Council for Intellectual Disability

Easy Read eNews – October 2026

Let's do what works



People with intellectual disability do not always get the right support at the right time.



They do not always get good support from health services.



They are more likely to have contact with the **criminal justice system**.

The **criminal justice system** is when people get in trouble with police.



Some people think people with intellectual disability cannot make their own decisions.



CID wants the NSW Government to make it easier to get good support.



That is why we are doing the **Let's do what works** campaign.



Learn more at the link.

Link: https://cid.org.au/our-campaigns/lets-do-what-works



We want you to share your story.



To share your story

- Fill out the form at the link

Link: https://cid.org.au/our-campaigns/lets-do-what-works/#yourstory



- Email advocacy@cid.org.au



- Call CID on 1800 464 065.

CID Out and About



Here are some things CID did in October.



The Young Leaders filmed some videos.



The videos are for our youth projects.



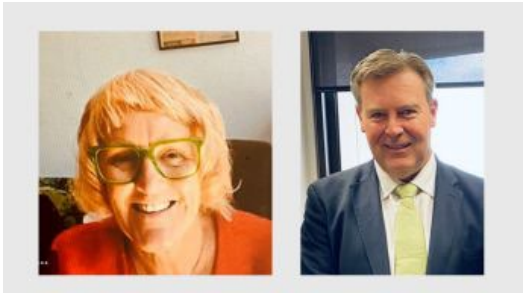
The Driving Change team went to an event at Parliament House in Canberra.



CID staff member Laura talked to Mike Freelander MP and Sophie Scamps MP.



They talked about intellectual disability health.



The Advocacy Team had meetings with

- Liesl Tesch MP
- The Hon Cameron Murphy MLC



They talked about the Let's do what works campaign.



The End of Life team talked at the Palliative Care NSW State Conference.



They talked about how to support people with intellectual disability around death and grief.

Keep up with CID by following us on social media.



- Facebook: https://www.facebook.com/NSWCID/
- Instagram: https://www.instagram.com/council_intellectualdisability/
- LinkedIn: https://www.linkedin.com/company/nsw-council-for-intellectual-disability/

Events in November



These events are happening in November.



Youth Advocacy Peer Group

The Youth Advocacy Peer Group meets on Tuesday 3 November.



It meets from 3.30pm to 4.30pm.



It is for young people with intellectual disability aged 15 to 25.



The group meets online.



You can learn more and join the group at the link.

Link: https://cid.org.au/event/youth-advocacy-peer-group-nov26/



Advocacy Group

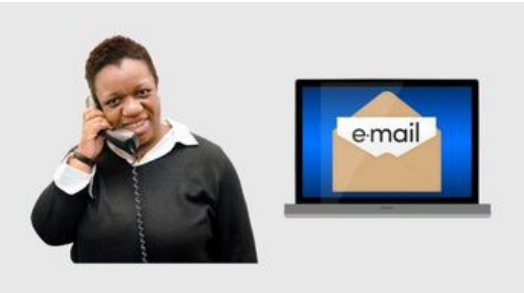
The Advocacy Group meets on Thursday 12 November.



It is for CID members with intellectual disability.



You can come to the meeting online or in person.



If you want to join the Advocacy Group

- Call CID at 1800 424 065
- Email advocacy@cid.org.au.



Young Leaders Peer Group

The Young Leaders Peer Group meets on Tuesday 24 November.



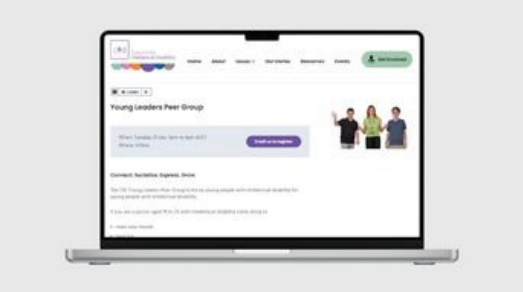
It meets from 4.30pm to 6pm.



It is for young people with intellectual disability aged 15 to 25.



The group meets online.



You can learn more and join the group at the link.

Link: https://cid.org.au/event/young-leaders-peer-group-november/



Learn 2 Lead

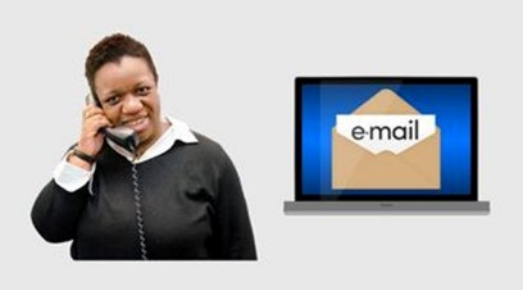
Learn 2 Lead meets on Thursday 26 November.



It is for CID members with intellectual disability.



You can come to the meeting online or in person.



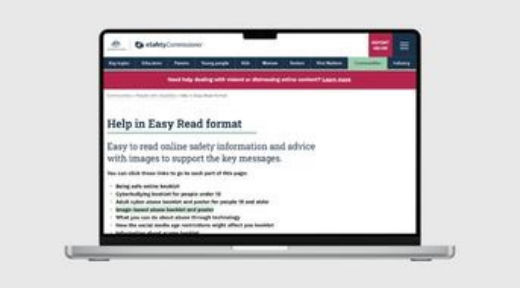
If you want to join Learn 2 Lead

- Email business@cid.org.au
- Call CID at 1800 424 065.

Staying safe online



The eSafety Commissioner has Easy Read information about staying safe online.



You can download the information from their website.

Link:
https://www.esafety.gov.au/communities/people-with-disability/easy-read

The Trust Guide



The National Centre of Excellence in Intellectual Disability Health have made **The Trust Guide**.



The Trust Guide tells health workers how to help people with intellectual disability feel safer in health care.



You can read more about The Trust Guide at the link.

Link: https://nceidh.org.au/news/trust-guide



They have Easy Read information available.

Self Advocacy for Everyone

Inclusion Australia has a new website called Self Advocacy for Everyone.



It has information about how to



- Learn about your rights



- Be more confident



- Connect with other people



- Speak up about things that are important to you.



You can go to the Self Advocacy for Everyone website to learn more.

Link: https://www.selfadvocacy.org.au/

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