not Aboriginal nor Torres Strait Islander

Prefer not to say

How I tell people things



Health workers need to know how you tell people

- What you want
- What you need
- If something is not right.



This will help them know how to talk to you.



This next part is about how you tell people things.



Tick the boxes that are right for you.

I tell people things with



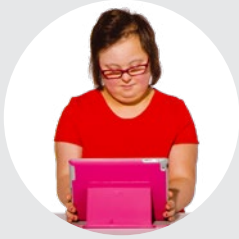
Words



Photos



A communication board



A tablet or computer



Sign language



My eyes



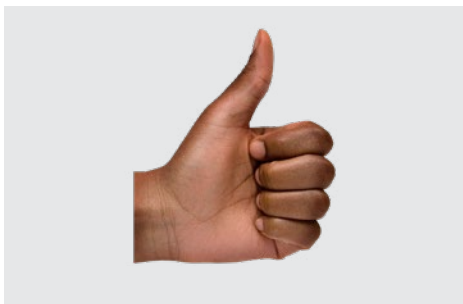
In other ways like



Some people do not use words to tell other people things.



Health workers need to know how you answer questions without words.



Write down how you say yes



Write down how you say no



Write down how you say I do not know

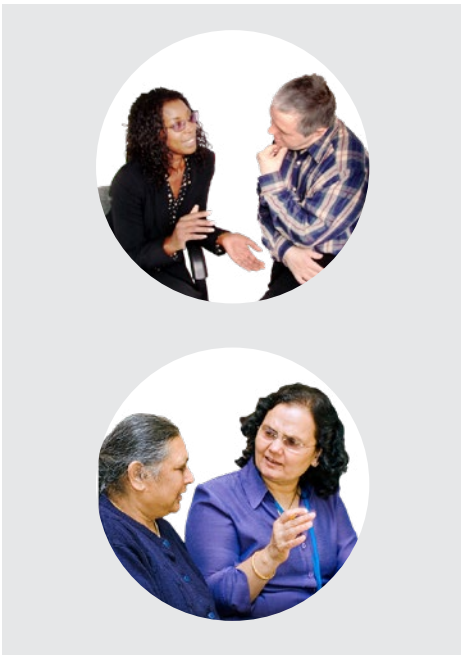
How to tell me things



This part tells health workers how to talk to you about things.



Tick the boxes that are right for you.



I can understand people better when they

Speak in a clear way

Say 1 thing at a time



Use easy words

Write things down

Show me photos

Give me time to think

Give me time to speak

In other ways like

How to support me



Write down how people can support you.

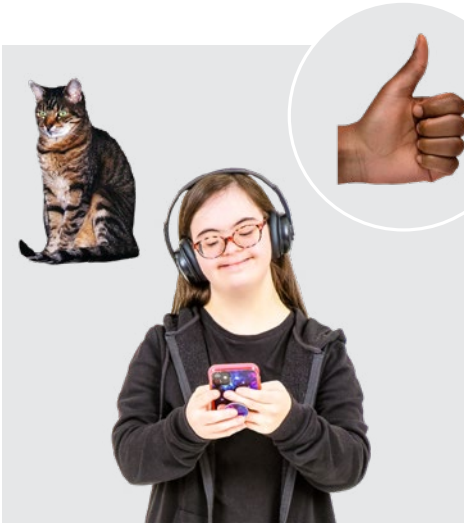


This might be things like

- Give me information in Easy Read
- Talk to me about things I like when I am feeling scared
- Remind me about **appointments**.

Appointments are meetings with health workers to talk about your health.

What I like



Use this page to write down what you like.

This might be

- Things you like to do
- People or pets you like
- Your favourite movie or music.



You can write, draw or stick photos.

A large rectangular area with a purple border and seven horizontal lines for writing.

What I do not like



Write down what you do not like.

This might be things or people

- You do not like
- That make you upset
- That scare you.



You can write, draw or stick photos.

A large rounded rectangular box with a purple border containing ten horizontal lines for writing.

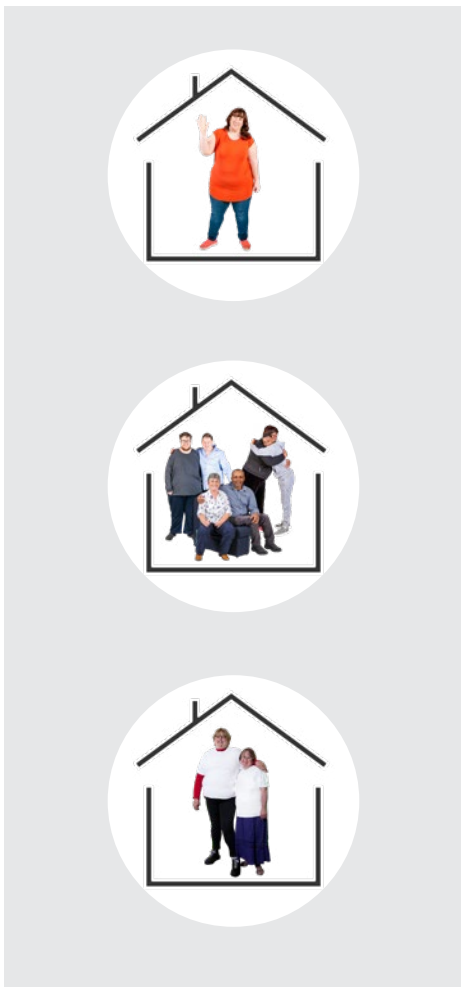
How I live



Use this part to tell others who you live with.



You can tick the boxes that are right for you.



I live

On my own

With my family

With my partner



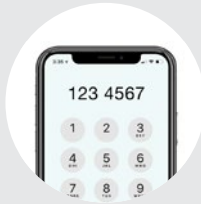
With other people like friends or flat mates



In a group home



Name of the main person who supports me in my group home



Phone number

About my disability



You can tell your health worker about your disability.



It will help them understand your health needs better.



It is OK if you do not want to share information about your disability.

